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Physical Education

What does a physical education major study?

Students in the nationally recognized (NASPE) physical education program learn the art and science of teaching movement to PK-12 students through laboratory, research and field experiences. They learn theory and principles of human movement in the areas of anatomy, physiology, biomechanics, psychology and motor behavior. Students develop and analyze fundamental motor, fitness and sport skills necessary to model, deliver and assess quality instruction. They learn best practices in teaching through a sequential program of pedagogical skill development, which culminates in teaching licensure.

Why study physical education at Coastal Carolina University?

- The Spadoni College is nationally accredited by NCATE (National Council for Accreditation of Teacher Education), the National Association for Sport and Physical Education (NASPE) and the South Carolina Board of Education.
- Horry County is the third largest school district in the state of South Carolina.
- The physical education program prepares students to obtain a South Carolina state licensure to teach school-based physical education in grades PK-12. Graduates of this program are qualified to deliver developmentally-appropriate physical activity programs for children at elementary, middle and secondary levels.
- The program provides a series of progressive field-based experiences and culminates in a full semester of teaching physical education under the supervision of University and school faculty. Students in the program gain over 100 hours of guided clinical experiences in local schools prior to the capstone student teaching internship.
- The program prepares graduates primarily for quality PK-12 physical education instruction in South Carolina's public schools. However, students are also well-prepared to pursue other degree programs.
- Within their academic programs, students are encouraged to pursue minors and electives that will increase their marketability and support their interests in areas such as fitness, coaching, special education and health education.

What kind of courses do physical education majors take?

EDPE 232	History and Philosophy of Physical Education
EDPE 303	Teaching Lifetime Fitness
EDPE 325	Assessment and Technology in Physical Education
EDPE 410	Elementary School Physical Education Pedagogy
EXSS 360	Motor Behavior

Whom can I contact for more information?

- Sandy Wilson, Ed.D., program coordinator, 843-349-2457 or swilson@coastal.edu
- You can also find more information at www.coastal.edu/physicaled