Welcome to the Osher Lifelong Learning Institute at Coastal Carolina University

We are so happy that you have taken the first step toward joining us in 2020. We are a community of folks typically 50 years of age or older who have a passion for life, learning, creating, traveling, and making new friends. CCU’s division of Academic and Community Outreach, the OLLI Board of Advisors, and OLLI volunteers, with the support of the Osher Foundation and Coastal Carolina University, provide a wealth of opportunities during the fall, spring, and summer semesters to engage the community in learning for a lifetime! Peruse this catalog to see what we have planned for the spring and the summer of 2020.

- Courses in art, history, politics, health and wellness, genealogy, estate planning, technology, languages, science, writing, religion, fitness, dance, nature, and more.
- Lecture series featuring CCU professors and students, local celebrities, and experts from a variety of backgrounds.
- Clubs where you can meet with others who share your interest in gardening, dining, investing, writing, playing, traveling, or discussing current events.
- Local day trips and national and international tours.
- Opportunities to share your talents by volunteering.
- Ways to connect more closely with Coastal Carolina University and its faculty, students, and staff.

Calabash dolphin tour.

Barnie Slice demonstrating his skills. Thanks for illustrating the OLLI catalog covers each semester, Barnie!

Adam Pelty and Kaleb Jenkins talk to OLLI students after “Bright Star.”

Lecture at the Florence Theatre.
Where is OLLI@CCU located?

Our two main centers are located in Conway, on east campus, and at Litchfield Landing, south of Brookgreen Gardens. We also offer some classes in Georgetown.

Conway Education Center (CEC) 843-349-5002
Burroughs & Chapin Building, 290 Allied Drive, Conway, SC 29526

Litchfield Education Center (LEC) 843-349-6584
14427 Ocean Highway, Pawleys Island, SC 29585

Georgetown Education Center (GEC) 843-349-6584
903 Front St., Georgetown, SC 29440

How do I become a part of this vibrant community and register for classes?

You will need to fill out the registration form on p. 34 and pay your membership fee for the semester ($30) before you are able to register for classes. When you come to our centers, you can update your parking decal and student ID. Those who are new to OLLI will need to fill out a form to get a parking decal and go to Baxley Hall on campus to get the student ID. You may pay your membership fee and register for classes in person, by phone, by mail, or online.

- Stop by or call one of our centers on Monday-Friday from 8:30 a.m. to 5 p.m.
- Mail completed registration form with a check (payable to OLLI@CCU) to:
  Office of Academic and Community Outreach—OLLI
  Coastal Carolina University
  P.O. Box 261954
  Conway, SC 29528-6054
- Register online through our website (coastal.edu/olli) or by going directly to webadvisor.coastal.edu.
  Click on “Continuing Ed.”
  Click on “Search and Register for OLLI Non Credit Courses.”
  Click on the location from the drop-down menu and click submit.
  Click on the course(s) you want and follow the registration instructions.
  A service fee of 2.7 percent will be applied on all credit and debit card payments.

Helpful hints

- Early registration is advised to prevent course and excursion cancellations. All courses and excursions have minimum and maximum enrollment. The decision to go forward or cancel a course or a day trip will be made on the Monday a week before the course or excursion is scheduled to begin.
- You are registered as soon as we receive your completed registration form along with payment. Be sure to mark your calendar for the first class meeting. We do not send out reminders.
- A list of materials required for classes will be on the OLLI website as well as at the outreach centers’ registration desks. A + beside the course fee indicates that you must purchase additional materials from the instructor on the first day of class.
- You may join a class that has already begun for the full-course fee pending the instructor’s approval and seat availability. If you withdraw from a one-day excursion or a class one week prior to its start, you will receive a full refund. Thereafter, no refunds will be issued.
- Italicized instructor names indicate CCU professors. Courses in bold print are free.
- In the event of inclement weather, details on closings will be posted on the University’s website (coastal.edu) and the OLLI Facebook page. Please also monitor your local news in the event of inclement weather. All OLLI centers operate as part of the University. If the University is closed for severe weather, we are closed.
- All outreach centers will be closed from Dec. 22 to Jan. 2 for Winter Break and New Year’s Day, and on Martin Luther King’s Birthday, Jan. 20; Memorial Day, May 25; and on July 3 for Independence Day.
At our open house, **Taste of OLLI**, community members can shop and register for classes, meet staff and instructors, chat with the board, peruse our partners’ booths, mingle with other OLLI students, and learn what we have planned for the semester. Yes, we do provide refreshments as well!

This spring we are also offering three days of free “sample” classes so that you can easily determine if the content of a class and the style of an instructor match your interests and learning preference. You must have paid your $30 membership fee to attend the sample classes on Jan. 13, 14, and 15. See below for a general schedule; more specific information will be available at a Taste of OLLI.

**Hint for new students:** registration opens Dec. 16 when the catalog is released, so many of our longstanding OLLI folks sign up for their favorite classes and excursions at that time. If you want to have a greater selection from which to choose, beat the crowds at a Taste of OLLI and register in December. In fact, we are offering an **early bird special.** The membership fee for everyone who registers for membership and at least $25 worth of classes, clubs, or excursions by Dec. 20 will be $25, not $30!

**Tuesday, Jan. 7, 9 a.m. to noon**  
**Conway Education Center (CEC),** Burroughs & Chapin Building, 290 Allied Drive, Conway, S.C. 29526, 843-349-5002

**Thursday, Jan. 9, 9 a.m. to noon**  
**Litchfield Education Center (LEC),** 14427 Ocean Highway, Pawleys Island, S.C. 29585, 843-349-6584

**Sample Classes in Conway**
- **Monday, Jan. 13 (9 a.m. to 3:20 p.m.):** Wilson, Sage, Milliren, DiGiorgio, Cooke, Kussman, Estes, Blankenship, Greene, Miale, Mullins, Lynd, Kaplan, Byrd, Ullman, Ogden, Diaz, Henry, Boisvert, Aprea, and Lane.
- **Tuesday, Jan. 14 (9 a.m. to 2:20 p.m.):** Donehue, Tracy, Knowles, Montgomery, Rudesill, Levy, Johnston-Smith, Sivillo, Reynolds, D’Arenzio, Brown, Humphrey, and Schultz.
- **Wednesday, Jan. 15 (9 a.m. to 3:45 p.m.):** Baalbaki, Stephens, Frontiero, Tufo, Wilburn, Lohse, Jampole, and Gore.

**Sample Classes in Litchfield**
- **Monday, Jan. 13 (9 a.m. to 1:50 p.m.):** Slice, D’Arenzio, Reynolds, Fair, Waterman, Nugent, and Loucks.
- **Tuesday, Jan. 14 (9 a.m. to 3:20 p.m.):** Trent, Poirier, Lani, Mole, Tringali, Pillai, and Brown.
- **Wednesday, Jan. 15 (9 a.m. to 2:45 p.m.):** Knost, Wilburn, Welde, Moyer, Miller, Baalbaki, Aprea, Stephens, and Frontiero.

**Academic and Community Outreach Staff**
- Director: Carol Osborne
- Assistant director: Kelli Barker
- Litchfield director: Lisa Williams
- Technical director: Cal Wall
- Awesome admins: Wanda Davis, Ellen Jampole, and Gloria Barreto-Kaufman

**OLLI Board of Advisors**
- Chair: Blake Crawford
- Samih Baalbaki, Elazer Barnette, Anita Brooks, Chris Bryant, Cathy Eroszonak, Tom McCollough, Kofie Montgomery, and Sheila Rudesill
- Ex officio: Carol Osborne, Holley Tankersley, and Marjorie Thompson
Navigating the OLLI catalog
Below, we have listed the special events and lecture series planned for the spring semester. Descriptions of spring classes, clubs, and excursions follow. On pp. 25-32, OLLI-at-a-Glance lists classes by location, day, and time for easy reference. Course instructors, numbers, and fees also appear in this table. Courses in bold are free, and courses with a plus sign (+) next to the course fee have an additional materials fee payable to the instructor on the first day of class. The registration form appears after OLLI-at-a-Glance. We have included the summer OLLI-at-a-Glance, summer course and club descriptions, and summer excursions in this catalog, but registration for the summer semester will not begin until March. The catalog ends with 2020 and 2021 national and international travel opportunities with OLLI.

Table of Contents
- Taste of OLLI ............................................... 3
- Special events ............................................. 4-5
- Spring course descriptions .................. 6-17
- Spring club descriptions ....................... 17-18
- Spring excursions .................................. 19-24
- Spring OLLI-at-a-Glance ..................... 25-32
- OLLI information .................................... 33
- Spring Registration form ....................... 34-35
- Summer course descriptions ............... 36-37
- Summer OLLI-at-a-Glance ................. 38-39
- Summer club descriptions .................. 40
- Summer excursions ......................... 40-43
- National and international Travel .......... 45-46

SPRING SEMESTER SPECIAL EVENTS

Great Decisions Lecture Series, Saturdays, Johnson Auditorium, 10 a.m. to noon, CCU
Feb. 1 Red Sea Security, Ambassador David Shinn, George Washington University
Feb. 8 India and Pakistan, Elizabeth Threlkeld, Stimson Center, Washington, D.C.
Feb. 15 Artificial Intelligence and Data, Paul Cezak, CCU Department of Computer Science
Feb. 22 Modern Slavery and Human Trafficking, Elhem Daadaa, Fulbright Language TA from Tunisia

Coffee with the CCU Deans Series, Fridays, 11-11:50 a.m., Conway
Find out the latest developments in each of the colleges from each dean at Coastal Carolina University.
Feb. 21 Michael Roberts, Gupta College of Science
Feb. 28 Claudia Bornholdt, Thomas W. and Robin W. Edwards College of Humanities and Fine Arts
March 6 Barbara Rittger, E. Craig Wall, Sr. College of Business Administration
March 13 Edward Jadallah, Spadoni College of Education
March 20 Sara Hottinger, HTC Honors College and Center for Interdisciplinary Studies

Travel with OLLI
Feb. 12 Hear all about OLLI travel opportunities scheduled with Collette and Premier World Discovery for 2020 and 2021 in Litchfield at 10 a.m. and in Conway at 2 p.m.
**OLLi Lecture Series on Climate Change**  
Saturdays, 10 a.m. to noon, Conway, Room 100  

<table>
<thead>
<tr>
<th>Date</th>
<th>Presenter</th>
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<tbody>
<tr>
<td>Feb. 29</td>
<td>Jaime McCauley, assistant professor of sociology</td>
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<tr>
<td>March 7</td>
<td>Paul Gayes, executive director, Burroughs &amp; Chapin Center for Marine and Wetland Studies</td>
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<tr>
<td>March 14</td>
<td>Thomas Mullikin, research professor, Burroughs &amp; Chapin Center</td>
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<tr>
<td>March 21</td>
<td>Zhixiong Shen, assistant professor, marine science</td>
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<tr>
<td>March 28</td>
<td>Julinna Óxley, professor of philosophy (lecture will be on main campus)</td>
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**Big or small, be kind to all. In February, OLLI will collect food and supplies for local animal shelters.**

**The Vietnam War, War and Society Colloquia, sponsored by the Department of History**  
Fridays, 2 - 3:30 p.m., Conway  

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<tr>
<th>Date</th>
<th>Presenter</th>
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<tr>
<td>Jan. 24</td>
<td>Philip Whalen</td>
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<td>Feb. 7</td>
<td>John Navin</td>
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<tr>
<td>Feb. 21</td>
<td>Brandon Palmer</td>
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<tr>
<td>March 6</td>
<td>Thomas Castillo</td>
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**Town and Gown at Coastal Carolina University**  
Saturday, March 28  
CCU and OLLI will host a full day of panels, performances, lectures, and more for the community.

**OLLi Annual Yard Sale**  
Saturday, April 4  
9 a.m. to 1 p.m.  
Conway Education Center  
Donations accepted in March at either center.

**OLLi Panel Presentations on Immigration and Migrant Experience**  
Co-sponsored by AHGEP and located at the Litchfield Education Center  

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<th>Date</th>
<th>Event</th>
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<tr>
<td>Wednesday, Apr 1</td>
<td>noon to 2 p.m. (Local Conversations on Immigration and Migrant Experience)</td>
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<tr>
<td>Thursday, Apr 9</td>
<td>11 a.m. to 1 p.m. (Global Conversations on Immigration and Migrant Experience)</td>
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**OLLi Arts and Crafts Sale**  
Saturday, April 25  
9 a.m. to 1 p.m.  
Litchfield Education Center  
Outside vendors - $25 a table  
(registered XOLLI 875 L01)  
OLLi members - $20 a table  
(registered XOLLI 875 L02)
**SPECIAL OLLI COURSES**

**Behind the Scenes with OLLI, C. Osborne**  
If you are curious about the history of the Osher Lifelong Learning Institutes and the internal policies and procedures that govern our OLLI at Coastal Carolina University, please attend. **Fri., CEC; Mon., LEC**

**Overview of Collette and Premier World Discovery Tours, C. Karns/L. Driggers**  
Representatives from our travel partners will talk about upcoming adventures and tours. **Wed., CEC and LEC**

**So You Want to Teach for OLLI?, C. Osborne**  
After a short overview of OLLI@CCU, we will cover the basic tips for teaching adult students, fundamentals for incorporating technology, and the course proposal process. **Mon., CEC; Fri., LEC**

**ARTS, CRAFTS, AND PHOTOGRAPHY**

**Materials lists for all art classes are available online and in the OLLI centers. Please check these lists before attending class.**

**Abstract Painting Basics, M. Van Loan**  
Develop techniques and concepts of abstract painting. Work with color, line, brush strokes, shapes, and textures to create works of art that speak to what you see and feel. Students purchase their own basic materials. See materials list. **Wed., CEC**

**Acrylic Painting, B. Slice**  
This is the class to take if you are a new artist and want to learn how to paint in acrylics. We teach beginners new techniques that will help them to learn quickly and become a self-sustained artist. **Tues., LEC**

**Acrylic Painting Basics, M. Van Loan**  
Beginners learn how to prepare canvas, mix colors, choose brushes, and develop painting techniques. After short introductions in each class, students will work individually with one-on-one guidance. BYO materials. **Mon., CEC**

**Acrylic Painting Intermediate/Advanced, M. Van Loan**  
Expand your painting interests. Try new styles such as expressionism, abstract, graphic, surrealism, or photorealism using subjects that interest you. BYO materials. **Tues., CEC**

**Alcohol Ink Scarf Painting, S. Mole**  
Create two beautiful scarves with your favorite colors. Paint with alcohol ink and learn how to set the colors so the scarves can be worn forever. Materials fee: $30. **Thurs., LEC**

**Basic Realism in Oil and Acrylic, J. Sturm**  
Learn the basics of creating a believable painting. Students will grow in the understanding of what makes a good painting, with a growing understanding and insight into how they can make it happen. **Mon., LEC**

**Beginning Encaustic Painting, S. Mole**  
Learn how to paint with colorful heated wax. This is a unique method I have learned while working with alcohol inks. Both media can be used together! Materials fee: $30. **Thurs., LEC**

**Classic Grape Vine Wreath Workshop, M. Van Loan**  
Create beautiful and colorful grape vine wreaths to match your décor using silk flowers. Learn how to paint your wreath and make bows. Students supply their own materials; see materials list. **Wed., CEC; Mon., LEC**

**Connecting Possibilities, B. Steele**  
Create your own abstract painting that tells your story! Each painting begins with written words and intentions drawn right on the canvas. Add color, shapes, and symbols to further develop your painting. No experience is needed. **Tues. and Thurs., CEC and LEC**

**Discover Needle Felting, S. A. Whittick**  
In this class, experience the craft of needle felting where you use a special needle to make felted material from dyed sheep’s fleece. You will create a small object or a magnet. Materials fee: $7. **Mon., CEC and LEC**

**Discovery Art Group, B. Slice**  
This class is for students who are already painting. Students can work in any medium (oil, acrylics, watercolors, pen and ink, pencil, and pastels). Each of the eight sessions concentrates on one subject matter. **Tues., LEC**

**Easy Greeting Cards, E. Jampole**  
Create unique yet easy-to-make greeting cards in a relaxed atmosphere. We’ll use pre-made cards or
cardstock as a base to make cards for anyone, for holidays or any occasion. Instructor will supply all consumable materials needed. Materials fee: $20. 

