Welcome to the Osher Lifelong Learning Institute at Coastal Carolina University

We are so happy that you have taken the first step toward joining us in 2020. We are a community of folks typically 50 years of age or older who have a passion for life, learning, creating, traveling, and making new friends. CCU’s division of Academic and Community Outreach, the OLLI Board of Advisors, and OLLI volunteers, with the support of the Osher Foundation and Coastal Carolina University, provide a wealth of opportunities during the fall, spring, and summer semesters to engage the community in learning for a lifetime! Peruse this catalog to see what we have planned for the spring and the summer of 2020.

- Courses in art, history, politics, health and wellness, genealogy, estate planning, technology, languages, science, writing, religion, fitness, dance, nature, and more.
- Lecture series featuring CCU professors and students, local celebrities, and experts from a variety of backgrounds.
- Clubs where you can meet with others who share your interest in gardening, dining, investing, writing, playing, traveling, or discussing current events.
- Local day trips and national and international tours.
- Opportunities to share your talents by volunteering.
- Ways to connect more closely with Coastal Carolina University and its faculty, students, and staff.
Where is OLLI@CCU located?

Our two main centers are located in Conway, on east campus, and at Litchfield Landing, south of Brookgreen Gardens. We also offer some classes in Georgetown.

Conway Education Center (CEC) 843-349-5002
Burroughs & Chapin Building, 290 Allied Drive, Conway, SC 29526

Litchfield Education Center (LEC) 843-349-6584
14427 Ocean Highway, Pawleys Island, SC 29585

Georgetown Education Center (GEC) 843-349-6584
903 Front St., Georgetown, SC 29440

How do I become a part of this vibrant community and register for classes?

You will need to fill out the registration form on p. 34 and pay your membership fee for the semester ($30) before you are able to register for classes. When you come to our centers, you can update your parking decal and student ID. Those who are new to OLLI will need to fill out a form to get a parking decal and go to Baxley Hall on campus to get the student ID. You may pay your membership fee and register for classes in person, by phone, by mail, or online.

• Stop by or call one of our centers on Monday-Friday from 8:30 a.m. to 5 p.m.
• Mail completed registration form with a check (payable to OLLI@CCU) to:
  Office of Academic and Community Outreach—OLLI
  Coastal Carolina University
  P.O. Box 261954
  Conway, SC 29528-6054
• Register online through our website (coastal.edu/olli) or by going directly to webadvisor.coastal.edu.
  Click on “Continuing Ed.”
  Click on “Search and Register for OLLI Non Credit Courses.”
  Click on the location from the drop-down menu and click submit.
  Click on the course(s) you want and follow the registration instructions.

A service fee of 2.7 percent will be applied on all credit and debit card payments.

Helpful hints

• Early registration is advised to prevent course and excursion cancellations. All courses and excursions have minimum and maximum enrollment. The decision to go forward or cancel a course or a day trip will be made on the Monday a week before the course or excursion is scheduled to begin.
• You are registered as soon as we receive your completed registration form along with payment. Be sure to mark your calendar for the first class meeting. We do not send out reminders.
• A list of materials required for classes will be on the OLLI website as well as at the outreach centers’ registration desks. A + beside the course fee indicates that you must purchase additional materials from the instructor on the first day of class.
• You may join a class that has already begun for the full-course fee pending the instructor’s approval and seat availability. If you withdraw from a one-day excursion or a class one week prior to its start, you will receive a full refund. Thereafter, no refunds will be issued.
• Italicized instructor names indicate CCU professors. Courses in bold print are free.
• In the event of inclement weather, details on closings will be posted on the University’s website (coastal.edu) and the OLLI Facebook page. Please also monitor your local news in the event of inclement weather. All OLLI centers operate as part of the University. If the University is closed for severe weather, we are closed.
• All outreach centers will be closed from Dec. 22 to Jan. 2 for Winter Break and New Year’s Day, and on Martin Luther King’s Birthday, Jan. 20; Memorial Day, May 25; and on July 3 for Independence Day.
Abstract Painting Basics, M. Van Loan
Develop techniques and concepts of abstract painting. Work with color, line, brush strokes, shapes, and textures to create works of art that speak to your senses. BYO materials. Wed., CEC

