

# Counseling Services TIPS

## *Long Distance Love*

There is no long distance about love, it always finds a way to bring hearts together no matter how many miles there are between them.

-Un known

## Counseling Services



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## Long Distance Love

1. **Have faith in your partner** and express your faith whenever you get a chance to do so.
2. **Be well aware of the situations** which increased the physical distance between the two of you.
3. **Be more sensitive to each other's feelings.** You are far away, this usually make you both more sensitive to each other than people who stay together.
4. **Spend more time talking to each other.** Use any suitable medium of conversation for you.
5. **Don't wait for the other one to call**, if you want to speak, you pick up the phone and dial.
6. **Make sure you both share memories** of the good times you spent together.
7. **Be positive.** A positive attitude is the key.
8. **Make use of the technology revolution.**
9. **Call your mutual friends and conference the conversation.** You will know this can be great fun when you do it. You will feel the distance melt between people and this will make you and your partner feel as if both of you are together at the moment.
10. **Let each other know you are available to each other at all points of time.** This will give your brain a strong sense of security, which is very important in a relationship.