**Thurs., CEC**

**Felted Soap Workshop, L. Williams**
Alpaca wool is not just for scarves and socks! Using natural fiber from local alpacas, you will learn how to “felt soap,” creating bars that act as natural loofahs and washcloths. With no dyes or additives, felted soap is a treat for your skin, and they make unique gifts. Materials fee: $15. **Fri., CEC and LEC**

**From Log to Bowl, P. Moyer**
In this one-hour course, students will learn the process of making wooden bowls from logs, giving new life to fallen trees. A slideshow will accompany an explanation of the process. In addition, each student will have the opportunity to visit the shop to see the process “live.” **Thurs., LEC**

**Fused Glass Valentine’s Wind Chime, S. Mole**
Students will make unique and colorful “heart” felt wind chimes for the holiday! Materials fee: $45. **Thurs., LEC**

**Intermediate Alcohol Ink and Ink with Resin, S. Mole**
We will explore more techniques of painting with alcohol ink including new substrates and ways to display your work. Materials fee: $30. **Thurs., LEC**

**Jewelry Making—Beyond the Basics, C. Hatch**
This six-week course will teach and utilize advanced skills and projects in jewelry-making. Each class will include a finished piece that the student will take home. Students will register for all six sessions as the classes build skills that are needed for the next projects. Materials fee: $120. **Thurs., CEC and LEC**

**Knitting for Beginners to Advanced, P. Boisvert**
All basics of knitting for beginners, including how to read simple patterns. For advanced students, a more in-depth knowledge of difficult knitting patterns, etc. **Mon., CEC**

**Mesh Wreath Workshops, M. Van Loan**
Beginning and experienced students are welcome to join the fun as we decorate with colors appropriate to the theme (spring and summer). Purchase your own materials for each class. **Tues., CEC**

**Mosaics: Stained Glass, S. Esquibel**
Each participant will create a stained glass mosaic on an 11-by-14-inch clear panel, suitable for hanging in a window or exterior setting. Hanging hardware will be included. This class is designed for beginner and immediate skill levels. Supplies can be purchased from the instructor for $50. **Mon., Tues., Wed., Thurs., Fri., CEC and LEC**

**Not Your Normal Origami, E. Jampole**
Origami is usually the folding of square sheets of fine paper into nearly anything. In this course, you will fold paper money, napkins, and bath towels as well. Students need to provide their own money and bath towels. Materials fee: $5. **Thurs., CEC**

**Outdoor Fused Glass Spring Flowers, S. Mole**
Plant your yard with flowers that never need watering. These colorful fused glass flowers will be great fun to create and can be placed easily in the ground outside. Materials fee: $50. **Thurs., LEC**

**Painting on Silk, A. Estes**
Learn the basics of painting on silk and how to draw on fabric. Several projects can be completed. Materials fee: $40. **Wed., CEC**

**Pine Needle Creations, D. Davis/Zada Mae**
Learn the art of creating baskets, wall hangings, ornaments, and more from long-leaf pine needles. Materials fee: $55. **Thurs., CEC**

**Pottery, Burroughs & Chapin Art Museum Instructor**
The Burroughs & Chapin Art Museum’s Lineta Prichard Pottery Studio includes six pottery wheels and an area for hand-building and glazing. With intimate class sizes, instructors provide students of all levels with one-on-one attention, working with them to enhance their experience whether it be on the wheel, building with slabs and coils, or a little bit of both. All of the student work is fired on site this six-week class. **Sat., Franklin G. Burroughs-Simeon B. Chapin Art Museum**

**Scrapbook Mini Accordion Album, L. Lohse**
Create a photo album that makes a great keepsake or gift. In this class you will be provided the supplies to make a small six-by-six-inch album that will open to be a large album capable of holding at least 10 photos. Materials fee: $20. **Mon., CEC**

**Scrapbooking Basics, L. Lohse**
Learn the basics of scrapbooking by making themed pages. Each week, we’ll make a 12-by-12-inch scrapbook page centered on a season working with coordinating patterned paper, colored cardstock, headers, accent matting, and die-cut embellishments and lettering. Materials fee: $25. **Mon., CEC**
Stained Glass Art: Beginner/Intermediate Levels, S. Knost
Focus is on the basic skills using copper foil/solder method. Students will complete a small project. Certain materials are provided (glass grinders, tools). Students must purchase their own glass, copper foil, solder, and other supplies. Students will be working with soldering irons, grinders, and sharp-edged glass, which will require dexterity, steadiness, and the ability to stand for long periods. There will be a $3 fee to help cover costs of tools. Tues., LEC

Stained Glass Art: Beginner/Intermediate Levels, K. Welde
Learn the art of stained glass using the copper foil/solder method. You will complete a small project of your choice. Basic tools are available, but some supplies must be purchased for the second project. Students will be working with soldering irons, grinders, and sharp-edged glass, requiring dexterity, steadiness, and the ability to stand for long periods. Cost determined by project chosen, but there will be a $3 fee to help cover costs of tools. Wed., LEC

Stained Glass Art: Intermediate/Advanced Levels, S. Knost
Students will work on projects of their choice with individual guidance from the instructor. Students are expected to provide their own tools and supplies (with the exception of the glass grinders which are available in class). Students will be working with soldering irons, grinders, and sharp-edged glass, which will require dexterity, steadiness, and the ability to stand for long periods. There will be a $3 fee to help cover costs of tools. Tues., LEC

Stained Glass Art: Intermediate/Advanced Levels, K. Welde
Students will select their own projects and work independently with instructor supervision and assistance. They provide their own tools and supplies. Students will be working with soldering irons, grinders, and sharp-edged glass, requiring dexterity, steadiness and the ability to stand for long periods. Cost determined by project chosen, but there will be a $3 fee to help cover costs of tools. Wed., LEC

Sweetgrass Basket Weaving for Beginners, G. Wright
In this course, you will learn how to weave two small sweetgrass baskets and learn the history behind sweetgrass basket weaving as well. Students need to bring scissors. Materials fee: $50. Wed., CEC; Fri., GEC; Tues., LEC

Visual Journals - Your Everything Book! B. Steele
Begin creating your own unique visual journal. Learn special techniques and experiment with a variety of materials to paint, layer, collage, cut, scrape away, and play with whatever comes forth. No experience is needed. Mon., Wed., and Fri., CEC and LEC

Watercolor Painting, B. Slice
This is the class to take if you are interested in learning to paint in watercolors. We start with the basics and teach painting techniques that will help new artists learn quickly. Thurs., LEC

Watercolors, S. Duke
Class includes instruction on a variety of techniques, styles of watercolors, composition, and use of color. All levels welcome. Mon., CEC

Weaving a Seaside Basket, S. A. Whittick
Participants will use natural and dyed reeds and other natural materials (not sweetgrass) to weave a square or cylinder basket and then embellish with seashells and other gifts from the ocean. Materials fee: $7. Mon., CEC; Tues., LEC

COOKING AND FOOD

*For all hands-on cooking classes, closed-toe, flat shoes are required. High heels and sandals are not permitted. Wear long pants and a long-sleeved shirt, hair in a ponytail if possible, hands washed and nails clean. Refrain from wearing perfume or cologne. Bring a chef knife to class.

**All cooking classes are held at the HGTC International Culinary Institute, 920 Crabtree Lane, Myrtle Beach on Friday and Saturday.

Winter Soups, HGTC Faculty
Learn to make yummy soups for those cold winter days. Jan. 17

Tapas, HGTC Faculty
If you are booked on the Collette tour of Spain and Portugal, this is a must. If not, make up for missing the trip by learning to prepare Spanish appetizers. Feb. 7
Cuisines of Asia, HGTC Faculty
OLLI@CCU is offering trips to Thailand, China, and India in 2020-21. Learn some dishes before you go!
March 21

Greek Cuisine
OLLI@CCU is contracting with Collette for a trip to Greece in 2021. Don’t wait until then to sample some Greek cuisine as you learn to prepare these dishes.
April 18

DANCE, FILM, MUSIC, AND THEATER

Adventures in Hand Drumming, J. Tracy
Feel the excitement of something new and fun. No skill needed, just a smile. Drumming is known to support the memory and immune system. Drums provided. Students must have email to receive notes and videos.
Tues., CEC

Amazing Films Anyone Will Love, J. Tracy
Amazing, surprising, and entertaining films you never saw.
Thurs., CEC

Beginning Belly Dance, E. Jampole
Learn basic moves of belly dance. Belly dance is an excellent core workout, plus it is a great deal of fun. We will learn and drill on arm moves, shimmies, hip lifts, and hip twists. All sessions independent of each other.
Mon., CEC

Behind the Scenes of Broadway, J. Milliren
Look behind the scenes of how live theater works, how it creates the magic, and how it makes money. You will learn what it is actually like to step on the big stage and what it takes to be a producer.
Mon. and Wed., CEC

The Blues: from the Beginning to 1960, L. Kaplan
The blues rose from humble beginnings to a point where it impacted several genres of music in America and beyond. We will trace the evolution of this unique form through various types of music such as jazz and country, featuring contributing performers.
Wed., CEC

Do You Want to Know a Secret?, J. A. Tufo
This course examines the history of the Beatles’ lyrics and explores the stories behind the music of the Beatles.
Tues., CEC

Duke Ellington and His Musicians, L. Kaplan
For 50 years, Duke Ellington led one of the finest bands in the world. This course will feature his music and his background, as well as the important contributions made by his musicians.
Tues., CEC

Learn a Dance for a CCU Men’s Basketball Halftime, M. Sage
Meet twice a week for an hour to learn a dance routine to perform with the Chanticleer dance team at the CCU men’s basketball game on Feb. 20.
Wed., CEC

Line Dancing for the Non-Dancer, L. Aprea
This class teaches classic and regional line dances in an easy to understand format for people with little or no dance experience. Class reviews how to identify which songs work well with which dances. The goal is to have fun, get some exercise, and learn how to dance. All sessions are independent of each other.
Thurs., CEC; Mon., LEC

Social Ballroom 101 – B. and R. Tierney
If you are looking for a fun, fresh activity, this social ballroom class is for you. Learn the basic rhythm, posture, and step-by-step patterns for the foxtrot, rumba, and swing.
Wed., CEC

Writers and Writing on the Big Screen, C. Osborne
We will view and discuss films that depict writers, real and fictional. In the process, we will explore the act of writing. Beginning with the 1950 classic, “Sunset Boulevard,” and ending with the 2011 highly acclaimed movie, “The Help,” these eight films, spanning different time periods and genres, address key aspects of the writing process.
Tues., CEC

FINANCIAL DECISIONS

AARP Driver Safety Program, J. Chamberlain, R. Edwards and G. Homer
This course teaches valuable defensive driving skills and provides a refresher on the rules of the road. The instructional materials fee is $15 for AARP members and $20 for non-AARP members, and will be collected by the instructor the day of the class (only cash or check made payable to AARP). Participants should bring their driver’s license, AARP membership card (if applicable), payment, and a light snack/drink.
Tues., CEC; Fri., LEC

Understanding Medicare, S. and T. Stephens
Understanding Medicare beginning with original Medicare Parts A and B, secondary Medicare health plans such as Medicare Supplements, Medicare Advantage plans, and Part D RX plans. Learn about Medicare enrollment periods and penalties.
Fri., CEC, Thurs., LEC

Your Best Financial Life, T. Brown
Managing your investments for your best financial life changes drastically in retirement. Join us as we address...
questions, examine pitfalls, and uncover truths in maximizing your retirement plan. In addition, we will discuss long-term care. **Thurs., CEC; Tues., LEC**

## FITNESS, HEALTH, AND WELLNESS

**The Art of Deep Listening, B. Cardinal**  
The art of deep listening will teach you how to listen in a way that can transform your relationships with partners, children, friends, and colleagues. Deep listening is an extraordinary communication skill that anyone can learn! **Fri., CEC and LEC**

**The Art of Deep Listening: Part II, B. Cardinal**  
This is a second-level course for those who have attended the basic course, “The Art of Deep Listening.” Participants will strengthen and expand upon the listening skills introduced and practiced in the first course. **Fri., CEC and LEC**

**Back Pain Solutions, A. Levy**  
Millions of people suffer from acute or chronic back pain caused by an infinite number of conditions. During this class, we will discuss the different types and causes of back pain as well as holistic measures to address discomfort. **Thurs., CEC**

**Break the Cycle of Dieting and Emotional Eating, K. Dobis**  
Intuitive eating (IE) is a framework developed by dietitians that frees you from a life of chronic dieting, teaches you how to nourish your mind and body, and helps you make peace with yourself and food. This will be an interactive workshop with hands-on activities and group discussions. **Tues., CEC**

**Chair Yoga, L. Shultz**  
Chair yoga offers all the benefits of traditional yoga but is performed while sitting in or holding onto the chair. Great for anyone who wants to increase their flexibility, balance, and strength. Modifications are used to prevent injuries and make the moves accessible to everyone, no matter what physical disability. **Thurs., CEC**

**Depression: A Model for Healing and Returning to Life, B. Cardinal**  
Depression is a complicated and layered cluster of symptoms that many people experience in life. Learn to recognize its symptoms. Hear about the latest research and a model of treatment that is helping many people heal and return to experiencing joy in life. **Fri., CEC**

**Easy Movin’ and Groovin’, E. Jampole**  
Be limber and active. Have fun moving and grooving, bending, twisting, and walking to the oldies and newer songs. We do core exercises, balancing moves, arm strengthening, and ankle/foot work. Wear comfortable clothes and shoes; bring water. All sessions independent of each other. **Fri., CEC**

**Easy Yoga Meditation, P. Kenion**  
Learn easy breathing, meditation, and other yoga practices for personal and spiritual growth. No yoga postures required. Handouts provided. **Fri., CEC**

**Emotional Support with Essential Oils, D. Boyle**  
Learn how essential oils can offer natural support with no side effects! Make one or more rollerballs. For anger, anxiety, depression, fear, grief, stress, fatigue, and mood swings. Materials fee: $5 per rollerball. **Fri., LEC**

**Healthy Body, Healthy Mind, Vibrant Health!, D. Trent**  
This class will give you important tips for having vibrant health including how to lower your cholesterol, reduce inflammation, and other risk factors. Materials fee: $15 **Thurs., LEC**

**I Want to Eat Healthier; Where Do I Start?, K. Dobis**  
Break through all of the diet noise and learn the basics of good nutrition. We’ll discuss the myths of the last generation that have contributed to an epidemic of chronic disease. You’ll go home with actionable tips and recipes to help you get started right away. **Tues., CEC**

**Make and Take Essential Oil Class, D. Boyle**  
Using essential oils can be a safe, natural option for your family’s health. Learn the basics of how to use essential oils safely and effectively. Make your own rollerball for $5 each. Choices include immune support; digestive health; calming; allergies; headaches; sore muscles and joints; and energy. Make one or all! Materials fee: $5 per rollerball. **Fri., LEC**

**Managing Arthritis, A. Levy**  
Arthritis is a challenge you never signed up for. During this course, we will help you take steps toward finding the right lifestyle changes and habits that work for you, so that you can stay healthy and happy despite your diagnosis. **Thurs., CEC**

**Mindfulness for Health: Practical Tools for Living with Greater Ease, Joy, and Balance, D. Lynd**  
Mindfulness is purposefully paying attention and cultivating awareness of ourselves and things as they are. Learn how mindfulness practices produce increased well-being, clarity of mind, and a more positive outlook. **Fri., CEC**
Natural Solutions for Arthritis, K. Dobis
This workshop will discuss the different types of arthritis and offer natural solutions to help relieve symptoms and reduce inflammation throughout the body. Tues., CEC

Nia Dance – Moving to Heal, D. Mundie
Nia is a unique movement practice that delivers the creative expression of dance, the power and precision of martial arts, and the functional movement of the healing arts, creating a synergistic blend of movement forms. Yoga mat or blanket is optional. Tues./Thurs., CEC

Senior Strength, L. Shultz
Build your strength using your body weight and one-to three-pound dumbbells. Students need a pair of weights, athletic shoes, and water. Thurs., CEC

Shoulder Pain Solutions, A. Levy
When is the last time you considered the health of your shoulders? From carrying groceries to driving a car, our shoulders play a crucial role in even the most mundane daily activity. Learn more about shoulder health and drug-free pain solutions. Thurs., CEC

Stressed? How to Ease Mind and Body, A. Levy
The number of people suffering from stress-related conditions is astronomical! In this class, we will review the three sources of stress and how each can impact one’s health. Mental, chemical, and physical stressors are everywhere and affect everyone. Thurs., CEC

Tai Chi, J. Gore
In this class, we will learn fundamental elements of the 108 postures and work to embody the principles of the different moves at a deeper level. Each class is designed to work on (and challenge) our balance, relaxation, and overall awareness. Wed./Fri., CEC

Yoga Level 1, L. Shultz
This yoga class will include stretching and different asanas (poses). We will be moving from standing to sitting, but the class is not demanding and modifications are available. Yoga is practiced with bare feet, but you may wear yoga socks. Students will need a yoga mat. Thurs., CEC

Yoga: Physical and Philosophy, M. Loucks
This class will help participants find balance and grounding in their physical practice through breath work and alignment. Philosophy complements the physical aspect by examining the ethical practices of yoga and the application to our modern world. Mon. and Wed.; Tues., LEC

Zumba Gold Fiesta, L. Greene
Zumba is a Latin-inspired dance fitness workout. A Zumba class has a party- or fiesta-like atmosphere. Students are welcome to rest and drink water at any time. Mon., LEC

GENEALOGY

Beginning Genealogy, G. Reynolds and E. Reynolds
This course is designed to get you started in searching for your roots and help you develop an organizational process for tracing your family history. We will discuss the role of various types of records in researching your family history. Students need a two-inch, three-ring binder and a package of dividers. Tues., CEC

Historic Newspapers and Genealogical Research, G. Reynolds and E. Reynolds
This genealogy course will focus on utilizing historic newspapers to take your genealogical research beyond the basic information about your ancestors. While finding census records, vital records, military records, and land records will give you the “bare bones” of your genealogical research, newspapers will bring your ancestors to life. Tues., CEC

Using Google for Genealogical Research, G. Reynolds and E. Reynolds
Have you been researching your family using genealogy websites and experiencing frustration because you can’t find the information on your family history? It’s time to look “outside the genealogy box.” This computer-based course is designed for genealogists who wish to use Google resources for genealogical applications. Fri., LEC

HISTORY, GOVERNMENT, AND POLITICS

9/11: Can We Believe the Official Story?, L. Gates
Because of the spectacular events of Sept. 11, 2001, we live in a surveillance state where civil liberties have been curbed, and we are spending trillions on foreign wars. What really happened? And why? We will examine theories that question the official story and see if they have any merit. Fri., LEC

5,000 Angels: Nurses in the Vietnam War, J. A. Tufo
Explores the lives and experiences of women who served as nurses in Vietnam. Tues., CEC

All about the 2020 Presidential Race, H. Miale
This course will review the primaries, platforms, and policies heading into the 2020 presidential election race. With six democratic debates completed in 2019 and six more to go in 2020 to challenge the Republication
incumbency, the focus will be to size up the strengths and weaknesses of the leading candidates. Thurs., CEC

**America between the Wars, B. Poirier**
A look at America during the years of 1919 to 1941. Tues., LEC

**Amish Life: The History and Culture of the Amish in Pennsylvania, J. A. Tufo**
Explore the history and culture of the Amish people in Lancaster County in Pennsylvania, including religious practices and family life. Tues., CEC

**The Antietam Campaign, G. Wilson**
An in-depth study of the Civil War campaign that resulted in the bloodiest single day of battle in the history of the United States. Fri., CEC

**A Baseball Celebration: 1940s and 1950s, C. Wilburn**
Many baseball legends were built during these two exciting decades: Ted Williams, Jackie Robinson, Mickey Mantle, and Willie Mays. Some of the greatest excitement occurred in New York City, where the Yankees, Dodgers, and Giants competed for glory. But baseball was expanding west, leaving heartbeat in its wake. Tues., CEC and LEC

**Becoming Horry: Transplants, Snowbirds, and Locals, H. Tankersley**
A structured dialogue group will discuss how the community of retirees has shaped Horry County, and how Horry County has shaped them. We will use dialogue techniques to build a shared understanding of our own experiences and produce a record to inform future newcomers to the area. Thurs., CEC

**British Social History 1919-1939, C. Wilburn**
This course will cover a time period when Great Britain confronted significant threats to its power and national identity. Despite the many challenges faced by Britain as it emerged from the maelstrom of the First World War, amazing new developments emerged in diverse fields like communications, transportation, exploration, medicine, entertainment, literature, and philosophy. Tues., CEC and LEC

**Building the Panama Canal, R. Byrd**
This class will examine the story of the many colossal political, financial, public health, and engineering challenges faced in building the Panama Canal, including the unique personalities and creativity responsible for overcoming these problems. The result was one of the greatest accomplishments in world history. Mon., CEC

**Chanticleer Intelligence Brief (CIB), J. Fitsanakis and CIB students**
Students in CCU’s intelligence program work on current topics of their choice. This presentation, completed by the student analysts, promises to be engaging, raising some questions, and answering others. Thurs., CEC

**The Cold War Part I: The Battle of Ideologies, J. Fitsanakis**
For nearly 50 years, the U.S. and the USSR fought the most permeating political clash of modern times. We will explore the ideological basis of the Cold War, namely the clash between communism, capitalism, and democracy, which shaped the lives of billions around the world. Tues., CEC