Acrylic Painting Basics, M. Van Loan
Beginners learn how to prepare canvas, mix colors, choose brushes, and develop painting techniques. Short introductions in each class then students will work individually with one-on-one guidance. BYO materials. Wed., CEC

Acrylic Painting Intermediate/Advanced, M. Van Loan
Expand your painting interests. Try new styles such as expressionism, abstract, graphic, surrealism, or photorealism while using your own subjects. BYO materials. Wed., CEC

Basic Realism in Oil and Acrylic, J. Sturm
Students will grow in the understanding of what makes a good, realistic painting, with a growing understanding and insight into how they can make it happen. Mon., GEC

Christmas in the Summer: Fused Glass Ornaments, S. Mole
Students will use bits and pieces of fusible glass to design unique Christmas keepsake ornaments. Materials fee: $45. Thurs., LEC

Connecting Possibilities, B. Steele
Create your own abstract painting that tells your story! Begin with written words and intentions drawn right on the canvas and add color, shapes, and symbols to further develop your ideas. No experience is needed. Tues./Thurs., CEC and LEC

Classic Grape Vine Wreath, M. Van Loan
Create beautiful and colorful grape vine wreaths to match your décor using silk flowers. Learn how to paint your wreath and make bows. Students supply their own materials; see materials list. Mon., CEC

Easy Greeting Cards, E. Jampole
Create unique yet easy-to-make greeting cards in a relaxed atmosphere. We’ll use pre-made cards or cardstock as a base to make cards for anyone, for holidays, or any occasion. Instructor will supply all consumable materials needed. Materials fee: $20. Thurs., CEC

Classic Grape Vine Wreath, M. Van Loan
Create beautiful and colorful grape vine wreaths to match your decor using silk flowers. Learn how to paint your wreath and make bows. Students supply their own materials; see materials list. Mon., CEC; Tues., LEC

Introduction to Word Burning, F. Stinehart
Learn the basics of wood burning and create a work of art for your home, cabin, beach house, or make as a gift. Mon., CEC

Jewelry Making Freestyle, C. Hatch
Students can design their own jewelry, focusing on a different piece each week, while receiving help and instructor from the teacher. Thurs., CEC

Mesh Wreath Workshops, M. Van Loan
Beginning and experienced students are welcome to join the fun as we decorate with colors appropriate to the theme. Purchase your own materials for each class. Wed., CEC

Mini Accordion Scrapbook Album, L. Lohse
Create a photo album that makes a great keepsake or gift. In this class, you will be provided the supplies to make a small six-by-six-inch album that will open to be a large album capable of holding at least 10 photos. Materials fee: $20. Mon., CEC

Pottery, Myrtle Beach Art Museum Instructor
The Myrtle Beach Art Museum’s Lineta Prichard Pottery Studio includes six pottery wheels and an area for hand building and glazing. With intimate class sizes, instructors provide students of all levels with one-on-one attention, working with them to enhance their experience whether it be on the wheel, building with slabs and coils, or a little bit of both. All of the student work is fired on site in this six-week class. Come and play in the clay! Sat., Myrtle Beach Art Museum
Sweetgrass 101, B. McCormick
This course will provide knowledge of the Lowcountry art of sweetgrass basket weaving as well as hands-on experience of creating two traditional sweetgrass basket shapes. Students need to bring scissors. Materials fee: $50. 

Sweetgrass Basket Weaving for Beginners, G. Wright
In this course, you will learn how to weave two small sweetgrass baskets and learn the history behind sweetgrass basket weaving as well. Students need to bring scissors. Materials fee: $50. 

Visual Journals - Your Everything Book, B. Steele
Create your own visual journal. Learn special techniques and experiment with a variety of materials to paint, layer, collage, cut, scrape away, and play with whatever comes forth. No experience is needed. 

DANCE, FILM, MUSIC, AND THEATER

Amazing Films, J. Tracy
Amazing, surprising, entertaining films you've never seen. 

