

THE COASTAL GLAMOR CHECK LIST & RULES!

Game Day Procedures

- Have your duffle bag and baton case with you.
- Be at the pre-game rehearsal on time.
- After rehearsal we stay together! From rehearsal we go and eat together, if you choose not to eat you may bring a snack with you but you will not be permitted to leave the group and meet up later. After we eat we go directly to the Edwards Building where we put on our make-up, change and fix hair and line up for the parade to the stadium.

Travel Procedures

- All twirlers must travel on the same bus. The captain will let you know when it's time to put on make-up, fix hair and change.

Check list for you baton and duffle bag

All of these items must be in your duffle or baton bag, it is not an option not to have the items listed! You must have your own supplies, if you do not have your own supplies or required apparel you will not be permitted to perform, you will have to sit on the bench.

Duffle bag:

- both costumes
- tights (2 pair)
- footwear: baton shoes, boots, practice shoes
- CCU shorts and tank tops
- Warm-up pants and jacket
- Jewelry: earrings and barrettes
- Make-up, Q-tips
- Hair products: fake hair, brush/comb, bobbi pins, hair argami, clear hair ties, curling iron/straightner, hair spray
- Deodorant
- Towel
- Hygiene products
- Rain poncho
- Make-up remover

Baton case:

- Batons
- Poms
- Ribbons
- Hoop baton