**The Cold War Part II: The Secret World of American Communism, J. Fitsanakis**
In the 1930s, the economic desperation of the Great Depression drove millions of Americans to communism. The government responded by unleashing the FBI against American communism, a move that culminated in the era of McCarthyism. We will explore this extremely tense and volatile period of American history. Tues., CEC

**The Cold War Part III: The Dawn of Nuclear Warfare, J. Fitsanakis**
The bombing of Hiroshima in 1945 marked the terrifying dawn of the atomic age. By 1949, the USSR had also acquired nuclear weapons, thus altering the global balance of power. The Cuban Missile Crisis was just a decade ahead. We will examine the volatile nuclear dimension of the Cold War. Tues., CEC

**The Cold War Part IV: The Battle for Hearts and Minds, J. Fitsanakis**
The USSR lost the Cold War, but it arguably won the battle for hearts and minds in the Third World. Why was Marxism so popular in Asia, Africa, and Latin America? What could America have done to counter it? The answers are relevant in America’s current “War on Terrorism.” Tues., CEC

**The Cold War Part V: The Collapse of the Soviet Empire, J. Fitsanakis**
Between 1989 and 1991, the USSR disintegrated, leaving behind millions of people in a chaotic social and economic state. Why did the Soviet empire collapse so quickly? And to what extent does the conclusion of the Cold War constitute an American victory? The answers may surprise you. Tues., CEC
Coming to America, J. A. Tufo
Explores the process of Irish immigration to the United States and the contributions of the people who helped form American culture. **Tues., CEC**

Conspiracy Theories, S. Baalbaki
From the assassination of John F. Kennedy to NASA’s moon landings, from 9/11 to the death of Elvis Presley, every event of the last century has prompted a conspiracy theory. In this fun class, we examine some political and nonpolitical “conspiracies” with the biggest followings, the most longevity, and the modern influence of social media. **Wed., CEC; Tues., LEC**

The Crisis at the Border, L. Gates
We will survey border issues from the time of the U.S./Mexican War until the current push by Donald Trump to build a massive wall. Why are so many desperate people trying to enter our country? Is this a humanitarian crisis or an invasion? **Fri., LEC**

From Jim Crow to the Civil Rights Act, B. Poirier
Examination of equality in America from 1865-1965. **Thurs., LEC**

Iran From Persepolis to Islamic Republic, S. Baalbaki
Iran, Turkey, and Israel hold the future of the Middle East in their hands. Explore the history of each country to shed light on how their past influences their present politics and may facilitate or hinder alliances between them that will shape the future of the whole region. **Wed., CEC; Tues., LEC**

General Bernard Montgomery: Architect of Allied Victory or Egotistical Jerk?, J. Henry
Field Marshall Bernard Law Montgomery was either the savior of allied war efforts for the western allies in WWII (according to Monty) or an egotistical jerk who prolonged the war (according to Patton). The class will not concentrate on actual battle movements, but on Montgomery and his command of events. **Thurs., CEC**

Geography: Africa, R. D’Arienzo
In this course, students will learn about the geography of Africa through instruction and map work. We will see how the Age of Imperialism affected Africa, as well as how Africa is currently reacting to those effects. **Tues., CEC**

Geography: North America, R. D’Arienzo
This course is designed for the novice who would like to learn a little more about the geography of our continent. Instruction and map work will focus on the U.S., Canada, Mexico, the Caribbean, and Central America. **Tues., CEC**

Geography: Asia, R. D’Arienzo
This course is designed for the novice who would like to learn more about the geography of Asia. Instruction and map work will focus on Asia’s main areas and features as well as some big countries such as Russia, India, and China **Thurs., LEC**

Geography: Oceania and Antarctica, R. D’Arienzo
This course is designed for the novice who has an interest in geography or a specific interest in the geography of the title continents. Instruction and map work will focus on Australia, Oceania, and Antarctica. **Thurs., LEC**

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Going, Going, Gone!, F. Gerardi
Celebrating 150 years of professional baseball and how radio and music played an integral part of its growth. **Thurs., CEC**

History and Legends of Murrells Inlet, C. Vernon
Explore the history of the Waccamaw tribe, plantation life, infamous pirates, and the legends/lore of the Murrells Inlet area through the words of a local storyteller. **Tues., LEC**

The History and Mystery of Ben Franklin, J. A. Tufo
Explores the life and contributions of one of the nation’s most entertaining Founding Fathers, Benjamin Franklin. **Tues., CEC**

History of the National Parks, S. Diaz and L. Lane
This course covers the history of the “national park idea” and provides a platform to discuss conflicts that arise from the dual mandate to preserve natural resources and provide for public enjoyment. **Wed., CEC**

History of Rock ‘n’ Roll, N. Mullins
An in-depth study of this uniquely American art form as it developed from several other genres through the 20th century and beyond. **Mon., CEC**

Illustrating the Heart of America, J. A. Tufo
Explores the profound cultural effect of Norman Rockwell during war and during peace. **Tues., CEC**

Israel from Ben Gurion to Netanyahu, S. Baalbaki
We will look into the Jewish state from the premierships of Ben Gurion to Netanyahu. We will examine how, in spite of six wars with its neighbors, Israel may be forging alliances with Turkey and other Sunni smaller states to counter the Shia expanding influence and danger. **Wed., CEC; Tues., LEC**
Middle East Current Events Discussion, S. Baalbaki
Discuss current Middle East issues, voice opinions, and express concerns. Wed., CEC

North American World’s Fairs: Worlds of Wonder, Worlds of Hope, C. Wilburn
This course includes the Chicago World’s Fair of 1893, the St. Louis World’s Fair of 1904, the New York fairs of 1939 and 1964, and many more. Using vintage photographs and film footage, we will immerse ourselves in these colossal celebrations of a vibrant, emerging America. Tues., CEC and LEC

Rosie the Riveter and Pop Culture of World War II, J. A. Tufo
Explores the contributions of women during World War II and the many changes that occurred in American culture and society during the war years. Tues., CEC

Shattering the Glass Ceiling, J.A. Tufo
Explores the contributions of women who broke through the “glass ceiling” in various professions, and the social issues they dealt with. Tues., CEC

Slavery and the Union 1776 to 1861, B. Poirier
The conflict between slavery and a free American republic. Thurs., LEC

Socialism from Karl Marx to Bernie Sanders, L. Gates
After clarifying the economic and political theories of Karl Marx, we will survey communism in Russia and China, the social democracies of Western Europe, and socialist movements here in the United States. Fri., LEC

Spain Under Islam, D. Ullman
For more than 700 years, Islam ruled in Iberia. The culture the Arabs founded at Cordoba far exceeded anything known in most of Europe at the time and will astound the student. Wed., CEC

South Asia: Diversity or Division?, K. Fair
This course will explain the complexity, diversity, conflicts, and conditions found in an area slightly larger than the United States and home to more than 1.5 billion people. Beginning with geography, continuing through history, participants will discover the richness of South Asia. Fri., LEC

Turkey from Ataturk to Erdogan, S. Baalbaki
We will look into the history of Sunni Turkey and how the Ottoman’s five centuries of rule over the Muslim world, except Iran, influences today’s Turkey autocrat and his nostalgia for ruling the Muslim Middle East. Wed., CEC; Tues., LEC

The U.S. Space Program, P. Sivillo
Learn about the U.S. space program with official NASA slides, including personal observations of simulation support for missions. Topics include return of crew to Earth, assembly of launch cluster of space shuttle vehicle and transport to launch pad, and presentation of photos of Earth taken from the space station with narration by an astronaut. Mon., CEC

Were They Really the Happy Days?, B. Poirier
Was life between 1954 and 1963 really happy? What were the social, national, political, and international events then? Tues., LEC

INFORMATION TECHNOLOGY, COMPUTERS, AND SOCIAL MEDIA

Basic Computer Skills/Social Media, J. DiGiorgio
We will be learning about basic computer skills: desktop management; fast keys (on keyboard); saving and opening documents; and opening up windows/websites. From there, we will move into social media: Facebook, Instagram, and Twitter. Thurs., CEC

Identity Theft and Fraud: What You Need to Know to Help Protect Yourself, E. Tyler
Identity theft and online fraud are becoming increasingly common. Threats include using your credit card without your permission, gaining access to your bank accounts, and taking over your email. The purpose of this course is to educate you about common types of fraud and steps you can take to reduce your risk. Fri., LEC

Mastering Your Android Cellphone, J. DiGiorgio
You will learn how to master your phone so well that your kids will be impressed! From something simple like sending a photo via text to listening to music on your phone, learn or relearn it here. Thurs., CEC

Mastering Your iPhone, J. DiGiorgio
You will learn how to master your iphone so well that your kids will be impressed! From something simple like sending a photo via text to listening to music on your iPhone, learn or relearn it here. Tues., CEC

Save, Organize, Share and Enjoy your Digital Photos, N. Launi
Do you have digital photos on your computer, tablet, smartphone, camera, etc.? Are your digital photos stressing you out? Learn to organize and preserve your
digital photos using an online program. Students must be familiar with Windows 10. **Wed., LEC**

**Website Design, J. DiGiorgio**
You will be learning about how to create your own website. From personal blogs to business use, you will be able to distinguish yourself from the rest! **Thurs., CEC**

**LANGUAGES**

**ASL Beginner, Continued, C. Milliren**
This course in American Sign Language (ASL) is designed for students who have previously taken ASL Beginner. New vocabulary will be introduced and the opportunity to practice fingerspelling, expressions, dialogues, and simple sentences/questions will be provided. **Mon. and Wed., CEC**

**French for Beginners and Travelers, P. Kussman**
An engaging introduction to the French language, this course will focus on vocabulary and pronunciation in a way that will allow the learner to speak in complete sentences quickly. **Tues., CEC**

**French Culture and Conversation, P. Kussman**
This gathering of Francophiles will allow members to converse, play games, sing, hear presentations, watch film clips and, in general, learn more about the language, people, and culture of France. **Tues., CEC**

**Italian for Beginners, J. Frontiero**
This class is ideally suited for anyone who has never spoken a word of Italian or who has a limited vocabulary. Students will learn to speak, read, write, and converse in Italian in a supportive and encouraging class environment. Required texts are “Italian in 10 Minutes a Day” by Kristine K. Kershal and “Learn Italian the Fast and Fun Way” by Marcel Danesi. **Wed., CEC; Fri., LEC**

**Reading and Thinking Spanish: Part II, L. Greene**
This class provides students an easy way to learn the Spanish language including its grammatical structure through reading and writing about South and Central America, Spain, and others countries in Europe. Learn the history, art, music, tradition, and language of these countries. Required text: “Read and Think Spanish” premium 3rd edition. **Tues., CEC**

**Spanish for Travelers, L. Greene**
This class provides an easy way to learn the Spanish language, tradition, and culture. Required text: “Easy Spanish Step-by-Step” by Barbara Bregstein. **Tues., CEC; Mon., LEC**

**LITERATURE AND WRITING**

**Memoir Writing, J. Johnston-Smith**
Have you ever thought to yourself, “I should write a book?” Does the thought of writing a memoir overwhelm you? Do you need help getting started? If you answered yes to any of these questions, this may be the course for you. **Thurs., CEC**

**Shakespeare and Immigration, T. Pillai**
Immigration is an old story of identity, the complexities of which are explored in three of Shakespeare’s greatest plays: “The Merchant of Venice,” “Othello,” and “The Tempest.” Characters/situations in these plays resist simplistic approaches, instead presenting us with multiple perspectives on the cultural, emotional, ethical, and political complexities of immigration. **Thurs., LEC**

**Write for Fun and Profit, L. McGinn Waterman**
Want to tell your story, write articles, or create a book while making money, too? This interactive, hands-on class offers tips for crisp writing that not only captivates but sells. Learn steps for publication. Visiting authors TBA. **Wed., LEC**

**NATURE, ENVIRONMENT, AND SCIENCE**

**Algebra for Parents and Grandparents, P. Moyer and D. Richards**
This course will be a standard but practical approach to classical algebra which might be found in high school Algebra I and Algebra II. The course will start with a review of the real number system and then topics will be selected to fit the interests of the class. **Wed., LEC**

**Attracting Pollinators, T. Cooke**
This class will explain about pollinators, bees, and other insects for flowers and vegetables. Live honeybees will be available for viewing. **Tues., CEC**

**Big Weather, E. Piotrowski**
Ed Piotrowski will discuss big weather events along the Grand Strand from hurricanes and tornadoes to winter storms and earthquakes. **Fri., CEC**

**Gems of the Ocean, S. A. Whittick**
In this class, you will learn about gems as well as other special treasures that the ocean gives us, such as dyes and materials. **Mon., CEC; Mon., LEC**

**Insultingly Stupid Movie Physics, R. Revere**
How much of your favorite movie (thriller, spy, science fiction) is accurate? How much of it is fantasy made up by the movie-makers? Take this class for a fun time at
rooting out Hollywood's big mistakes! Wed., LEC

The Last Universe, C. Knowles
We are living in a universe more complex and beautiful than we can fully comprehend. The facts are astounding. This course explores the big bang, dark matter, black holes, dark energy, infinity, extra dimensions, and the ultimate fate of our universe. Thurs., CEC

The Milky Way Galaxy, C. Knowles
There are so many fascinating facts and theories about the galaxy in which we live. This is your opportunity to be brought up to speed so that you may better understand the discoveries to come. At the least you will be equipped for great dinner discussions with friends and family. Thurs., CEC

The Origin and Method of Science, G. Wilson
An account of the beginnings of modern science, the great figures who founded it, and the nature and reliability of scientific knowledge. Mon., CEC

PERSONAL GROWTH

Animal Care for the Love of Your Pet, L. Aprea
This class offers beginners level instruction in all facets of caring for your pet. Topics include training, behavior, body language, wellness first aid, and ongoing care. Thurs., CEC

The Bathroom is Spotless … The House Burned Down, M. Nugent
All too often, we place more emphasis on cleaning the guest bathroom than ensuring the safety of our guests. When was the last time you reviewed fire safety in your home? Get an in-depth review of Midway Fire Rescue’s “Home Fire Safety Inspection Program,” teaching you the skills required to ensure your home is safe. Thurs., LEC

Boundaries with Adult Children, T. L. Humphrey
How much support should you offer adult children? What if your adult child is behaving immaturity or you are estranged? Perhaps you have adult children who want to borrow money, or maybe they even live with you. This class will cover the principles and tools of boundary setting with adult children. Mon., CEC

Cultivating Creativity: Expressing Yourself, K. Lutjen
Wish you could be more creative or include more artistic pursuits in your life? One of the biggest myths about creativity is you have it or you don’t. This eight-week workshop is designed to bust myths and blocks of creativity and explore new possibilities in the art of expressing yourself. Thurs., CEC

Free Yourself from Clutter, B. Tringali
Have you ever wondered what that clutter is costing you? This class examines the ways clutter impacts us and provides guidance on how to clear the clutter. Thurs., LEC

Makeup and Skincare Tips, Tricks, and Techniques for Mature Women, J. Truszkowski
Are you a mature woman who wants to look your best but is confused by all the information and marketing on skincare and makeup? If so, this class is for you! Forget YouTube tutorials; join me for a live class that focuses on mature skincare and makeup applications to enhance your best features! Thurs., CEC; Tues., LEC

Party Magic for Young and Old, B. Blankenship
Students will learn professional techniques to amaze friends and family. These easy-to-learn professional magic tricks are not your grandpa’s magic tricks. With a little practice you can amaze audiences just like the pros. Materials fee: $30. Tues./ Fri., CEC

Talking for Understanding, J. Ogden
Is there someone important in your life with whom you have difficulty communicating? Don’t just give up! Learn some approaches that can increase mutual understanding. Wed., CEC

RELIGION AND PHILOSOPHY

Major World Religions: Eastern, R. Hoffman
The religions we will cover in this course include native spirituality, Hinduism, Buddhism, Jainism, Sikhism, Taoism, and Shintoism. Instruction will include PowerPoint presentations, videos and guest lecturers. Fri., CEC and LEC

Major World Religions: Western, R. Hoffman
This class covers an overview of the Abrahamic religions, Judaism, Christianity, and Islam. This class will be taught through the use of PowerPoint presentations, guest speakers, and an excursion. Fri., CEC and LEC

Moses Couldn’t Have Said That, C. Miller
Some claim that Biblical texts have divinely inspired origins, ostensibly placing them beyond certain types of critique. Empirical research on the Bible has called into question this immunity from critical evaluation. We’ll evaluate the research, perhaps changing our awareness of the ancient world and impacting, at times controversially, biblical translation itself. Wed., LEC
An Overview of New Testament Textual Criticism, G. Wilson
An overview of how Bible scholars use manuscripts. Students need to bring a New Testament, any translation. Tues., CEC

Stone and Storm: Early Celtic Christianity, R. Donehue
This course will examine the roots and features of ancient Celtic Christianity. We will examine the art, architecture, politics, and worship that shaped the lives of early Celtic Christians. Required text: “The Ecclesiastical History of the English People” by the Venerable Bede. Wed., CEC

OLLI CLUBS

To ensure participation from those who register, we are now charging semester fees for each club. Dining clubs are $5; those that meet once a week or less are $10; and those that meet twice a week or more are $20.

American Sign Language Club, J. Milliren
This club is designed for those who have completed beginner ASL or who have some basic understanding of ASL. Club members will expand their vocabulary as well as their communication skills through conversational signing. No materials required. Fri., CEC

Book Club, E. Elliott
Meets year-round on the second Monday of each month from 1-2:30 p.m. to discuss works selected by the group. Book selections are listed on the website and in the e-newsletter. Mon., CEC

Classic Book Club, J. Adams
This is a classic books group that meets year-round on the first Thursday of the month from 2-4 p.m. Book selections are listed on the website and in the e-newsletter. Thurs, LEC

Colored Pencil Art Practice Club, L. Graves
This weekly club will bring together people who enjoy working on their colored pencil projects but who need the time carved out by a club to allow themselves to do so. We are open to anyone who has worked with this medium. Club members supply their own materials. Thurs., CEC

Colored Pencil Painting Club, N. Gordon
This club will meet weekly to encourage artists and support their evolving works. Members will feel free to ask questions of each other and learn from each other through regular critiques. Fri., LEC

Contemporary Book Club, M. Fister
This is a contemporary books club that meets year-round on the fourth Monday of each month from 10 a.m. to noon. Book selections are listed on the website and in the e-newsletter. Mon., LEC

Current Events Club, B. Poirier
A two-hour discussion of world events and their impact held normally on the second Wednesday of the month. Wed., LEC

Dining Club Central, K. Montgomery, S. Rudesill
Members of the dining club will meet for dinner at local restaurants once a month. The club will generally meet in restaurants from Conway to Restaurant Row to Surfside Beach. Members are expected to RSVP by the date asked and order from the menu. Mon.

Dining Club North, S. Granger
Members of the dining club will meet for dinner at local restaurants once a month. Members are expected to RSVP by the date asked and order from the menu. Thurs.