Beginning Belly Dance, E. Jampole
Learn very basic moves of belly dance. Belly dance is an excellent core workout, plus it is a great deal of fun. We will learn and drill on arm moves, shimmies, hip lifts, and hip twists. All sessions independent of each other. 

Easy Movin' and Groovin', E. Jampole
Have fun moving, grooving, bending, twisting, and walking to the oldies and newer songs. We do core exercises, balancing moves, arm strengthening, and ankle/foot work. Wear comfortable clothes and shoes; bring water. 

Line Dancing for the Non-Dancer, L. Aprea
Myrtle Beach is a dancer's town no matter what age you are and it is a year-round interest. 

FITNESS, HEALTH, AND WELLNESS

Nia Dance – Moving to Heal, D. Mundie
Nia is a unique movement practice that delivers the creative expression of dance, the power and precision of martial arts, and the functional movement of the healing arts, creating a synergistic blend of movement forms. Yoga mat or blanket is optional. 

Summer Solutions with Essential Oils, D. Boyle
Students can make natural products for use in the summer, such as sunburn cooling spray, bug and tick repellent, or gardening sprays. Materials fee depends on what items are made. 

Tai Chi, J. Gore
We will practice some elements of Yang Style 24 which is considered by many to be the most popular form, working to embody the tai chi principles at a deeper level. 

HISTORY, GOVERNMENT, AND POLITICS

Peruvian Culture, L. Greene
This class will explore the history and contributions of Peruvian cultures including tradition, art, music, architecture, and the best of the country's food and drinks. 

PERSONAL GROWTH

The Bathroom is Spotless...The House Burned Down, M. Nugent
All too often, we place the greatest emphasis on cleaning the guest bathroom when expecting company. When was the last time you placed that much emphasis on the fire safety in your home? Get an in-depth review of Midway Fire Rescue’s “Home Fire Safety Inspection Program,” teaching you the skills required to ensure your home will be as safe as your bathroom is clean. 

