

# ***The Freshman Year Experience for Parents***

Coastal Carolina University  
New Student/Parent Orientation



# Life is Changing for You

- ★ What you have worked so long for is now here and you may not be sure you really want it.....
- ★ Unsettled and awkward
- ★ Everything is changing
- ★ Loss of control

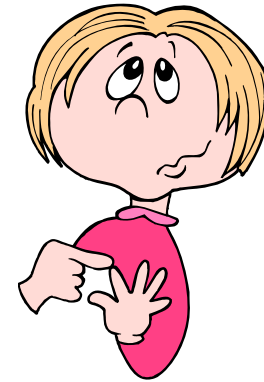


# Past Sessions Have Identified Four Major Areas of Concern

1. Academics
2. Financial Management
3. Social
4. Personal Health



# Academics



- ★ **Parents:** “How will they ever get up and get to class?”
- ★ **Students:** “How many classes can I miss?”

Let your student know that you have an expectation that **they** assume responsibility. This is their opportunity to take ownership!

Encourage them to utilize campus resources.  
(University Academic Center, University 110,  
Writing Center, tutoring, Math/Computer  
Science/Foreign Language Labs)



# Financial Management



- ★ **Parents:** “How much and when should I send extra money?”
- ★ **Student:** “When I run out, will you send more?”

Once again, expect financial responsibility to grow, but the learning curve may be slow. Be prepared and be flexible!



# Social Concerns



- ★ **Parents:** “What kind of roommates and friends will he/she find?”
  - ★ **Students:** “Will I be able to make friends?”
- Our staff tries to make sure that all new students are involved in the campus and local community. Students usually function well in this area when on their own.

# Personal Health



- ★ **Parents:** “What does the health plan provide?”  
“Where is the nearest doctor, pharmacy?”  
“What about the meal plan?”
- ★ **Students:** “What?” “Where is the gym?” “Can I have pizza delivered to my room?”

Campus Recreation

Student Health Services

Counseling Services

Conway Medical Center, pharmacies near campus.

# The Mission of the Division of Student Affairs:

To provide programs and services to make Coastal Carolina University a “good, safe place to make mistakes and learn from them.”



# Your Role is Changing

- ★ From “Child Manager” to “Young Adult Consultant”.
- ★ Consultants give their best input, then back away to allow the client to make the decision.
- ★ You can no longer have the child at home where you can protect, manage, lead, push and pull!



*Remember...*

**Your need *TO* help is  
probably greater than  
your child's need *FOR*  
help!**



# Your Student

**Will *Still* Need His/Her  
Parents For:**

- 1. Advice**
- 2. Encouragement**
- 3. Accountability**
- 4. A Safe Place to Go for  
Love and Comfort**



# Important Information for Parents

★ [www.coastal.edu/parents](http://www.coastal.edu/parents)

- Frequently called phone numbers
- Parent's Calendar
- Information

\*Parent's Email Address: [parents@coastal.edu](mailto:parents@coastal.edu)



# Some Things to Keep in Mind.....

- ★ Career Services- **CareerQuest** Plan begins freshman year
- ★ Encourage your student to get a good, solid academic start....it is difficult to bring up a beginning, low GPA.
- ★ Keep in touch, but don't hover.
- ★ Allow them to feel the consequences of their mistakes and learn from them.
- ★ Understand that unconditional love does not mean unconditional approval!



# Develop a “Healthy Involvement”

**Parents can get involved by:**

- **Supporting athletic events**
- **Keeping in touch without hovering**
- **Attending family events sponsored by CCU.**
- **Joining the Career Services Parent Network (providing internships and/or employment opportunities with your place of employment.**

**[www.coastal.edu/career](http://www.coastal.edu/career)**



Every morning in Africa a lion awakes.  
It knows that if it does not outrun the  
slowest gazelle today, it will starve.

Every morning in Africa, a gazelle awakes.  
It knows that if it does not outrun the  
fastest lion today, it will die.

So, it doesn't matter if you are a lion or a  
gazelle....

When the sun comes up, you'd better be  
running.

-African Proverb