Fiber Arts Club, Dolores Dunnington
Members will be introduced or can expand their knowledge in areas of yarn arts: crochet, knit, yarn fibers, techniques, reading patterns, tools, and resource materials. Preserve the history of fiber arts while encouraging new design training opportunities and related topics. Beginners and experienced artists welcome. Thurs., LEC

Fun and Games Club, K. Szepanski
Join your OLLI friends for various board and card games. This is a no-stress zone filled with laughing and good times. Absolutely no experience needed; game rules are explained prior to play. Wed., CEC

Gardening in the South, A. Lampley
There is no prerequisite to participate in the gardening club. You may listen to guest speakers, exchange plants, learn about gardening events in the area, take field trips, and learn more about plants appropriate to this area of South Carolina. Wed., CEC; Tues., LEC

Georgetown Lunch Bunch, V. Berry
We will meet for lunch at Georgetown restaurants once a month. Enjoy the local restaurants. Afterward, wander up and down the quaint downtown, shopping if you wish, or walk along the Harborwalk, taking in the sights including local wildlife and the boats anchored in the harbor. Fri.
Gilles Bridge Society, K. Burroughs
This is a progressive rubber bridge group. Each player contributes 50 cents at each meeting to provide prize money. The format is unique for social bridge in that the same partner is retained throughout the evening and penalties for slow play are mitigated. Individuals without partners are welcome. The society has no affiliation with a national organization. Thurs., CEC

Investor Education Club, R. Unger
Learn about the different kinds of financial investments, as well as the risks and rewards associated with each. Club participants will be better able to construct an investment portfolio designed to meet their specific objectives and/or more intelligently work with a financial adviser in structuring their investment strategies. Tues., LEC

Mahjongg Club, S. Hargis/ C. Meldrum
This once-a-month club is for experienced players and beginning players of American rules mahjongg. You will need to bring your own card. If you have a mahjongg set, please bring it. The logistics of play will be reviewed at the first meeting. Beginning players will receive instruction. Tues., LEC; Fri., CEC

Spanish Club, L. Greene
Club members will generate discussion topics related to Spanish language and culture for all levels from basic to advanced conversational Spanish. Fri., CEC

Tai Chi Practice Club, L. DeLuca and S. Rudesill
This class is designed as a practice session for those already familiar with the 108 moves of Taoist tai chi and want to practice the entire set of movements with a group. Tues./Thurs., CEC

Tai Chi Practice Club, M. Scott
This class is designed as a practice session for those already familiar with the 108 moves of Taoist tai chi. Enjoy the encouragement of a group setting in a one-hour session twice a week. Tues./Thurs., LEC

World Affairs Club, S. Baalbaki
This club allows members to learn about current affairs and world events through discussion, presentations, or guest speakers. You may attend any meeting of the club, but must register for the special events. Wed., CEC

Writers’ Club, A. McKay
The Litchfield Writers’ Club provides a weekly opportunity for people to submit work they’ve written to have other members offer feedback on its strengths and weaknesses. Thurs., LEC

OLLI@CCU is appreciative of the 12 percent of our members who donate to the cause each year. Imagine what we could do if everyone gave a little something to help support our programming...

We’re Searching for Volunteers
Volunteers are the heart and soul of OLLI programs nationwide. We hope that our members will find a way to contribute to OLLI@CCU in the areas of outreach, hospitality, programming, and transportation.

On our website or during Taste of OLLI, you will find details about volunteer opportunities and a volunteer application.

Not only will you be helping us provide a wonderful array of learning activities to the Grand Strand, but you will meet kindred spirits, have fun, feel a part of a larger community (and you will receive next semester’s catalog early)!

Speaker Lee Brockington talking with students at the OLLI fundraiser.
**Spring 2020 OLLI Excursions**

We will depart from the parking lot across from the Conway Education Center entrance (to the left of the Coastal Carolina Science Center, 301 Allied Drive) for trips that are located north or west of Myrtle Beach. We will depart from the Coastal Carolina Science Center and pick up at the Litchfield Education Center 45 minutes later for destinations that are south of Myrtle Beach. Details about the trips, including departure times, will be emailed seven to 10 days prior to each excursion. No refunds will be given for cancellations made within one week of the date of the trip. We encourage early registration since many of our excursions fill up fast.

<table>
<thead>
<tr>
<th>Date</th>
<th>Activity</th>
<th>Cost</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday, Jan. 30</td>
<td>Small Town Tour: Marion, S.C., and the Grove Inn</td>
<td>$50</td>
<td>Join us on a small town historical tour of Marion, S.C. Originally settled by Native Americans who were attracted to the Great Pee Dee Rivers and Little Pee Dee River, Marion was next the home of English settlers who migrated from the South Carolina coast. In the late 1700s, the area began to prosper and the new town was named in honor of Gen. Francis Marion, the “Swamp Fox” of the Revolutionary War. The Grove Inn has more than 7,000 feet of beautiful rooms filled with antiques. Today, this working estate reflects turn-of-the-20th century operations, and functions as a bed and breakfast. Enjoy a full house tour, gardens, and a woodworking studio. For this series of Small Towns, expect a guided tour of the town, visits to local landmarks, and lunch. Your lunch meal is included in the excursion fee. <strong>Activity Level: 4</strong></td>
</tr>
<tr>
<td>Wednesday, Feb. 5</td>
<td>Behind the Scenes in the Conway Police Department</td>
<td>$20</td>
<td>We know most of our OLLI members are law-abiding citizens and therefore perhaps not familiar with the inner workings of the local police departments. Come learn what goes on behind the scenes and how our men and women in uniform keep our area safe. <strong>Activity Level: 2</strong></td>
</tr>
<tr>
<td>Thursday, Feb. 6</td>
<td>Behind the Scenes of the Charleston History Museum</td>
<td>$65</td>
<td>Enjoy a guided tour behind the scenes in one of the oldest museums in the United States, the Charleston History Museum. Its collection includes historic artifacts, natural history and decorative arts from two historic houses. <strong>Activity Level: 4</strong></td>
</tr>
<tr>
<td>Tuesday, Feb. 11</td>
<td>Behind the Scenes of WPDE, Conway</td>
<td>$20</td>
<td>Join us on our first WPDE TV station tour with Ed Piotrowski, chief meteorologist. We will observe Cecil Chandlers’ show, Carolina and Company. WPDE-TV, virtual channel 15, is an ABC-affiliated television station licensed to Florence, S.C., serving the Pee Dee and Grand Strand regions of South Carolina. <strong>Activity Level: 3</strong></td>
</tr>
<tr>
<td>Thursday, Feb. 13</td>
<td>Dooley Planetarium, Florence, S.C.</td>
<td>$40</td>
<td>Join Jeannette Myers, associate professor of astronomy and director of Dooley, and experience the day and night sky thought a Spitz-512 Star Projector capable of projecting 2,354 stars, prominent galaxies, and star clusters onto a 33 foot-dome suspended from the ceiling by 14 chains. The special effects projectors and stereo sound system present a realistic illusion of celestial objects and their apparent motion in the sky. The instruments can transport you through time any day, any year. Enjoy lunch (not included) on the Francis Marion University campus. <strong>Activity Level: 2</strong></td>
</tr>
<tr>
<td>Friday, Feb. 14</td>
<td>Behind the Scenes of Conway’s Fire Department</td>
<td>$20</td>
<td>Visit the Conway Fire Department and go behind the scenes to see what our local superheroes do when they are not busy answering alarms. This one-and-a-half-hour behind the scenes tour will help us all get a better idea of the</td>
</tr>
</tbody>
</table>
how much work goes into being a firefighter. Show a little love to our brave men and women in Conway on this Valentine's Day excursion. **Activity Level: 2**

**Tuesday, Feb. 18**

**Governor's Mansion and State House, Columbia, S.C.**

$60

Built in 1855, the Governor's Mansion was spared during Sherman's burning of Columbia. More than just the governor's residence, it features rooms displaying antique silver, furniture, paintings, and documents. The State House, built in 1875 in the Greek revival style, features 27 monuments, carvings, Doric columns, stained glass windows, and a copper dome. We will stop to enjoy lunch at a local restaurant after our tour. The cost of lunch is not included in this fee. **Activity Level: 3**

**Tuesday, Feb. 20**

**CCU Production of “Legally Blonde”**

$25

Coastal Carolina University's Department of Theatre has invited us to attend the opening of "Legally Blonde," a fabulously fun award-winning musical. The play follows the transformation of Elle Wood as she tackles the stereotypes and scandal in pursuit of her dreams. Action packed and exploding with memorizable songs and dynamic dances, this musical is so much fun, it should be illegal! We will have dinner at the Rivertown Bistro in Conway, attend the 7:30 p.m. performance, and afterward chat with the director and cast. Dinner not included. **Activity Level: 1**

**Tuesday, Feb. 25**

**Behind the Scenes of the Ripley's Aquarium/Shark Dissection**

$50

Dive in and enjoy the adventures at Ripley's aquarium where we’ll get to see what takes place behind closed doors. Ripley's is home to more than 10,000 exotic sea creatures in exhibits like Rio Amazon, Dangerous Reef, Ray Bay, and more! We'll enjoy a 30-minute tour that includes animal food preparations, animal care, and life support areas. While on our visit, we’ll get the opportunity to dissect a shark and learn the special adaptations sharks use to detect prey and how their organs have special abilities. **Activity Level: 3**

**Thursday, Feb. 26**

**Mystery Tour**

$50

Wherever OLLI ends up, we guarantee you will have fun. Think small towns and swamp foxes! **Activity Level: 4**

**Tuesday, March 3**

**Mepkin Abbey, Berkeley County**

$65

Learn about Mepkin Abbey, originally a rice plantation purchased by Henry Laurens in 1762. Henry and Clare Boothe Luce bought the property in 1936, built an extensive landscape garden, and used the land for equestrian and hunting activities. In 1949, the Luce family gave the property to the Trappist Order's Gethsemani Abbey. Twenty-nine monks came from Gethsemani, Ky., to found the new Mepkin Abbey that year. This guided tour will lead you into the monastery while giving you the history of the land. During our visit, we'll get to experience the noon day prayer service with the monks. Lunch on your own at the Barony House after the tour. **Activity Level: 3**

**Wednesday, March 4**

**The Sound of Charleston from Gospel to Gershwin**

$65

Our first stop of the day will be downtown Charleston where you’ll get several hours to enjoy the lovely sights and sounds of Charleston. Enjoy some of the most delicious southern cuisine or shop in the bustling Charleston market. Following our free time in Charleston, we'll make our way to the historic Congregational Church where we'll experience the music that helps to define Charleston's history: gospel, Gershwin, Civil War, jazz, and light classics. **Activity Level: 5**

**Thursday, March 19**

**Conway Glass and Lunch at the Rivertown Bistro**

$80

Learn about glassblowing and then watch as other students blow glass, and finally, blow your own beautiful friendship ball. Conway Glass offers many glass products designed, manufactured, and assembled on site. Lunch will
follow at the Rivertown Bistro, located in downtown Conway. Lunch is included in the excursion fee. Activity Level: 2.

**Wednesday, March 25**

Tour of Coastal Carolina University’s Campus  
XEXC 100 C14  
$8

Join us for a customized walking tour of Coastal Carolina University campus along with a talk by Nick DeStefano on the history of the institution. We will end our journey at the Hicks Dining Hall where you can help yourself to a wide variety of cuisines and eat all you want. Activity Level: 4

![OLLI members on tour of Coastal Carolina University.](image)

![Edwards Building Courtyard.](image)

**Thursday, March 26**

Congaree National Park Tour, Hopkins, S.C.  
XEXC 100 C15  
$55

Experience the natural wonders of the Congaree National Park as you join this guided tour that includes a 2.5-mile walk along the boardwalk. As we venture deep into the forest, we’ll view the Weston Lake and other trails that wind through the Congaree floodplain. Congaree offers visitors more than 25 miles of hiking trails where you can explore deep into the Congaree wilderness. The park preserves the oldest tract of old growth bottomland hardwood forest left in the United States. We will stop to enjoy lunch at a local restaurant after our tour. The cost of lunch is not included in this fee. Activity Level: 5

![Angel Oak.](image)

![Tea Plantation factory floor.](image)

![Tea fields.](image)

**Tuesday, March 31**

Charleston Tea Plantation and Angel Oak  
XEXC 100 C16  
$65

The Charleston Tea Plantation is located on the historical Wadmalaw Island, which is the heart of the Lowcountry of South Carolina. Charleston Tea Plantation teas are the only brand in the world made exclusively with 100 perfect tea grown in America. You will enjoy a trolley ride through the tea fields, stopping at the greenhouse and ending with a tour of the factory and a visit the plantation gift shop. This excursion will include a trip to the legendary Angel Oak Tree, which is more than 60 feet tall with a wide canopy. Lunch on your own at the Tomato Shed, a farm-to-table restaurant, after our tour. Activity Level: 4

![Angel Oak.](image)

![Tea Plantation factory floor.](image)

![Tea fields.](image)

**Friday, April 3**

Tour of the Citadel and Parade, Charleston, S.C.  
XEXC 100 C17  
$60

The Citadel was established in 1842 and was originally located on the Marion Square in downtown Charleston. Today, the beautiful campus, which was moved in 1922 to the bank of the Ashley River, is home to 24 major buildings and houses over 3,400 women and men. The Citadel offers more than 20 full- and part-time graduate and undergraduate programs. We’ll tour the Citadel and afterwards enjoy the Friday parade, an impressive event you don’t want to miss. We will have lunch before arriving at the Citadel. The cost of lunch is not included in this fee. Activity Level: 4

![Citadel parade.](image)

![Citadel clock tower.](image)

![Citadel educational building.](image)
Tuesday, April 7   Battleship North Carolina, Wilmington, N.C.   XEXC 100 C18
$50
Step back in time and allow history to come alive through the crew's stories at the Battleship North Carolina in Wilmington, N.C. When the battleship was first built, she was considered the world's greatest sea weapon. North Carolina, during World War II, participated in every major naval offensive in the Pacific area of operations where she earned 15 battle stars. After serving as a training vessel for midshipmen, she was decommissioned in June 1947. In 1958, the Save Our Ship (SOS) was formed and the campaign raised enough funds to have the Battleship returned to her current location in Wilmington. She was dedicated in April 1962 as the state's memorial to its World War II veterans and the 11,000 North Carolinians who lost their lives during the war. We will get an opportunity to explore all nine levels of the shop to include the engine room, mess decks, berthing areas, bridge, Combat Information Center (CIC), and much more. After touring the ship, we'll have time to explore and dine in downtown Wilmington. Lunch is not included in the price of the trip. **Activity Level: 5**

Friday, April 10   Pecan Trail in Lake City, S.C.   XEXC 100 C19
$75
Similar to last semester’s Pecan Trail in Florence, this adventure will take us to businesses in downtown Lake City to shop and sample food and drinks. Beginning with gourmet coffee and pastries at Baker’s Sweets Bistro & Bakery, we will visit various shops along East Main Street and then lunch at the Railway Charcoal Grill, known for the best ribeye in Florence County. Next, we will enjoy a guided tour of the town and then exercise our artistic skills at Sip and Paint before returning home. **Activity Level: 4**

Tuesday, April 14   Biking with OLLI@CCU, Murrells Inlet, S.C.   XEXC 100 C20
$20 for bike rental; free with your own bike
Bicycle the Waccamaw bike trail from the Litchfield campus to Murrells Inlet, enjoy lunch on your own at one of the many local restaurants, and then work off some of those calories on the ride back. We will provide bikes, helmets, and locks for those who pay the excursion fee, thanks to Cyclopedia, located beside our center. **Activity Level: 5**

Thursday, April 16   Behind the Scenes of Horry County’s Solid Waste Authority, Conway, S.C.   XEXC 100 C21
$20
This guided tour of the Horry County Solid Waste Authority, located on Highway 90, will include a tour of the landfill, material recycling facility, and recycling and convenience center. **Activity Level: 4**

Tuesday, April 21   Cape Fear Botanical Garden, Fayetteville, N.C.   XEXC 100 C22
$65
Join our guided tour of the Cape Fear Botanical Gardens which was founded in 1989. The gardens and their natural beauty are located on 89 acres between the Cape Fear River and Cross Creek, just two miles from downtown Fayetteville, N.C. This urban forest offers nature trails, steep ravines sheltering unusual plants, specialty gardens, and waterways that attract birds and other fauna plus provide a great habitat for aquatic plants. We will stop to enjoy lunch at a local restaurant after our tour. The cost of lunch is not included in this fee. **Activity Level: 5**

Thursday, April 23   Hopsewee Plantation   XEXC 100 C23
$70
Join us for a delightful southern tea at historical Hopsewee Plantation S.C. The plantation, built in 1735 near Georgetown, S.C., was the birthplace of Thomas Lynch, Jr., a signer of the Declaration of Independence, and served as a Lowcountry rice plantation. On this guided tour, you’ll visit the two original slave cabins that still stand on the grounds and learn about the rich history that Hopsewee has to offer its visitors. After our tour, we’ll enjoy a southern tea at the River Oak Cottage, ranked as one of the state’s top tea rooms. **Activity Level: 3**
Tuesday, April 28       Artfields, Lake City, S.C.       XEXC 100 C24
$30
This is Artfields’ seventh year in a row honoring the artists of the Southeast. There will be more than 400 works displayed in the locally-owned venues, from renovated warehouses from the 1920s to Smithsonian-qualified art galleries to upscale restaurants and start-up boutiques. What was once one of South Carolina’s most prosperous agricultural communities now becomes a living art gallery as ArtFields continues to demonstrate the best of the Southeast and recognize the incredible talent South Carolina has to offer. Enjoy the artwork at your own pace and and dine downtown at your convenience. Activity Level: 5

Wednesday, April 29     Southern Lights at Brookgreen Gardens, Murrells Inlet, S.C.       XEXC 100 C25
$50
Come experience an enchanted evening where art and light create a spectacular view. Internationally known Bruce Munro will bring his large-scale light sculptures to Brookgreen Gardens. The new exhibit will consist of seven works of art in light and mixed media, each designed specifically for the natural garden rooms where they’ll be installed. This will be the only chance to experience Munro’s magnificent installations in the eastern United States in 2020. We will stop for dinner before arriving at Brookgreen. Dinner is not included in the excursion fee. Activity Level: 5

Saturday, May 2          McClellanville’s Lowcountry Shrimp Festival       XEXC 100 C26
$40
Get ready for a day of fun activities, entertainment, and more! The Lowcountry Shrimp Festival, sponsored by the Archibald Rutledge Academy, focuses on the blessing of the village’s shrimping fleet so local shrimp boat captains and crews prepare themselves for the upcoming shrimp season. Trawlers, adored with colorful flags and pennants, slowly make their way through the parade down Jeremy Creek to receive the prayers of the local clergy for a safe and bountiful season. Following the blessing a floral wreath will be laid upon the waters as a memorial to those who have been lost at sea. Make sure to bring your lawn chairs and small coolers because we’re planning on being there for the day’s festivities. There will be local entertainment, lots of vendors selling their crafts, and some good food to enjoy throughout the day. Activity Level: 4

Tuesday, May 5            Behind the Scenes of Hobcaw Barony, Georgetown, S.C.       XEXC 100 C27
$65
This expanded and unique three-hour tour of Hobcaw Barony offers much more access than we have enjoyed in the past. With stops at the North Inlet salt marsh, the grounds of Bellefield Plantation, Friendfield Village, and the main
Frequent Flyer Program

OLLI members who take 10 or more excursions with us during the spring semester will be rewarded with a day trip of their choice (priced under $100) during the summer or fall semester. It pays to travel with OLLI!