RELIGION AND PHILOSOPHY

Religion and Suffering, R. Donehue
This course will examine how various religious traditions view suffering.
<table>
<thead>
<tr>
<th>DAY</th>
<th>TIME</th>
<th>COURSE TITLE</th>
<th>DATES</th>
<th>INSTRUCTOR</th>
<th>FEE</th>
<th>COURSE #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon.</td>
<td>9 - 11:50 a.m.</td>
<td>Sweetgrass Basket Weaving for Beginners (materials fee $50 paid to instructor)</td>
<td>4 wks, 5/18-6/15, no class 5/25</td>
<td>G. Wright</td>
<td>$60+</td>
<td>XART 267 C02</td>
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<tr>
<td></td>
<td>10 - 11:50 a.m.</td>
<td>Grape Vine Wreath</td>
<td>7/13</td>
<td>M. Van Loan</td>
<td>$10+</td>
<td>XART 222 C02</td>
</tr>
<tr>
<td></td>
<td>1 - 2:50 p.m.</td>
<td>Book Club</td>
<td>6/8, 7/13, 8/10</td>
<td>E. Elliott</td>
<td>$5</td>
<td>XCLB 512 C02</td>
</tr>
<tr>
<td></td>
<td>2 - 4:50 p.m.</td>
<td>Visual Journals</td>
<td>M/W/F, 6/8-6/12</td>
<td>B. Steele</td>
<td>$45+</td>
<td>XART 278 C02</td>
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<tr>
<td></td>
<td>3 - 3:50 p.m.</td>
<td>Beginning Belly Dance</td>
<td>3 wks, 5/18-6/8, no class 5/25</td>
<td>E. Jampole</td>
<td>$15</td>
<td>XMUSC 690 C05</td>
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<td></td>
<td>5:30 p.m.</td>
<td>Dining Club Central</td>
<td>6/8, 7/13, 8/10</td>
<td>K. Montgomery</td>
<td>$5+</td>
<td>XCLB 703 C01</td>
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<td></td>
<td>10 - 11:50 a.m.</td>
<td>AARP Driver Safety Program (materials fee $15 for AARP members and $20 for non-AARP members paid to instructor)</td>
<td>6/2; 8/11</td>
<td>G. Homer</td>
<td>OLLI+</td>
<td>XSKIL 766 C03</td>
</tr>
<tr>
<td></td>
<td>1 - 11:50 a.m.</td>
<td>Tai Chi Practice Club</td>
<td>T/Th, 5/19-8/13</td>
<td>S. Rudesill</td>
<td>$10</td>
<td>XCLB 699 C02</td>
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<tr>
<td></td>
<td>2 - 4:50 p.m.</td>
<td>Nia Dance</td>
<td>4 wks, T/Th, 6/16-7/9</td>
<td>D. Mundie</td>
<td>$40</td>
<td>XMUSC 707 C04</td>
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<tr>
<td></td>
<td>9 - 11:50 a.m.</td>
<td>Acrylic Painting Basics</td>
<td>4 wks, 5/20-6/10</td>
<td>M. Van Loan</td>
<td>$60+</td>
<td>XART 129 C03</td>
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<tr>
<td></td>
<td>9 - 11:50 a.m.</td>
<td>Acrylic Painting Intermediate/Advanced</td>
<td>4 wks, 6/17-7/8</td>
<td>M. Van Loan</td>
<td>$60+</td>
<td>XART 129 C02</td>
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<tr>
<td></td>
<td>9 - 11:50 a.m.</td>
<td>Abstract Painting Basics</td>
<td>4 wks, 7/15-8/5</td>
<td>M. Van Loan</td>
<td>$60+</td>
<td>XART 287 C02</td>
</tr>
<tr>
<td></td>
<td>9 - 11:50 a.m.</td>
<td>Mesh Wreath Crafting</td>
<td>8/12</td>
<td>M. Van Loan</td>
<td>$15+</td>
<td>XART 222 C03</td>
</tr>
<tr>
<td></td>
<td>11 a.m. to 12:50 p.m.</td>
<td>Religion and Suffering</td>
<td>4 wks, 6/3-6/24</td>
<td>R. Donehue</td>
<td>$40</td>
<td>XREL 752 C01</td>
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<tr>
<td></td>
<td>1 - 1:50 p.m.</td>
<td>Tai Chi</td>
<td>W/F 6 wks, 5/20-6/26; W/F 6 wks, 7/8-8/14</td>
<td>J. Gore</td>
<td>$60</td>
<td>XFITN 704 C03</td>
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<tr>
<td></td>
<td>1 - 2:50 p.m.</td>
<td>Line Dancing for the Non-Dancer</td>
<td>6 wks, 5/21-6/25</td>
<td>L. Aprea</td>
<td>$60</td>
<td>XMUSC 725 C03</td>
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<tr>
<td></td>
<td>1 - 2:50 p.m.</td>
<td>Your Best Financial Life</td>
<td>3 wks, 7/23-8/6</td>
<td>T. Brown</td>
<td>$30</td>
<td>XFINC 723 C02</td>
</tr>
<tr>
<td></td>
<td>1 - 3:50 p.m.</td>
<td>Amazing Films</td>
<td>2 wks, 6/18-6/25</td>
<td>J. Tracy</td>
<td>$30</td>
<td>XFINC 723 C01</td>
</tr>
<tr>
<td></td>
<td>1 - 3:50 p.m.</td>
<td>Gilles Bridge Society</td>
<td>Year round</td>
<td>K. Burroughs</td>
<td>OLLI</td>
<td>XCLB 736 C01</td>
</tr>
<tr>
<td></td>
<td>3 - 4:50 p.m.</td>
<td>Jewelry Making Freestyle</td>
<td>6 wks, 5/21-6/25</td>
<td>C. Hatch</td>
<td>$60+</td>
<td>XART 288 C01</td>
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<tr>
<td></td>
<td>4:30 - 7 p.m.</td>
<td>Dining Club North</td>
<td>5/21, 6/18, 7/16, 8/20</td>
<td>S. Granger</td>
<td>$5+</td>
<td>XCLB 703 C02</td>
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<tr>
<td></td>
<td>5:30 - 7:20 p.m.</td>
<td>Easy Greeting Cards (materials fee $20 paid to instructor)</td>
<td>4 wks, 5/21-6/11</td>
<td>E. Jampole</td>
<td>$40+</td>
<td>XART 253 C03</td>
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<tr>
<td></td>
<td>11 a.m. to 1:50 p.m.</td>
<td>Peruvian Cultures</td>
<td>4 wks, 6/5-6/26</td>
<td>L. Greene</td>
<td>$60</td>
<td>XHIST 655 C01</td>
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<td></td>
<td>1 - 1:50 p.m.</td>
<td>Easy Movin' and Groovin'</td>
<td>3 wks, 5/22-6/5</td>
<td>E. Jampole</td>
<td>$15</td>
<td>XMUSC 715 C04</td>
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<td></td>
<td>1 - 2:50 p.m.</td>
<td>Mahjong Club</td>
<td>5/22, 6/12, 6/26, 7/10, 7/24, 8/14</td>
<td>S. Hargis</td>
<td>$5</td>
<td>XCLB 717 C02</td>
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<tr>
<td>DAY</td>
<td>TIME</td>
<td>COURSE TITLE</td>
<td>DATES</td>
<td>INSTRUCTOR</td>
<td>FEE</td>
<td>COURSE #</td>
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<td>Mon.</td>
<td>9 - 11:50 a.m.</td>
<td>Visual Journals</td>
<td>M/W/F, 6/8-6/12</td>
<td>B. Steele</td>
<td>$45+</td>
<td>XART 278 L02</td>
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<tr>
<td></td>
<td>10 - 11:50 a.m.</td>
<td>Basic Realism in Oil/Acrylic Class</td>
<td>5/18, 6/22, 7/27, 8/24</td>
<td>M. Fister</td>
<td>$5</td>
<td>XCLB 512 L01</td>
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<tr>
<td></td>
<td>12:30 - 3:20 p.m.</td>
<td>Connecting Possibilities</td>
<td>6/9-6/11</td>
<td>B. Steele</td>
<td>$30+</td>
<td>XCLB 765 L02</td>
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<tr>
<td></td>
<td>1 - 3:50 p.m.</td>
<td>Sweetgrass 101: The Basics of Sweetgrass Basket Weaving (materials fee $50 paid to instructor)</td>
<td>4 wks, 6/15-7/6</td>
<td>B. McCormick</td>
<td>$60+</td>
<td>XART 123 L04</td>
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<tr>
<td></td>
<td>1 - 2:50 p.m.</td>
<td>Line Dancing for the Non-Dancer</td>
<td>6 wks, 7/6-8/10</td>
<td>L. Aprea</td>
<td>$60</td>
<td>XMUSC 725 L03</td>
</tr>
<tr>
<td>Tues.</td>
<td>9 - 10:50 a.m.</td>
<td>Summer Solutions: Essential Oils</td>
<td>6/2</td>
<td>D. Boyle</td>
<td>$10</td>
<td>XHEAL 765 L01</td>
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<tr>
<td></td>
<td>9 - 11:50 a.m.</td>
<td>Connecting Possibilities</td>
<td>T/Th, 6/9-6/11</td>
<td>B. Steele</td>
<td>$30+</td>
<td>XCLB 512 L02</td>
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<tr>
<td></td>
<td>10 - 10:50 a.m.</td>
<td>The Bathroom is Spotless . . . The House Burned Down</td>
<td>6/16</td>
<td>M. Nugent</td>
<td>OLLI</td>
<td>XCLB 822 L02</td>
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<td></td>
<td>10 - 11:50 a.m.</td>
<td>Grape Vine Wreath</td>
<td>7/21</td>
<td>M. Van Loan</td>
<td>$10+</td>
<td>XART 222 L02</td>
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<tr>
<td>Wed.</td>
<td>9 - 11:50 a.m.</td>
<td>Sweetgrass Basket Weaving for Beginners (materials fee $50 paid to instructor)</td>
<td>4 wks, 7/15-8/5</td>
<td>G. Wright</td>
<td>$60+</td>
<td>XART 267 L02</td>
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<tr>
<td></td>
<td>12:30 - 3:20 p.m.</td>
<td>Sweetgrass Basket Weaving for Beginners (materials fee $50 paid to instructor). Class held at the Georgetown Education Center</td>
<td>4 wks, 6/17-7/8</td>
<td>G. Wright</td>
<td>$60+</td>
<td>XART 267 G02</td>
</tr>
<tr>
<td>Thurs.</td>
<td>1 - 2:50 p.m.</td>
<td>Your Best Financial Life Christmas in Summer: Fused Glass (material fee $45 paid to the instructor)</td>
<td>3 wks, 6/4-6/18</td>
<td>T. Brown</td>
<td>$30</td>
<td>XFINC 723 L02</td>
</tr>
<tr>
<td></td>
<td>2 - 4:50 p.m.</td>
<td>Christmas in Summer: Fused Glass (material fee $45 paid to the instructor)</td>
<td>2 wks, 7/23-7/30</td>
<td>S. Mole</td>
<td>$30+</td>
<td>XART 275 L01</td>
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<tr>
<td>Fri.</td>
<td>9 - 11:50 a.m.</td>
<td>Colored Pencil Painting Club</td>
<td>5/22-8/14</td>
<td>N. Gordon</td>
<td>$5</td>
<td>XCLB 180 L02</td>
</tr>
<tr>
<td></td>
<td>9 a.m. to 2 p.m.</td>
<td>AARP Driver Safety Program (materials fee $15 for AARP members and $20 for non-AARP members paid to instructor)</td>
<td>6/5; 8/14</td>
<td>R. Edwards</td>
<td>OLLI+</td>
<td>XSKIL 766 L03</td>
</tr>
<tr>
<td>Sat.</td>
<td>10 a.m. to 1 p.m.</td>
<td>Pottery (classes at the Myrtle Beach Art Museum)</td>
<td>6 wks, 5/16-6/20; 6 wks, 7/11-8/15</td>
<td>MBA Instructor</td>
<td>$245</td>
<td>XART 284 L04</td>
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</table>
Dining clubs are free for the summer semester. Clubs meeting once a week or less often for the summer are only $5. Those meeting twice a week are $10.