Thursday, May 7  
Morris Island Shark Tooth Boat Tour, Mt. Pleasant, S.C.  
$90  
XEXC 100 C28
Enjoy a naturalist-led trip aboard one of the vessels which depart from the Shem Creek dock in Mt. Pleasant, S.C. During our adventures to Morris Island, we may get the opportunity to see brown pelicans, bottlenose dolphins, Eastern brown pelicans, egrets, herons, and more. We'll get to experience the unmatched views of the downtown skyline from the water and we'll be able to see the Ravenel Bridge, Fort Sumter, and other iconic landmarks in Charleston. Once we reach Morris Island, we'll go directly to the beach and go on a hunt for sharks teeth, fossils, and other treasures from the sea with our Coastal Expedition guide. Our guide will teach us how to find and identify our treasures. We will also have plenty of time to explore or relax on the beach before heading back to the mainland. **Activity Level: 5**

Tuesday, May 12  
Small Town Tour of McClellanville, S.C.  
$50  
XEXC 100 C29
This richly endowed region, settled in 1685, lent itself to an agrarian economy and became synonymous with rice plantations, homes of architectural grandeur, and culture. Hampton, situated on Wambaw Creek, was the home of the Horry and Rutledge family. Hopsewee, on North Santee River, was the home of Thomas Lynch III, a signer of the Declaration of Independence. The old parish church, “Brick Church,” as locals say, was built in 1768. For this series of Small Town tours, expect a guided tour of the town, visits to local museums, landmarks, and lunch. Meals are not included in this excursion fee. **Activity Level: 3**

Wednesday, May 13  
Yawkey Wildlife Center  
$45  
XEXC 100 C30
Learn about Tom Yawkey and the history of this area as you tour by bus what is now a habitat for migratory birds, eagles, alligators, and hundreds of species of wildlife. **Activity Level: 1**

Thursday, May 14  
Charleston Churches  
$65  
XEXC 100 C31
Before the two-hour private tour of Charleston houses of worship, we will have free time in downtown Charleston to shop and dine on our own. **Activity Level: 5**

Friday, May 15  
Small Town Tour of Camden, S.C. and Farm-to-Table Lunch at Old McCaskill’s Farm  
$60  
XEXC 100 C32
Camden is the oldest inland city in South Carolina, and as such, is rich in history. We will visit the Camden Archives and Museum and the Camden Revolutionary War Site, including the Kershaw-Cornwallis House and McCaa’s Tavern, and battlefields. We will enjoy a delicious farm-to-table lunch at McCaskill’s Farm. For this series of small town Fridays, expect a guided tour of the town, visits to local museums, landmarks, and lunch. Meals are not included in this excursion fee. **Activity Level 3**
<table>
<thead>
<tr>
<th>DAY</th>
<th>TIME</th>
<th>COURSE TITLE</th>
<th>DATES</th>
<th>INSTRUCTOR</th>
<th>FEE</th>
<th>COURSE #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon.</td>
<td>9 - 9:50 a.m.</td>
<td>Behind the Scenes of Broadway</td>
<td>M/W, 6 wks, 1/27-3/11, no class 2/24 and 2/26</td>
<td>J. Milliren</td>
<td>$60</td>
<td>XTHEA 101 C01</td>
</tr>
<tr>
<td></td>
<td>9 - 10:50 a.m.</td>
<td>History of Rock 'n' Roll Part I</td>
<td>8 wks, 1/27-3/16</td>
<td>N. Mullins</td>
<td>$80</td>
<td>XHIST 646 C01</td>
</tr>
<tr>
<td></td>
<td>10:50 a.m.</td>
<td>History of Rock 'n' Roll Part II</td>
<td>8 wks, 3/23-5/11</td>
<td>N. Mullins</td>
<td>$80</td>
<td>XHIST 646 C02</td>
</tr>
<tr>
<td></td>
<td>10:50 a.m.</td>
<td>The Origin and Method of Science</td>
<td>3 wks, 1/27-2/10</td>
<td>G. Wilson</td>
<td>$30</td>
<td>XSCI 945 C01</td>
</tr>
<tr>
<td></td>
<td>11:50 a.m.</td>
<td>Watercolors</td>
<td>6 wks, 1/27-3/2; 6 wks, 3/9-4/13; 5 wks, 4/20-5/18</td>
<td>S. Duke</td>
<td>$90+</td>
<td>XART 101 C01</td>
</tr>
<tr>
<td></td>
<td>11:50 a.m.</td>
<td>Visual Journals - Your Everything Book!</td>
<td>M/W, 3/2-3/6</td>
<td>B. Steele</td>
<td>$45+</td>
<td>XART 184 C01</td>
</tr>
<tr>
<td></td>
<td>11:50 a.m.</td>
<td>Mosaic - Stained Glass (materials fee $50 paid to instructor)</td>
<td>M/T/W/TH/F, 3/2-3/6</td>
<td>S. Esquibel</td>
<td>$75+</td>
<td>XART 126 C01</td>
</tr>
<tr>
<td></td>
<td>10 - 10:50 a.m.</td>
<td>American Sign Language - Beginner Continued</td>
<td>M/W, 6 wks, 1/27-3/11, no class 2/24 and 2/26</td>
<td>C. Milliren</td>
<td>$60</td>
<td>XASL 305 C01</td>
</tr>
<tr>
<td></td>
<td>11 - 11:50 a.m.</td>
<td>The U.S. Space Program</td>
<td>3 wks, 3/9-3/23</td>
<td>P. Sivillo</td>
<td>$15</td>
<td>XSCI 946 C01</td>
</tr>
<tr>
<td></td>
<td>11 a.m. to 12:50 p.m.</td>
<td>Scrapbooking Basics (materials fee $25 paid to instructor)</td>
<td>4 wks, 1/27-2/17</td>
<td>L. Lohse</td>
<td>$40+</td>
<td>XART 133 C01</td>
</tr>
<tr>
<td></td>
<td>11 a.m. to 12:50 p.m.</td>
<td>Boundaries with Adult Children</td>
<td>1/27</td>
<td>T. Humphrey</td>
<td>$10</td>
<td>XPERS 837 C01</td>
</tr>
<tr>
<td></td>
<td>Noon to 2:50 p.m.</td>
<td>Knitting for Beginners to Advanced</td>
<td>4 wks, 1/27-2/17; 4 wks, 2/24-3/16; 4 wks, 3/23-4/13</td>
<td>P. Boisvert</td>
<td>$60+</td>
<td>XART 182 C01</td>
</tr>
<tr>
<td></td>
<td>1 - 2:50 p.m.</td>
<td>Building the Panama Canal 1870-1914</td>
<td>4 wks., 1/27-2/17</td>
<td>R. Byrd</td>
<td>$40</td>
<td>XHIST 639 C01</td>
</tr>
<tr>
<td></td>
<td>1 - 2:50 p.m.</td>
<td>Book Club</td>
<td>1/13, 2/10, 3/9, 4/13, 5/11</td>
<td>E. Elliott</td>
<td>$10</td>
<td>XCLB 512 C01</td>
</tr>
<tr>
<td></td>
<td>1 - 2:50 p.m.</td>
<td>Gems of the Ocean</td>
<td>2/3</td>
<td>S. Whittick</td>
<td>$10</td>
<td>XNAT 960 C01</td>
</tr>
<tr>
<td></td>
<td>1 - 2:50 p.m.</td>
<td>Discover Needle Felting (materials fee $7 paid to instructor)</td>
<td>2/17</td>
<td>S. Whittick</td>
<td>$10</td>
<td>XART 201 C01</td>
</tr>
<tr>
<td></td>
<td>1 - 3:50 p.m.</td>
<td>Acrylic Painting Basics</td>
<td>6 wks, 1/27-3/2; 6 wks, 3/9-4/13</td>
<td>M. Van Loan</td>
<td>$90+</td>
<td>XART 129 C01</td>
</tr>
<tr>
<td></td>
<td>1 - 4:50 p.m.</td>
<td>Weaving a Seaside Basket (materials fee $7 paid to instructor)</td>
<td>2/10</td>
<td>S. Whittick</td>
<td>$20+</td>
<td>XART 128 C01</td>
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<td>3 - 3:50 p.m.</td>
<td>Beginning Belly Dance</td>
<td>4 wks, 1/27-2/17</td>
<td>E. Jampole</td>
<td>$20</td>
<td>XMUSC 690 C01</td>
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<td>3 - 3:50 p.m.</td>
<td>Beginning Belly Dance II</td>
<td>4 wks, 2/24-3/16</td>
<td>E. Jampole</td>
<td>$20</td>
<td>XMUSC 690 C02</td>
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<td>3 - 3:50 p.m.</td>
<td>Beginning Belly Dance III</td>
<td>3 wks, 3/30-4/13</td>
<td>E. Jampole</td>
<td>$15</td>
<td>XMUSC 690 C03</td>
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<td>3 - 3:50 p.m.</td>
<td>Beginning Belly Dance IV</td>
<td>4 wks, 4/20-5/11</td>
<td>E. Jampole</td>
<td>$20</td>
<td>XMUSC 690 C04</td>
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<td>3 - 3:50 p.m.</td>
<td>So You Want To Teach for OLLI</td>
<td>2/3</td>
<td>C. Osborne</td>
<td>OLLI XOLLI 601 C01</td>
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<td></td>
<td>5:30 p.m.</td>
<td>Dining Club Central</td>
<td>1/13, 2/10, 3/9, 4/13, 5/11</td>
<td>K. Montgomery S. Rudesill</td>
<td>$5</td>
<td>XCLB 703 C01</td>
</tr>
<tr>
<td>Tues.</td>
<td>9 - 10:50 a.m.</td>
<td>Attracting Pollinators</td>
<td>1/21</td>
<td>T. Cooke</td>
<td>$10</td>
<td>XNAT 960 C01</td>
</tr>
<tr>
<td></td>
<td>9 - 11:50 a.m.</td>
<td>Acrylic Painting Intermediate and Advanced</td>
<td>8 wks, 1/21-3/10</td>
<td>E. Van Loan</td>
<td>$120+</td>
<td>XART 129 C01</td>
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<td></td>
<td>9 - 11:50 a.m.</td>
<td>Connecting Possibilities!</td>
<td>T/TH, 3/3-3/5</td>
<td>B. Steele</td>
<td>$30+</td>
<td>XCLB 729 C01</td>
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<td>9 - 10:50 a.m.</td>
<td>Spanish for Travelers (required book “Easy Spanish Step by Step” by Barbara Bregstein)</td>
<td>T/TH, 8 wks, 1/21-3/12; T/TH, 8 wks, 3/17-5/7</td>
<td>L. Greene</td>
<td>$160+</td>
<td>XSPAN 319 C01</td>
</tr>
<tr>
<td></td>
<td>9 - 11:50 a.m.</td>
<td>Beginning Genealogy</td>
<td>4 wks, 1/21-2/11</td>
<td>G. Reynolds</td>
<td>$60</td>
<td>XSKIL 708 C01</td>
</tr>
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<td></td>
<td>9 - 11:50 a.m.</td>
<td>Historic Newspapers and Genealogical Research</td>
<td>5 wks, 3/10-4/7</td>
<td>G. Reynolds</td>
<td>$75</td>
<td>XSKIL 758 C01</td>
</tr>
<tr>
<td></td>
<td>9 a.m. to 2 p.m.</td>
<td>AARP Driver Safety Program (materials fee $15 for AARP members and $20 for non-AARP members paid to instructor)</td>
<td>2/18; 4/28</td>
<td>G. Homer E. Chamberlain</td>
<td>OLLI+ XSKIL 766 C01 XSKIL 766 C02</td>
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<td></td>
<td>10 - 10:50 a.m.</td>
<td>Party Magic for Young and Old (materials fee $30 paid to instructor)</td>
<td>T/F, 4 wks, 1/21-2/14</td>
<td>B. Blankenship</td>
<td>$40</td>
<td>XERS 838 C01</td>
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<td>Time</td>
<td>Course</td>
<td>Days</td>
<td>Instructor</td>
<td>Fee</td>
<td>Course Code</td>
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<td>10 - 10:50 a.m.</td>
<td>Tai Chi Practice Club</td>
<td>T/TH 1/21-5/14, no class 4/2</td>
<td>S. Rudesill, L. DeLuca</td>
<td>$20</td>
<td>XCLB 699 C01</td>
<td></td>
</tr>
<tr>
<td>10 - 11:50 a.m.</td>
<td>Duke Ellington and His Musicians</td>
<td>6 wks, 1/21-2/25</td>
<td>L. Kaplan, L. DeLuca</td>
<td>$60</td>
<td>XMUSC 500 C01</td>
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<tr>
<td>11 - 11:50 a.m.</td>
<td>Nia Dance Moving to Heal</td>
<td>T/TH 4 wks, 1/21-2/13; T/TH 4 wks, 2/18-3/12; T/TH 4 wks, 3/17-4/9</td>
<td>D. Mundie, M. Van Loan</td>
<td>$40</td>
<td>XMUSC 707 C01</td>
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<tr>
<td>11 - 11:50 a.m.</td>
<td>Adventures in Hand Drumming</td>
<td>4 wks, 2/18-3/10</td>
<td>J. Tracy</td>
<td>$40</td>
<td>XMSC 728 C01</td>
<td></td>
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<tr>
<td>11 a.m. to 12:50 p.m.</td>
<td>Mesh Wreath Crafting Workshop - Spring</td>
<td>2/11</td>
<td>M. Van Loan, L. Van Loan</td>
<td>$10+</td>
<td>XART 222 C01</td>
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<tr>
<td>11 a.m. to 12:50 p.m.</td>
<td>Mesh Wreath Crafting Summer Workshop</td>
<td>5/5</td>
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<tr>
<td>11 a.m. to 12:50 p.m.</td>
<td>Illustrating the Heart of America: Norman Rockwell</td>
<td>4 wks, 1/21-2/11</td>
<td>J. Tufo</td>
<td>$40</td>
<td>XHIST 647 C01</td>
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<tr>
<td>11 a.m. to 12:50 p.m.</td>
<td>Five Thousand Angels: Nurses in the Vietnam War</td>
<td>4 wks, 2/18-3/10</td>
<td>J. Tufo</td>
<td>$40</td>
<td>XHIST 648 C01</td>
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<tr>
<td>11 a.m. to 12:50 p.m.</td>
<td>The History and Mystery of Benjamin Franklin</td>
<td>4 wks, 3/17-4/7</td>
<td>J. Tufo</td>
<td>$40</td>
<td>XHIST 649 C01</td>
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<tr>
<td>11 a.m. to 12:50 p.m.</td>
<td>Rosie the Riveter and the Popular Culture of World War II</td>
<td>4 wks, 4/14-5/5</td>
<td>J. Tufo</td>
<td>$40</td>
<td>XHIST 650 C01</td>
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<tr>
<td>11 a.m. to 12:50 p.m.</td>
<td>French for Beginners and Travelers</td>
<td>8 wks, 1/21-3/10</td>
<td>P. Kussman</td>
<td>$80</td>
<td>XFREN 300 C01</td>
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<tr>
<td>11 a.m. to 12:50 p.m.</td>
<td>Geography: Africa</td>
<td>4 wks, 1/21-2/11</td>
<td>R. D'Arienzo</td>
<td>$40</td>
<td>XHIST 637 C01</td>
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<tr>
<td>11 a.m. to 12:50 p.m.</td>
<td>Geography: North America</td>
<td>4 wks, 2/18-3/10</td>
<td>R. D'Arienzo</td>
<td>$40</td>
<td>XHIST 638 C01</td>
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<tr>
<td>11 a.m. to 12:50 p.m.</td>
<td>Reading and Thinking Spanish: Part II (required book &quot;Read and Think Spanish&quot; Premium Third Edition)</td>
<td>T/TH, 8 wks, 1/21-3/12; T/TH, 8 wks, 3/17-5/7</td>
<td>L. Greene</td>
<td>$160+</td>
<td>XSPAN 331 C01</td>
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<tr>
<td>11 a.m. to 12:50 p.m.</td>
<td>British Social History: 1919-1939</td>
<td>6 wks, 1/21-2/25</td>
<td>C. Wilburn</td>
<td>$60</td>
<td>XHIST 546 C01</td>
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<tr>
<td>11 a.m. to 12:50 p.m.</td>
<td>The Wonderous World's Fairs of North America</td>
<td>6 wks, 3/3-4/7</td>
<td>C. Wilburn</td>
<td>$60</td>
<td>XHIST 577 C01</td>
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<tr>
<td>11 a.m. to 12:50 p.m.</td>
<td>A Baseball Celebration: 1940s and 1950s</td>
<td>4 wks, 4/14-5/5</td>
<td>C. Wilburn</td>
<td>$60</td>
<td>XHIST 578 C01</td>
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<tr>
<td>11 a.m. to 12:50 p.m.</td>
<td>Mastering Your iPhone (requirement: students' cellphone must be an iPhone)</td>
<td>4 wks, 2/18-3/10</td>
<td>J. DiGiorgio</td>
<td>$40</td>
<td>XCTEC 106 C01</td>
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<tr>
<td>1 - 2:50 p.m.</td>
<td>Do You Want to Know A Secret? The History of the Lyrics of the Beatles</td>
<td>4 wks, 1/21-2/11</td>
<td>J. Tufo</td>
<td>$40</td>
<td>XHIST 651 C01</td>
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<tr>
<td>1 - 2:50 p.m.</td>
<td>Amish Life: The History of the Amish Culture in Pennsylvania</td>
<td>4 wks, 2/18-3/10</td>
<td>J. Tufo</td>
<td>$40</td>
<td>XHIST 652 C01</td>
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<tr>
<td>1 - 2:50 p.m.</td>
<td>Coming to America: The Irish Experience</td>
<td>4 wks, 3/17-4/7</td>
<td>J. Tufo</td>
<td>$40</td>
<td>XHIST 653 C01</td>
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<tr>
<td>1 - 2:50 p.m.</td>
<td>Shattering the Glass Ceiling: Women Who Broke Barriers</td>
<td>4 wks, 4/14-5/5</td>
<td>J. Tufo</td>
<td>$40</td>
<td>XHIST 654 C01</td>
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<tr>
<td>1 - 2:50 p.m.</td>
<td>French Culture and Conversation</td>
<td>8 wks, 1/21-3/10; 4 wks, 3/17-4/7</td>
<td>P. Kussman, J. DiGiorgio</td>
<td>$80</td>
<td>XFREN 304 C01</td>
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<tr>
<td>1 - 2:50 p.m.</td>
<td>The Cold War Part I: The Battle of Ideologies</td>
<td>3 wks, 1/21-2/4</td>
<td>J. Fitsanakis</td>
<td>$30</td>
<td>XHIST 655 C01</td>
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<tr>
<td>1 - 2:50 p.m.</td>
<td>The Cold War Part II: The Secret World of American Communism</td>
<td>2 wks, 2/18-2/25</td>
<td>J. Fitsanakis</td>
<td>$20</td>
<td>XHIST 655 C02</td>
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<tr>
<td>1 - 2:50 p.m.</td>
<td>The Cold War Part III: The Dawn of Nuclear Warfare</td>
<td>3 wks, 3/3-3/24, no class 3/10</td>
<td>J. Fitsanakis</td>
<td>$30</td>
<td>XHIST 655 C03</td>
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<tr>
<td>1 - 2:50 p.m.</td>
<td>The Cold War Part IV: The Battle for Hearts and Minds</td>
<td>3 wks, 3/31-4/14</td>
<td>J. Fitsanakis</td>
<td>$30</td>
<td>XHIST 655 C04</td>
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<tr>
<td>1 - 2:50 p.m.</td>
<td>The Cold War Part V: The Collapse of the Soviet Empire</td>
<td>3 wks, 4/21-5/5</td>
<td>J. Fitsanakis</td>
<td>$30</td>
<td>XHIST 655 C05</td>
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<tr>
<td>1 - 3:50 p.m.</td>
<td>Writers and Writing on the Big Screen</td>
<td>8 wks, 1/21-3/10</td>
<td>C. Osborne</td>
<td>$50</td>
<td>XFILM 550 C01</td>
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<tr>
<td>2 - 2:50 p.m.</td>
<td>Break the Cycle of Dieting and Emotional Eating</td>
<td>2 wks, 1/21-1/28</td>
<td>K. Dobis</td>
<td>$10</td>
<td>XHEAL 600 C01</td>
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<tr>
<td>2 - 2:50 p.m.</td>
<td>I Want to Eat Healthier. Where Do I Start?</td>
<td>2/11</td>
<td>K. Dobis</td>
<td>$5</td>
<td>XHEAL 601 C01</td>
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<tr>
<td>2 - 2:50 p.m.</td>
<td>Natural Solutions for Arthritis</td>
<td>2 wks, 3/3-3/10</td>
<td>K. Dobis</td>
<td>$10</td>
<td>XHEAL 602 C01</td>
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<td>Time</td>
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<td>Instructor</td>
<td>Fee</td>
<td>Course Code</td>
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<td>Wed. 9 - 10:50 a.m.</td>
<td>Painting on Silk (materials fee $50 paid to instructor)</td>
<td>A. Estes</td>
<td>$40+</td>
<td>XART 257 C01</td>
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<tr>
<td>9 - 11:50 a.m.</td>
<td>Sweetgrass Basket Weaving for Beginners (materials fee $50 paid to instructor)</td>
<td>G. Wright</td>
<td>$60+</td>
<td>XART 267 C01</td>
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<tr>
<td>10 - 10:50 a.m.</td>
<td>Learn a Dance for CCU Men's Basketball Halftime</td>
<td>M. Sage</td>
<td>$40</td>
<td>XMUSC 501 C01</td>
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<tr>
<td>10 - 10:50 a.m.</td>
<td>Italian for Beginners (required book “Italian in 10 Minutes a Day” by Kristine K. Kershal and “Learn Italian the Fast and Fun Way” by Marcel Danesi.)</td>
<td>J. Frontiero</td>
<td>$40+</td>
<td>XITAL 316 C01</td>
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<tr>
<td>10 - 11:50 a.m.</td>
<td>Gardening in the South</td>
<td>A. Lampeley</td>
<td>$10</td>
<td>XCLB 914 C01</td>
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<tr>
<td>10 - 11:50 a.m.</td>
<td>The Blues from the Beginning to 1960</td>
<td>L. Kaplan</td>
<td>$60</td>
<td>XMUSC 682 C01</td>
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<tr>
<td>10 - 11:50 a.m.</td>
<td>Iran From Persepolis to Islamic Republic</td>
<td>S. Baalbaki</td>
<td>$30</td>
<td>XMECE 101 C01</td>
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<tr>
<td>10 - 11:50 a.m.</td>
<td>Israel from Ben Gurion to Netanyahu</td>
<td>S. Baalbaki</td>
<td>$30</td>
<td>XMECE 102 C01</td>
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<tr>
<td>10 - 11:50 a.m.</td>
<td>Conspiracy Theories</td>
<td>S. Baalbaki</td>
<td>$30</td>
<td>XMECE 103 C01</td>
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<tr>
<td>10 - 11:50 a.m.</td>
<td>Turkey from Ataturk to Erdogan</td>
<td>S. Baalbaki</td>
<td>$20</td>
<td>XMECE 104 C01</td>
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<tr>
<td>11 - 11:50 a.m.</td>
<td>Stone and Storm - Early Celtic Christianity (required book “The Ecclesiastical History of the English People” by Venerable Bede)</td>
<td>R. Donehue</td>
<td>$40+</td>
<td>XREL 751 C01</td>
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<tr>
<td>11 a.m. to 12:50 p.m.</td>
<td>Classic Grape Vine Wreath Workshop</td>
<td>M. Van Loan</td>
<td>$10+</td>
<td>XART 222 C01</td>
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<tr>
<td>Noon to 1:50 p.m.</td>
<td>Middle East Current Events Discussion</td>
<td>S. Baalbaki</td>
<td>$60</td>
<td>XGOVT 415 C01</td>
<td></td>
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<tr>
<td>Noon to 1:50 p.m.</td>
<td>World Affairs Club</td>
<td>S. Baalbaki</td>
<td>$10</td>
<td>XGOVT 403 C01</td>
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<tr>
<td>1 - 1:50 p.m.</td>
<td>Tai Chi</td>
<td>J. Gore</td>
<td>$80</td>
<td>XFITN 704 C01</td>
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<tr>
<td>1 - 2:50 p.m.</td>
<td>Talking for Understanding</td>
<td>J. Ogden</td>
<td>$40</td>
<td>XPERS 839 C01</td>
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<tr>
<td>1 - 3:50 p.m.</td>
<td>Mini Accordion Scrapbook Album (materials fee $20 paid to instructor)</td>
<td>L. Lohse</td>
<td>$15+</td>
<td>XART 265 C01</td>
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<tr>
<td>1 - 3:50 p.m.</td>
<td>Abstract Painting Basics</td>
<td>M. Van Loan</td>
<td>$120+</td>
<td>XART 287 C01</td>
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<tr>
<td>2 - 2:50 p.m.</td>
<td>Social Ballroom 101</td>
<td>B. Tierney</td>
<td>$20</td>
<td>XMUSC 718 C01</td>
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<tr>
<td>2 - 3:50 p.m.</td>
<td>Overview of Collette and Premier World Discovery Tours</td>
<td>L. Driggers</td>
<td>OLLI</td>
<td>XOLLI 602 C01</td>
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<tr>
<td>2 - 3:50 p.m.</td>
<td>Spain Under Islam</td>
<td>D. Ullman</td>
<td>$40</td>
<td>XHIST 470 C01</td>
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<tr>
<td>3 - 4:50 p.m.</td>
<td>History of the National Parks</td>
<td>S. Diaz</td>
<td>$40</td>
<td>XHIST 631 C01</td>
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<tr>
<td>4 - 5:50 p.m.</td>
<td>Fun and Games Club</td>
<td>K. Szepanski</td>
<td>$10</td>
<td>XCLB 640 C01</td>
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<tr>
<td>Thurs. 9 - 10:50 a.m.</td>
<td>General Bernard Montgomery: Architect of Allied Victory or Egotistical Jerk?</td>
<td>J. Henry</td>
<td>$40</td>
<td>XHIST 656 C01</td>
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<tr>
<td>9 - 9:50 a.m.</td>
<td>Yoga Level 1</td>
<td>L. Shultz</td>
<td>$30</td>
<td>XFITN 711 C01</td>
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<tr>
<td>9 - 10:50 a.m.</td>
<td>The Milky Way Galaxy</td>
<td>C. Knowles</td>
<td>$30</td>
<td>XSCI 947 C01</td>
<td></td>
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<tr>
<td>9 - 10:50 a.m.</td>
<td>Memoir Writing</td>
<td>J. Johnston-Smith</td>
<td>$60</td>
<td>XWRIT 505 C01</td>
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<tr>
<td>9 - 10:50 a.m.</td>
<td>Amazing, Surprising, Entertaining Films You Never Saw</td>
<td>J. Tracy</td>
<td>$40</td>
<td>XFiLM 551 C01</td>
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<tr>
<td>9 - 11:50 a.m.</td>
<td>Colored Pencil Art Practice Club</td>
<td>L. Graves</td>
<td>$10</td>
<td>XCLB 180 C01</td>
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<tr>
<td>10 - 10:50 a.m.</td>
<td>Chair Yoga</td>
<td>L. Shultz</td>
<td>$30</td>
<td>XFITN 709 C01</td>
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<tr>
<td>9 - 11:50 a.m.</td>
<td>Pine Needle Creations</td>
<td>D. Davis</td>
<td>$60+</td>
<td>XART 236 C01</td>
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<td>Time</td>
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<td>Instructor</td>
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<tr>
<td>11 - 11:50 a.m.</td>
<td>Senior Strength</td>
<td>L. Shultz</td>
<td>$30</td>
<td>XFITN 730 C01</td>
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<tr>
<td>11 a.m. to 12:50 p.m.</td>
<td>Eighth CIB Symposium</td>
<td>J. Fitsanakis</td>
<td>$30</td>
<td>XGOVT 455 C01</td>
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<tr>
<td>11 a.m. to 12:50 p.m.</td>
<td>All About the 2020 Presidential Race</td>
<td>H. Miale</td>
<td>$30</td>
<td>XGOVT 477 C01</td>
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<tr>
<td>11 a.m. to 12:50 p.m.</td>
<td>Mastering Your Android Cellphone</td>
<td>J. DiGiorgio</td>
<td>$40</td>
<td>XCTEC 106 C02</td>
<td></td>
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<tr>
<td>Noon to 12:50 p.m.</td>
<td>Website Design</td>
<td>J. DiGiorgio</td>
<td>$40</td>
<td>XCTEC 105 C01</td>
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<tr>
<td>Noon to 2 p.m.</td>
<td>Basic Computer/Social Media</td>
<td>J. DiGiorgio</td>
<td>$40</td>
<td>XCTEC 104 C01</td>
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<tr>
<td>1-1:50 p.m.</td>
<td>Back Pain Solutions</td>
<td>A. Levy</td>
<td>$5</td>
<td>XHEAL 603 C01</td>
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<tr>
<td>1 - 2:50 p.m.</td>
<td>The Last Universe</td>
<td>C. Knowles</td>
<td>$40</td>
<td>XSCI 941 C01</td>
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<tr>
<td>1 - 2:50 p.m.</td>
<td>Your Best Financial Life</td>
<td>T. Brown</td>
<td>$30</td>
<td>XFINC 723 C01</td>
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<tr>
<td>2 - 4 p.m.</td>
<td>Line Dancing for the Non-Dancer</td>
<td>L. Aprea</td>
<td>$40</td>
<td>XMUSC 725 C01</td>
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<tr>
<td>3 - 4:50 p.m.</td>
<td>Jewelry Making Beyond Basics (materials fee $120 paid to instructor)</td>
<td>C. Hatch</td>
<td>$60+</td>
<td>XART 186 C01</td>
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<tr>
<td>3 - 4:50 p.m.</td>
<td>Becoming Horry: Transplants, Snowbirds and Locals</td>
<td>H. Tankersley</td>
<td>$40</td>
<td>XHIST 658 C01</td>
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<tr>
<td>4:30 - 7 p.m.</td>
<td>Dining Club North</td>
<td>S. Granger</td>
<td>$5</td>
<td>XCLB 703 C02</td>
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<tr>
<td>5 - 6:50 p.m.</td>
<td>Not Your Normal Origami (materials fee $5 paid to instructor)</td>
<td>E. Jampole</td>
<td>$10+</td>
<td>XART 253 C01</td>
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<tr>
<td>5 - 6:50 p.m.</td>
<td>Easy Greeting Cards (materials fee $20 paid to instructor)</td>
<td>E. Jampole</td>
<td>$40+</td>
<td>XART 268 C02</td>
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<tr>
<td>5 - 6:50 p.m.</td>
<td>Cultivating Creativity: The Practical Art of Expressing Yourself</td>
<td>K. Lutjen</td>
<td>$40</td>
<td>XCLB 736 C01</td>
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<tr>
<td>6 - 7:50 p.m.</td>
<td>Makeup and Skincare Tips, Tricks, and Techniques for Mature Women</td>
<td>J. Truszkowski</td>
<td>$10</td>
<td>XERS 821 C01</td>
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<tr>
<td>Fri. 9 - 10:50 a.m.</td>
<td>The Antietam Campaign</td>
<td>G. Wilson</td>
<td>$40</td>
<td>XHIST 659 C01</td>
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<tr>
<td>9 - 10:50 a.m.</td>
<td>Major Eastern World Religions</td>
<td>R. Hoffman</td>
<td>$60</td>
<td>XREL 902 C01</td>
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<tr>
<td>9 - 10:50 a.m.</td>
<td>Major Western World Religions</td>
<td>R. Hoffman</td>
<td>$60</td>
<td>XREL 903 C01</td>
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<tr>
<td>9 - 10:50 a.m.</td>
<td>Mindfulness for Health: Practical Tools for Living with Great Ease, Joy, and Balance</td>
<td>D. Lynd</td>
<td>$40</td>
<td>XFITN 735 C01</td>
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<tr>
<td>10 - 11:50 a.m.</td>
<td>American Sign Language Club</td>
<td>J. Milliren</td>
<td>$10</td>
<td>XCLB 106 C01</td>
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<tr>
<td>10 a.m. to 1 p.m.</td>
<td>Winter Soups (Class at HGTC Culinary Institute, Myrtle Beach)</td>
<td>HGTC Faculty</td>
<td>$90</td>
<td>XERS 804 C01</td>
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<tr>
<td>11 - 11:50 a.m.</td>
<td>Coffee with the Dean: Mike Roberts, Gupta College of Science</td>
<td>M. Roberts</td>
<td>$10+</td>
<td>XOLLI 701 C01</td>
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<tr>
<td>11 - 11:50 a.m.</td>
<td>Coffee with the Dean: Claudia Bornholdt, Edwards College of Humanities and Fine Arts</td>
<td>C. Bornholdt</td>
<td>$30</td>
<td>XOLLI 701 C02</td>
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<tr>
<td>11 - 11:50 a.m.</td>
<td>Coffee with the Dean: Barbara Ritter, E. Craig Wall College of Business Administration</td>
<td>B. Ritter</td>
<td>$30</td>
<td>XOLLI 701 C03</td>
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<tr>
<td>11 - 11:50 a.m.</td>
<td>Coffee with the Dean: Ed Jadallah, Spadoni College of</td>
<td>E. Jadallah</td>
<td>$10+</td>
<td>XOLLI 701 C04</td>
<td></td>
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<tr>
<td>11 - 11:50 a.m.</td>
<td>Coffee with the Dean: Sara Hottinger, HTC Honors College and Center for Interdisciplinary Studies</td>
<td>S. Hottinger</td>
<td>$10+</td>
<td>XOLLI 701 C05</td>
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</tbody>
</table>
### OLLI at a Glance

**SPRING 2020**

Visit coastal.edu/olli.

<table>
<thead>
<tr>
<th>Time</th>
<th>Course</th>
<th>Duration</th>
<th>Instructor</th>
<th>Fee</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>11 a.m. to 12:50 p.m.</td>
<td><strong>Understanding Medicare</strong></td>
<td>3 wks, 4/3-4/17</td>
<td>T. Stephens</td>
<td>OLLI</td>
<td>XSKIL 746 C01</td>
</tr>
<tr>
<td>11 a.m. to 12:50 p.m.</td>
<td><strong>The Art of Deep Listening</strong></td>
<td>1/24</td>
<td>B. Cardinal</td>
<td>$10</td>
<td>XHEAL 762 C01</td>
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<tr>
<td>11 a.m. to 12:50 p.m.</td>
<td><strong>The Art of Deep Listening Part II</strong></td>
<td>2/28</td>
<td>B. Cardinal</td>
<td>$10</td>
<td>XHEAL 762 C02</td>
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<tr>
<td>Noon to 1:50 p.m.</td>
<td><strong>Big Weather Events along the Grand Strand</strong></td>
<td>3/6</td>
<td>E. Piotrowski</td>
<td>$10</td>
<td>XNAT 800 C01</td>
</tr>
<tr>
<td>1 - 2:50 p.m.</td>
<td><strong>Mahjongg Club</strong></td>
<td>1/10, 1/24, 2/14, 2/28, 3/13, 3/27, 4/10, 4/24, 5/8</td>
<td>S. Hargis</td>
<td>$10</td>
<td>XCLB 717 C01</td>
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<tr>
<td>1 - 2:50 p.m.</td>
<td><strong>Depression: A Model for Healing and Returning to Life</strong></td>
<td>1/31</td>
<td>B. Cardinal</td>
<td>$10</td>
<td>XHEAL 607 C01</td>
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<tr>
<td>1 - 2:50 p.m.</td>
<td><strong>Easy Yoga Meditation</strong></td>
<td>4/3; 4/10</td>
<td>P. Kenion</td>
<td>$10</td>
<td>XFITN 708 C01</td>
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<tr>
<td>1 - 2:50 p.m.</td>
<td><strong>Behind the Scenes with OLLI</strong></td>
<td>1/31</td>
<td>C. Osborne</td>
<td>OLLI</td>
<td>XOLLI 600 C01</td>
</tr>
<tr>
<td>1:30 - 2:50 p.m.</td>
<td><strong>War and Society: French Indochina</strong></td>
<td>1/24</td>
<td>P. Whalen</td>
<td>OLLI</td>
<td>XGOVT 301 C01</td>
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<tr>
<td>1:30 - 2:50 p.m.</td>
<td><strong>War and Society: Vietnam: Military Affairs and Public</strong></td>
<td>2/7</td>
<td>J. Navin</td>
<td>OLLI</td>
<td>XGOVT 301 C02</td>
</tr>
<tr>
<td>1:30 - 2:50 p.m.</td>
<td><strong>War and Society: Vietnam in a Regional Context</strong></td>
<td>2/21</td>
<td>B. Palmer</td>
<td>OLLI</td>
<td>XGOVT 301 C03</td>
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<tr>
<td>1:30 - 2:50 p.m.</td>
<td><strong>War and Society: Memory and the Vietnam War</strong></td>
<td>3/6</td>
<td>T. Castillo</td>
<td>OLLI</td>
<td>XGOVT 301 C04</td>
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<tr>
<td>2 - 2:50 p.m.</td>
<td><strong>Easy Movin’ and Groovin’</strong></td>
<td>4 wks, 1/24-2/14; 4 wks, 2/21-3/13; 3 wks, 3/27-4/10</td>
<td>E. Jampole</td>
<td>$20</td>
<td>XMUSC 715 C01</td>
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<td>XMUSC 715 C03</td>
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<td>2 - 3:50 p.m.</td>
<td><strong>Felted Soap Workshop</strong></td>
<td>2/7</td>
<td>L. Williams</td>
<td>$10</td>
<td>XART 283 C01</td>
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<tr>
<td>3 - 4:50 p.m.</td>
<td><strong>Spanish Club</strong></td>
<td>1/24, 2/28, 3/27, 4/24, 5/22</td>
<td>L. Greene</td>
<td>$10</td>
<td>XCLB 300 C01</td>
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<tr>
<td>6 - 9 p.m.</td>
<td><strong>Tapas (Class at HGTC Culinary Institute, Myrtle Beach)</strong></td>
<td>2/7</td>
<td>HGTC Faculty</td>
<td>$90</td>
<td>XPERS 804 C02</td>
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<tr>
<th>Time</th>
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<th>Duration</th>
<th>Instructor</th>
<th>Fee</th>
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<tbody>
<tr>
<td>9 a.m. to Noon</td>
<td><strong>Cuisines of Asia (Class at HGTC Culinary Institute, Myrtle Beach)</strong></td>
<td>3/21</td>
<td>HGTC Faculty</td>
<td>$90</td>
<td>XPERS 804 C03</td>
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<tr>
<td>9 a.m. to Noon</td>
<td><strong>Greek Cuisine (Class at HGTC Culinary Institute, Myrtle Beach)</strong></td>
<td>4/18</td>
<td>HGTC Faculty</td>
<td>$90</td>
<td>XPERS 804 C04</td>
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<tr>
<td>10 - 11:50 a.m.</td>
<td><strong>Great Decisions: Red Sea Security</strong></td>
<td>2/1</td>
<td>D. Shinn</td>
<td>$10</td>
<td>XGOVT 300 C01</td>
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<tr>
<td>10 - 11:50 a.m.</td>
<td><strong>Great Decisions: India and Pakistan</strong></td>
<td>2/8</td>
<td>E. Threlkeld</td>
<td>$10</td>
<td>XGOVT 300 C02</td>
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<tr>
<td>10 - 11:50 a.m.</td>
<td><strong>Great Decisions: Modern Slavery and Human Trafficking</strong></td>
<td>2/15</td>
<td>E. Daadaa</td>
<td>$10</td>
<td>XGOVT 300 C03</td>
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<tr>
<td>10 - 11:50 a.m.</td>
<td><strong>Great Decisions: Artificial Intelligence and Data</strong></td>
<td>2/22</td>
<td>P. Cezak</td>
<td>$10</td>
<td>XGOVT 300 C04</td>
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<tr>
<td>10 - 11:50 a.m.</td>
<td><strong>Climate Change Series</strong></td>
<td>2/29</td>
<td>J. McCauley</td>
<td>$5</td>
<td>XSCI 800 C01</td>
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<tr>
<td>10 - 11:50 a.m.</td>
<td><strong>Climate Change Series</strong></td>
<td>3/7</td>
<td>P. Gayes</td>
<td>$5</td>
<td>XSCI 800 C02</td>
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<td>10 - 11:50 a.m.</td>
<td><strong>Climate Change Series</strong></td>
<td>3/14</td>
<td>T. Mullikin</td>
<td>$5</td>
<td>XSCI 800 C03</td>
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<td>10 - 11:50 a.m.</td>
<td><strong>Climate Change Series</strong></td>
<td>3/21</td>
<td>Z. Shen</td>
<td>$5</td>
<td>XSCI 800 C04</td>
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<tr>
<td>10 - 11:50 a.m.</td>
<td><strong>Climate Change Series (on main campus)</strong></td>
<td>3/28</td>
<td>J. Oxley</td>
<td>OLLI</td>
<td>XSCI 800 C05</td>
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<tr>
<td>DAY</td>
<td>TIME</td>
<td>COURSE TITLE</td>
<td>DATES</td>
<td>INSTRUCTOR</td>
<td>FEE</td>
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<tr>
<td>Mon.</td>
<td>9 - 11:50 a.m.</td>
<td>Basic Realism in Oil and Acrylics</td>
<td>6 wks, 1/27-3/2; 6 wks, 3/9-4/13; 5 wks, 4/20-5/18</td>
<td>J. Sturm</td>
<td>$90+</td>
</tr>
<tr>
<td></td>
<td>9 - 11:50 a.m.</td>
<td>Basket Weaving (materials fee $50 paid to instructor). Class held at the Georgetown Education Center</td>
<td>4 wks, 4/6-4/27</td>
<td>B. McCormick</td>
<td>$60+</td>
</tr>
<tr>
<td></td>
<td>9 - 11:50 a.m.</td>
<td>Spanish for Travelers (required book “Easy Spanish Step By Step” by Barbara Bregstein)</td>
<td>8 wks, 1/27-3/16; 8 wks, 3/23-5/11</td>
<td>L. Greene</td>
<td>$120+</td>
</tr>
<tr>
<td></td>
<td>9 - 11:50 a.m.</td>
<td>Basket Weaving (materials fee $50 paid to instructor). Class held at the Georgetown Education Center</td>
<td>4 wks, 4/6-4/27</td>
<td>B. McCormick</td>
<td>$60+</td>
</tr>
<tr>
<td></td>
<td>9 - 11:50 a.m.</td>
<td>Spanish for Travelers (required book “Easy Spanish Step By Step” by Barbara Bregstein)</td>
<td>8 wks, 1/27-3/16; 8 wks, 3/23-5/11</td>
<td>L. Greene</td>
<td>$120+</td>
</tr>
<tr>
<td></td>
<td>9 - 11:50 a.m.</td>
<td>Contemporary Book Club</td>
<td>1/27, 2/24, 3/23, 4/27, 5/18</td>
<td>M. Fister</td>
<td>$10</td>
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<tr>
<td></td>
<td>11 - 11:50 a.m.</td>
<td>Yoga: Physical and Philosophy</td>
<td>M/W, 6 wks, 1/27-3/4; M/W, 6 wks, 3/9-4/15</td>
<td>M. Loucks</td>
<td>$60+</td>
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<tr>
<td></td>
<td>11 a.m. to 12:50 p.m.</td>
<td>Classic Grape Vine Wreath Workshop</td>
<td>3/30</td>
<td>M. Van Loan</td>
<td>$10+</td>
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<tr>
<td></td>
<td>1 - 1:50 p.m.</td>
<td>Zumba Gold Fiesta</td>
<td>8 wks, 1/27-3/16; 8 wks, 3/23-5/11</td>
<td>L. Greene</td>
<td>$40</td>
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<tr>
<td></td>
<td>1 - 2:50 p.m.</td>
<td>Gems of the Ocean</td>
<td>3/2</td>
<td>S. Whittick</td>
<td>$10</td>
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<tr>
<td></td>
<td>1 - 2:50 p.m.</td>
<td>Discover Needle Felting (materials fee $7 paid to instructor)</td>
<td>3/16</td>
<td>S. Whittick</td>
<td>$10+</td>
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<tr>
<td></td>
<td>1 - 2:50 p.m.</td>
<td>Line Dancing for the Non-Dancer</td>
<td>4 wks, 1/27-2/17; 4 wks, 3/9-3/30</td>
<td>J. Aprea</td>
<td>$40</td>
</tr>
<tr>
<td></td>
<td>1 - 3:50 p.m.</td>
<td>Basic Realism in Oil and Acrylics</td>
<td>6 wks, 1/27-3/2; 6 wks, 3/9-4/13; 5 wks, 4/20-5/18</td>
<td>J. Sturm</td>
<td>$90+</td>
</tr>
<tr>
<td></td>
<td>2 - 4:50 p.m.</td>
<td>Mosaic - Stained Glass (materials fee $50 paid to instructor)</td>
<td>M/T/W/TH/F, 3/2-3/6</td>
<td>S. Esquibel</td>
<td>$75+</td>
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<tr>
<td></td>
<td>2 - 4:50 p.m.</td>
<td>Visual Journals - Your Everything Book!</td>
<td>M/W/F 3/2-3/6</td>
<td>B. Steele</td>
<td>$45+</td>
</tr>
<tr>
<td></td>
<td>3 - 4:50 p.m.</td>
<td>Behind the Scenes with OLLI</td>
<td>1/27</td>
<td>C. Osborne</td>
<td>OLLI</td>
</tr>
<tr>
<td></td>
<td>9 - 11:50 a.m.</td>
<td>America Between the Wars</td>
<td>T/TH, 1/21-5/14</td>
<td>M. Scott</td>
<td>$20</td>
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<td></td>
<td>9 - 11:50 a.m.</td>
<td>Discovery Art Group</td>
<td>8 wks, 1/21-3/10</td>
<td>B. Poirier</td>
<td>$80</td>
</tr>
<tr>
<td></td>
<td>9 - 11:50 a.m.</td>
<td>Stained Glass Art for Beginners/Intermediate Levels (materials fee depends on your project, plus $3 to help cover the cost of grinder heads, etc, paid to the instructor)</td>
<td>8 wks, 1/21-3/10; 8 wks, 3/17-5/5</td>
<td>S. Knost</td>
<td>$120+</td>
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<tr>
<td></td>
<td>10 - 11:50 a.m.</td>
<td>Gardening in the South</td>
<td>1/7, 2/18, 3/3, 4/7, 5/5</td>
<td>A. Lampley</td>
<td>$10</td>
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<tr>
<td></td>
<td>10 - 11:50 a.m.</td>
<td>Mahjongg Club</td>
<td>1/21-3/31</td>
<td>C. Meldrom</td>
<td>$10</td>
</tr>
<tr>
<td></td>
<td>10 - 11:50 a.m.</td>
<td>Iran from Persepolis to Islamic Republic</td>
<td>4 wks, 1/21-2/11</td>
<td>S. Baalbaki</td>
<td>$40</td>
</tr>
<tr>
<td></td>
<td>10 - 11:50 a.m.</td>
<td>Israel from Ben Gurion to Natanyahu</td>
<td>3 wks, 2/18-3/3</td>
<td>S. Baalbaki</td>
<td>$30</td>
</tr>
<tr>
<td></td>
<td>10 - 11:50 a.m.</td>
<td>Conspiracy Theories</td>
<td>3 wks, 3/17-3/31</td>
<td>S. Baalbaki</td>
<td>$30</td>
</tr>
<tr>
<td></td>
<td>10 - 11:50 a.m.</td>
<td>Turkey from Ataturk to Erdogan</td>
<td>2 wks, 4/14-4/28, class 4/21</td>
<td>S. Baalbaki</td>
<td>$30</td>
</tr>
<tr>
<td></td>
<td>11 a.m. to 12:50 p.m.</td>
<td>Were They Really the Happy Days?</td>
<td>8 wks, 1/21-3/10</td>
<td>B. Poirier</td>
<td>$80</td>
</tr>
<tr>
<td></td>
<td>11 a.m. to 12:50 p.m.</td>
<td>Yoga: Physical and Philosophy</td>
<td>6 wks, 4/14-5/19</td>
<td>M. Loucks</td>
<td>$60+</td>
</tr>
<tr>
<td></td>
<td>1 - 2:50 p.m.</td>
<td>Your Best Financial Life</td>
<td>3 wks, 3/10-3/24</td>
<td>T. Brown</td>
<td>$30</td>
</tr>
<tr>
<td></td>
<td>1 - 3:50 p.m.</td>
<td>Acrylic Painting</td>
<td>8 wks, 1/21-3/10; 8 wks, 3/17-5/5</td>
<td>B. Slice</td>
<td>$120+</td>
</tr>
<tr>
<td></td>
<td>1 - 3:50 p.m.</td>
<td>Stained Glass Art for Intermediate/Advanced Levels (materials fee depends on your project, plus $3 to help cover the cost of grinder heads, etc, paid to the instructor)</td>
<td>8 wks, 1/21-3/10; 8 wks, 3/17-5/5</td>
<td>S. Knost</td>
<td>$120+</td>
</tr>
</tbody>
</table>

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OLLI-at-a-GLANCE ~

SPRING 2020
<table>
<thead>
<tr>
<th>Time</th>
<th>Course</th>
<th>Days</th>
<th>Instructor/Instructor Details</th>
<th>Fee</th>
<th>Course Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 - 4:50 p.m.</td>
<td>Weaving a Seaside Basket (materials fee $7 paid to instructor)</td>
<td>3/10</td>
<td>S. Whittick</td>
<td>$20+</td>
<td>XART 128 L01</td>
</tr>
<tr>
<td>2 - 4:50 p.m.</td>
<td>Connecting Possibilities!</td>
<td>T/TH, 3/3-3/5</td>
<td>B. Steele</td>
<td>$30+</td>
<td>XART 279 L01</td>
</tr>
<tr>
<td>3 - 3:50 p.m.</td>
<td>History and Legends of Murrells Inlet</td>
<td>4 wks, 1/21-2/11</td>
<td>C. Vernon</td>
<td>$20</td>
<td>XHIST 443 L01</td>
</tr>
<tr>
<td>3 - 4:50 p.m.</td>
<td>British Social History: 1919-1939</td>
<td>6 wks, 1/21-2/25</td>
<td>C. Wilburn</td>
<td>$60</td>
<td>XHIST 546 L01</td>
</tr>
<tr>
<td>3 - 4:50 p.m.</td>
<td>The Wonderous World’s Fairs of North America</td>
<td>6 wks, 3/3-4/7</td>
<td>C. Wilburn</td>
<td>$60</td>
<td>XHIST 577 L01</td>
</tr>
<tr>
<td>3 - 4:50 p.m.</td>
<td>A Baseball Celebration: 1940s and 1950s</td>
<td>4 wks, 4/14-5/5</td>
<td>C. Wilburn</td>
<td>$40</td>
<td>XHIST 578 L01</td>
</tr>
<tr>
<td>4 - 6:50 p.m.</td>
<td>Sweetgrass Basket Weaving for Beginners (materials fee $50 paid to instructor)</td>
<td>4 wks, 2/18-3/10</td>
<td>G. Wright</td>
<td>$60+</td>
<td>XART 267 L01</td>
</tr>
<tr>
<td>5:30 - 6:20 p.m.</td>
<td>Investor Education Club</td>
<td>2/25, 3/24, 4/28, 5/26</td>
<td>R. Unger</td>
<td>$10</td>
<td>XCLB 701 L01</td>
</tr>
<tr>
<td>6 - 7:50 p.m.</td>
<td>Makeup and Skincare Tips, Tricks, and Techniques for Mature Women</td>
<td>2/11</td>
<td>J. Truszkowski</td>
<td>$10</td>
<td>XPERS 821 L01</td>
</tr>
<tr>
<td>Wed. 9 - 10:50 a.m.</td>
<td>Write for Fun and Profit! (materials fee $30 paid to instructor)</td>
<td>6 wks, 3/4-4/8</td>
<td>L. Waterman</td>
<td>$60+</td>
<td>XWRIT 555 L01</td>
</tr>
<tr>
<td>9 - 11:50 a.m.</td>
<td>Sweetgrass 101: The Basics of Sweetgrass Basket Weaving (material fee $50 paid to instructor)</td>
<td>4 wks, 1/22-2/12; 4 wks, 4/3-4/25; 4 wks, 4/14-4/22</td>
<td>B. McCormick</td>
<td>$60+</td>
<td>XART 123 L01</td>
</tr>
<tr>
<td>9 - 11:50 a.m.</td>
<td>Stained Glass Art: Beginners/Intermediate Levels (material fee depends on your project, plus $3 to help cover the cost of grinder heads, etc., paid to instructor)</td>
<td>8 wks, 1/22-3/11; 8 wks 3/18-5/6</td>
<td>K. Welde</td>
<td>$120+</td>
<td>XART 122 L05</td>
</tr>
<tr>
<td>10 - 11:50 a.m.</td>
<td>Overview of Collette and Premier World Discovery Tours</td>
<td>2/12</td>
<td>L. Driggers/C. Karns</td>
<td>OLLI</td>
<td>XOLLI 602 L01</td>
</tr>
<tr>
<td>10 - 11:50 a.m.</td>
<td>Current Events Club - The World</td>
<td>1/8, 2/12, 3/11, 4/8, 5/13, 6/10</td>
<td>B. Poirier</td>
<td>$10</td>
<td>XCLB 401 L01</td>
</tr>
<tr>
<td>Noon to 1:50 p.m.</td>
<td>Moses Couldn’t Have Said That Spring Panel Presentations: Local Conversations on Immigration and Migrant Experience</td>
<td>6 wks, 1/22-2/26</td>
<td>C. Miller</td>
<td>$60</td>
<td>XREL 904 L01</td>
</tr>
<tr>
<td>11 a.m. to 12:50 p.m.</td>
<td>Algebra for Parents and Grandparents</td>
<td>6 wks, 3/4-4/8</td>
<td>P. Moyer/D. Richards</td>
<td>$30</td>
<td>XSKIL 747 L01</td>
</tr>
<tr>
<td>1 - 1:50 p.m.</td>
<td>Save, Organize, Share, and Enjoy Your Digital Photos</td>
<td>4 wks, 2/19-3/11</td>
<td>N. Launi</td>
<td>$20</td>
<td>XCTEC 103 L01</td>
</tr>
<tr>
<td>1 - 3:50 p.m.</td>
<td>Stained Glass Art: Intermediate/Advanced Levels (material fee depends on your project, plus $3 to help cover the cost of grinder heads, etc., paid to instructor)</td>
<td>8 wks, 1/22-3/11; 8 wks 3/18-5/6</td>
<td>K. Welde</td>
<td>$120+</td>
<td>XART 122 L07</td>
</tr>
<tr>
<td>Thurs. 9 - 10:50 a.m.</td>
<td>Slavery and the Union 1776-1861</td>
<td>8 wks, 1/23-3/12</td>
<td>B. Poirier</td>
<td>$80</td>
<td>XHIST 641 L01</td>
</tr>
<tr>
<td>9 - 10:50 a.m.</td>
<td>Fiber Arts Club</td>
<td>1/23-5/7</td>
<td>D. Dunnington</td>
<td>$10</td>
<td>XCLB 104 L01</td>
</tr>
<tr>
<td>9 - 11:50 a.m.</td>
<td>Watercolor Painting</td>
<td>8 wks, 1/23-3/12</td>
<td>B. Slice</td>
<td>$120+</td>
<td>XART 126 L01</td>
</tr>
<tr>
<td>11 a.m. to 12:50 p.m.</td>
<td>Geography: Oceania and Antarctica</td>
<td>8 wks, 3/19-5/7</td>
<td>R. D’Arienzo</td>
<td>$40</td>
<td>XHIST 642 L01</td>
</tr>
<tr>
<td>11 a.m. to 12:50 p.m.</td>
<td>Geography: Asia</td>
<td>4 wks, 1/23-2/13</td>
<td>R. D’Arienzo</td>
<td>$40</td>
<td>XHIST 643 L01</td>
</tr>
<tr>
<td>11 a.m. to 12:50 p.m.</td>
<td>From Jim Crow to the Civil Rights Act</td>
<td>8 wks, 1/23-3/12</td>
<td>B. Poirier</td>
<td>$80</td>
<td>XHIST 644 L01</td>
</tr>
<tr>
<td>11 a.m. to 12:50 p.m.</td>
<td>Understanding Medicare</td>
<td>3 wks, 4/2-4/16</td>
<td>T. Stephens/O.L.P.</td>
<td>$80</td>
<td>XSKIL 746 L01</td>
</tr>
<tr>
<td>1 - 1:50 p.m.</td>
<td>The Bathroom is Spotless . . . The House Burned Down</td>
<td>4/9</td>
<td>TBA</td>
<td>$10</td>
<td>XGOVT 301 L02</td>
</tr>
<tr>
<td>1 - 1:50 p.m.</td>
<td>From Log to Bowl: Turning Wooden Bowls</td>
<td>1/30</td>
<td>M. Nugent</td>
<td>OLLI</td>
<td>XPERS 822 L01</td>
</tr>
<tr>
<td>1 - 1:50 p.m.</td>
<td>From Log to Bowl: Turning Wooden Bowls</td>
<td>2/6</td>
<td>P. Moyer</td>
<td>$5</td>
<td>XART 280 L01</td>
</tr>
<tr>
<td>Time</td>
<td>Activity</td>
<td>Instructor(s)</td>
<td>Charge</td>
<td>Course Code</td>
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<tr>
<td>1 - 2:50 p.m.</td>
<td>Healthy Body, Healthy Mind, Vibrant Health! (materials fee $15 paid to instructor)</td>
<td>D. Trent</td>
<td>$40+</td>
<td>XHEAL 701 L01</td>
<td></td>
</tr>
<tr>
<td>1 - 2:50 p.m.</td>
<td>Writers’ Club</td>
<td>A. McKay</td>
<td>$10</td>
<td>XCLB 539 L01</td>
<td></td>
</tr>
<tr>
<td>1 - 3:50 p.m.</td>
<td>Alcohol Ink Scarf Painting (material fee $30 paid to instructor)</td>
<td>S. Mole</td>
<td>$15+</td>
<td>XART 264 L01</td>
<td></td>
</tr>
<tr>
<td>1 - 3:50 p.m.</td>
<td>Intermediate Alcohol Ink and Ink with Resin (materials fee $30 paid to instructor)</td>
<td>S. Mole</td>
<td>$30+</td>
<td>XART 271 L01</td>
<td></td>
</tr>
<tr>
<td>1 - 3:50 p.m.</td>
<td>Beginning Encaustic Painting (materials fee $30 paid to instructor)</td>
<td>S. Mole</td>
<td>$30+</td>
<td>XART 281 L01</td>
<td></td>
</tr>
<tr>
<td>1 - 3:50 p.m.</td>
<td>Fused Glass Valentine’s Wind Chime (materials fee $45 paid to instructor)</td>
<td>S. Mole</td>
<td>$30+</td>
<td>XART 282 L01</td>
<td></td>
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<tr>
<td>1 - 3:50 p.m.</td>
<td>Outdoor Fused Glass Spring Flowers! (material fee $50 paid to instructor)</td>
<td>S. Mole</td>
<td>$30+</td>
<td>XART 283 L01</td>
<td></td>
</tr>
<tr>
<td>2 - 3:50 p.m.</td>
<td>Classic Book Club</td>
<td>J. Adams</td>
<td>$10</td>
<td>XCLB 512 L02</td>
<td></td>
</tr>
<tr>
<td>3 - 4:50 p.m.</td>
<td>Shakespeare and Immigration</td>
<td>T. Pillai</td>
<td>$60</td>
<td>XLITR 516 L01</td>
<td></td>
</tr>
<tr>
<td>3 - 4:50 p.m.</td>
<td>Jewelry Making Beyond Basics (materials fee $120 paid to instructor)</td>
<td>C. Hatch</td>
<td>$60+</td>
<td>XART 186 L01</td>
<td></td>
</tr>
<tr>
<td>Fri. 9 - 10:50 a.m.</td>
<td>South Asia-Diversity or Division?</td>
<td>K. Fair</td>
<td>$60</td>
<td>XHIST 645 L01</td>
<td></td>
</tr>
<tr>
<td>9 - 11:50 a.m.</td>
<td>Sweetgrass Basket Weaving for Beginners (materials fee $50 paid to instructor). Class held at the Georgetown Education Center.</td>
<td>G. Wright</td>
<td>$60+</td>
<td>XART 267 G01</td>
<td></td>
</tr>
<tr>
<td>9 - 11:50 a.m.</td>
<td>Using Google for Genealogical Research</td>
<td>G. Reynolds</td>
<td>$75</td>
<td>XSKIL 706 L01</td>
<td></td>
</tr>
<tr>
<td>9 - 11:50 a.m.</td>
<td>Colored Pencil Painting Club</td>
<td>E. Reynolds</td>
<td>$5</td>
<td>XERS 795 L01</td>
<td></td>
</tr>
<tr>
<td>9 a.m. to 2 p.m.</td>
<td>AARP Driver Safety Program (materials fee $15 for AARP members and $20 for non-AARP members paid to instructor)</td>
<td>R. Edwards</td>
<td>OLLI+</td>
<td>XSKIL 766 L01</td>
<td></td>
</tr>
<tr>
<td>10 - 11:50 a.m.</td>
<td>Felted Soap Workshop (materials fee $15 paid to instructor)</td>
<td>L. Williams</td>
<td>$10</td>
<td>XART 283 L01</td>
<td></td>
</tr>
<tr>
<td>11 - 11:50 a.m.</td>
<td>Free Yourself from Clutter!</td>
<td>B. Tringali</td>
<td>$5</td>
<td>XFINC 710 L01</td>
<td></td>
</tr>
<tr>
<td>11 - 11:50 a.m.</td>
<td>Identity Theft and Fraud: What You Need to Know to Help Protect Yourself</td>
<td>E. Tyler</td>
<td>$5</td>
<td>XFINC 710 L01</td>
<td></td>
</tr>
<tr>
<td>11 - 11:50 a.m.</td>
<td>Italian for Beginners (required book “Italian in 10 Minutes a Day” by Kristine K. Kershal and “Learn Italian the Fast and Fun Way” by Marcel Danesi.)</td>
<td>J. Fronterio</td>
<td>$40+</td>
<td>XITAL 316 L01</td>
<td></td>
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<tr>
<td>11 a.m. to 12:50 p.m.</td>
<td>The Art of Deep Listening Part I</td>
<td>B. Cardinal</td>
<td>$10</td>
<td>XHEAL 762 L01</td>
<td></td>
</tr>
<tr>
<td>11 a.m. to 12:50 p.m.</td>
<td>The Art of Deep Listening Part II</td>
<td>B. Cardinal</td>
<td>$10</td>
<td>XHEAL 762 L02</td>
<td></td>
</tr>
<tr>
<td>11 a.m. to 12:50 p.m.</td>
<td>The Crisis at the Border</td>
<td>L. Gates</td>
<td>$10</td>
<td>XGOVT 497 L01</td>
<td></td>
</tr>
<tr>
<td>11 a.m. to 12:50 p.m.</td>
<td>Socialism from Karl Marx to Bernie Sanders</td>
<td>L. Gates</td>
<td>$10</td>
<td>XGOVT 498 L01</td>
<td></td>
</tr>
<tr>
<td>11 a.m. to 12:50 p.m.</td>
<td>9/11: Can We Believe the Official Story?</td>
<td>L. Gates</td>
<td>$10</td>
<td>XGOVT 499 L01</td>
<td></td>
</tr>
<tr>
<td>11 a.m. to 12:50 p.m.</td>
<td>Georgetown Lunch Bunch Club</td>
<td>V. Berry</td>
<td>$5</td>
<td>XCLB 103 G01</td>
<td></td>
</tr>
<tr>
<td>11:30 a.m. to 1 p.m.</td>
<td>Make and Take Essential Oil Class (materials fee $5 for each rollerball paid to instructor)</td>
<td>D. Boyle</td>
<td>$10+</td>
<td>XHEAL 709 L01</td>
<td></td>
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<tr>
<td>1 - 2:50 p.m.</td>
<td>Emotional Support with Essential Oils Make and Take</td>
<td>D. Boyle</td>
<td>$10</td>
<td>XHEAL 764 L01</td>
<td></td>
</tr>
<tr>
<td>2 - 3:50 p.m.</td>
<td>Major Eastern World Religions</td>
<td>R. Hoffman</td>
<td>$60</td>
<td>XREL 902 L01</td>
<td></td>
</tr>
<tr>
<td>2 - 3:50 p.m.</td>
<td>Major Western World Religions</td>
<td>R. Hoffman</td>
<td>$60</td>
<td>XREL 903 L01</td>
<td></td>
</tr>
<tr>
<td>3 - 3:50 p.m.</td>
<td>So You Want to Teach for OLLI?</td>
<td>C. Osborne</td>
<td>OLLI</td>
<td>XOLLI 601 L01</td>
<td></td>
</tr>
<tr>
<td>Sat. 10 a.m. to 1 p.m.</td>
<td>Pottery (classes at the Myrtle Beach Art Museum)</td>
<td>MBA instructor</td>
<td>$245</td>
<td>XART 284 L01</td>
<td></td>
</tr>
<tr>
<td>9 a.m. to 1 p.m.</td>
<td>OLLI Arts and Crafts Show - Non OLLI Member Outside Vendor Table</td>
<td>N/A</td>
<td>$25</td>
<td>XOLLI 875 L01</td>
<td></td>
</tr>
<tr>
<td>9 a.m. to 1 p.m.</td>
<td>OLLI Arts and Crafts Show - OLLI Member Vendor Table</td>
<td>N/A</td>
<td>$20</td>
<td>XOLLI 875 L02</td>
<td></td>
</tr>
</tbody>
</table>
REGISTRATION

If you have made it to this point in the OLLI catalog, we are certain that you have found many classes, clubs, and excursions that pique your interest. Our advice is to spend a bit of time planning your semester before you call, go online, or come in to register. Using a spare calendar, pencil in the classes and the trips that interest you, consulting the dates and times on OLLI-at-a-Glance to make certain your choices do not overlap. Once you have determined the classes, clubs, and excursions you wish to register for, fill out the form on the opposite page with the course title, number, and fee. Even if you have been a long-standing member of OLLI, we ask that you fill out the personal information at the top of the form as well. We want our records to be accurate so that we can better serve you. Once you have completed the form (and added additional pages if necessary), you can meet in person with a friendly administrative specialist in our centers, call us at 843-349-5002 or 843-349-6584, or go online to our website (coastal.edu/olli) to register. If you register online or by phone and thus use a credit card for payment, there will be a 2.7 percent service fee, per University policy. If you pay by check through mailing in your registration form or bringing it to the center, make your payment to OLLI@CCU.

COMMUNICATION

We at OLLI@CCU strive to keep our students well informed about new opportunities that arise, changes in the schedule and other matters that affect your experience of learning for a lifetime. Our website is the best location for more detailed information about the courses you take, your instructors, the staff, the board, our partners, and the benefits of membership. You can access it at coastal.edu/olli. The website also includes materials lists, maps to our centers, a volunteer handbook and application if you would like to become more involved with OLLI and archives of our newsletters. We send out OLLI newsletters twice a month, so make sure that you are on our email list so that you know what OLLI@CCU has to offer. You can also learn more about OLLI instructors, members, and staff through our spotlight features.

The best way to know what’s going on in OLLI@CCU is to VOLUNTEER! Ask us how you can help.

BRING A FRIEND TO OLLI

If you have visitors from out of town, or if you have a friend who is reluctant to join OLLI, you are welcome to bring them with you to one class or on one excursion. To sample a class (maximum two hours), they pay $10 and any applicable material fees. To accompany an excursion, they pay $10 plus the excursion fee. Friend passes may only be used once. If your friends like OLLI, then they must join to attend any more classes or excursions.

WHY WE ARE THANKFUL TO BE CONNECTED WITH COASTAL CAROLINA UNIVERSITY

• CCU has supported lifelong learning since 1987 and has included lifelong learning in its mission statement.
• CCU provides more financial support for OLLI than any other university in the Carolinas.
• CCU generously supports a full staff and leases three buildings for our program.
• CCU renovated and painted the Burroughs & Chapin building in Conway and has leased additional space and will renovate it this semester at our center in Litchfield.
• CCU offers OLLI students free parking permits; students at other OLLIs have to pay as much as $15 a day to park!
• CCU faculty regularly teach and lecture for OLLI@CCU, many donating their time on top of full schedules of teaching and research.
• CCU students are talented and accomplished, and we have planned more collaborations and interactions with them now that we have our main center on CCU’s campus.
• Chauncey is adorable (as chickens go).
• We love the history of CCU, from its origins in the community, to its declaration of independence in 1993, to the current growth it is experiencing in all realms of academics and athletics.
• We love wearing teal on Tuesdays!
Membership and Course Registration

[ ] New OLLI student  [ ] Returning OLLI student

How did you hear about us? __________________________________________________________________________________

[ ] YES, I WOULD LIKE TO BE A VOLUNTEER! Please contact me about volunteer opportunities!
[ ] I am a veteran.

Last name_________________________ First name_______________________________ MI___ OLLI Student ID ____________

Permanent mailing address ___________________________________________________________________________________

City ____________________________________________State ____________ ZIP ______________________________________

Subdivision community/neighborhood name: _____________________________________ Birth date _____________________

Phone number (at least one number is required): Local __________________________ Cell ______________

Email (required if you have one)_________________________________________________________________________________

Emergency contact information

Name ____________________________________________________________________________________________________

Phone (at least one number is required): Local phone ______________________________ Cell  __________________________

<table>
<thead>
<tr>
<th>Term</th>
<th>Course Title</th>
<th>Course Number</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>20/XSP</td>
<td>Early Bird OLLI Membership for Spring (Dec. 16-20) OR</td>
<td>XOLLI 990 X01</td>
<td>$25</td>
</tr>
<tr>
<td>20/XSP</td>
<td>OLLI Membership Fee for Spring</td>
<td>XOLLI 999 X01</td>
<td>$30</td>
</tr>
</tbody>
</table>

PAYMENT OPTIONS

CHECK - Make payable to OLLI@CCU Check No.______________.
(To mail registration and payment – Office of Academic and Community Outreach-OLLI, Coastal Carolina University, P.O. Box 261954, Conway, SC 29528-6054.)

A service fee of 2.7 percent will be applied by official payments on all credit card and debit card payments.

CREDIT CARD (circle one): VISA MASTERCARD DISCOVER AMEX

Card No._____________________________________ Exp. date____________ Security code __________

Cardholder’s name (please print) ___________________________________________________________

Signature_____________________________________________________ Date _____________________

Osher Lifelong Learning Institute donations will be a separate payment from either the OLLI@CCU membership fee or course fees and payable to Coastal Educational Foundation-OLLI.

By becoming a member of OLLI@CCU, you are agreeing to the terms on the reverse side of this form. If you object to any of these releases or agreements, please see a staff member before you register for classes.
MEMBERSHIP INFORMATION AUTHORIZATION AND RELEASE
OLLI@CCU shares class rosters with the class instructor, indicating each student’s name, phone, and email, as compiled from the OLLI@CCU membership database. Instructors, trip leaders, and drivers will use this roster to communicate with the members of their class. The roster will not be used for solicitation purposes or any purpose unrelated to the class. If you feel an instructor has used your information for solicitation purposes or any purpose not related to the class, please notify an OLLI@CCU staff member immediately. By becoming a member of OLLI@CCU, you automatically grant OLLI@CCU permission to distribute this information to your class instructor and/or excursion leader or driver.

PHOTO AND PRINT AUTHORIZATION AND RELEASE
OLLI@CCU may release from time to time a variety of informational and promotional materials, in print or electronic format. By becoming a member of OLLI@CCU, you grant OLLI@CCU nonexclusive permission to reproduce, in whole or in part, for education, information, or promotional purposes, your picture or image, or any article you may write for OLLI@CCU in any printed or electronic publication or University form.

WAIVER OF INSTITUTIONAL LIABILITY FOR OLLI@CCU ACTIVITIES OR TRIPS
By registering for any OLLI@CCU class, activity or trip, OLLI@CCU members acknowledge that they have read, understand and agree to the following waiver terms:

1. Neither Coastal Carolina University, OLLI@CCU, their officers, agents nor employees represent or act as agents for trip organizers or for transportation carriers, hotels, and other suppliers of services associated with activities or trips nor do activity or trip organizers act on behalf of Coastal Carolina University.
2. Neither Coastal Carolina University, OLLI@CCU, their officers, agents nor employees are responsible or liable for any injury, damage, loss, accident, delay, claim, or other cause of action that arises out of the trips organized or provided to OLLI@CCU participants by a third party.
3. Neither Coastal Carolina University, OLLI@CCU, their officers, agents nor employees are responsible or liable for any losses, damages, claims or expenses due to sickness, weather, strikes, hostilities, wars, natural disasters, or other such causes; or for any disruption of travel arrangements or any consequential additional expenses that arise from trips organized or provided to OLLI@CCU participants by a third party.

LEVEL OF PHYSICAL ACTIVITY FOR TRIPS OR ACTIVITY COURSES
OLLI staff will indicate the level of physical activity for any excursion so that OLLI@CCU participants may judge the suitability of the trip or activity. The ratings are:

1. **Easy** – minimal level of physical activity, minimal walking and limited stairs or standing.
2. **Moderate** – walk up to a mile a day and/or stand for an hour or less
3. **Active** – walk as much as two miles a day, stand for more than an hour, or climb some stairs
4. **Moderately Challenging** – spend most of your day walking, sometimes over uneven terrain or climbing stairs, and/or standing for extended periods
5. **Challenging** – These are demanding programs, for seasoned outdoor enthusiasts and/or extremely active adults.

Coastal Carolina University (CCU) does not discriminate on the basis of race, color, religion, sex, sexual orientation, gender identity, gender expression, national origin, age, genetic information, mental or physical disability, or status as a disabled or Vietnam-era veteran in its admissions policies, programs, activities or employment practices. For more information relating to discrimination, please contact the CCU Title IX Coordinator/EEO Investigator, Coastal Carolina University, Kearns Hall 104B, Conway, SC; Title IX email titleix@coastal.edu; office phone 843-349-2382; Title IX phone 843-333-6229; EEO email eeo@coastal.edu; or the U.S. Dept. of Education Office for Civil Rights at www2.ed.gov/ocr.