**Book Club, E. Elliott**
Meets year-round on the second Monday of each month from 1-2:30 p.m. to discuss works selected by the group. Book selections are listed on the website and in the e-newsletter. **Mon., CEC**

**Colored Pencil Painting Club, N. Gordon**
Meeting weekly to encourage and support artists of all levels with an interest in colored pencil techniques. Members must supply their own materials and tools. **Fri., LEC**

**Contemporary Book Club, M. Fister**
This is a contemporary books club that meets year-round on the fourth Monday of each month from 10 a.m. to noon. Book selections are listed on the website and in the e-newsletter. **Mon., LEC**

**Dining Club Central, K. Montgomery, S. Rudesill**
Members of the dining club will meet for dinner at local restaurants once a month. The club will generally meet in restaurants from Conway to Restaurant Row to Surfside Beach. Members are expected to RSVP by the date asked and order from the menu. **Mon.**

**Dining Club North, S. Granger**
Members of the dining club will meet for dinner at local restaurants once a month. Members are expected to RSVP by the date asked and order from the menu. **Thurs.**

**Gilles Bridge Society, K. Burroughs**
This is a progressive rubber bridge group. Each player is asked to contribute 50 cents at each meeting to provide prize money. Individuals without partners are welcome. The society has no affiliation with a national organization. **Thurs., CEC**

**Mahjongg Club, S. Hargis**
This once-a-month club is for experienced players and beginning players of American rules mahjongg. You will need to bring your own card. If you have a mahjongg set, please bring it. The logistics of play will be reviewed at the first meeting. Beginning players will receive instruction. **Fri., CEC**

**Tai Chi Practice Club, L. DeLuca and S. Rudesill**
This class is designed as a practice session for those already familiar with the 108 moves of Taoist tai chi and want to practice the entire set of movements with a group. **Tues./Thurs., CEC**

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**OLLI Summer 2020 Excursions**
Registration begins in March.

**Tuesday, May 19**
Capers Island and Lowcountry Boil Picnic, Isle of Palms
$80 XEXC 100 C01
Join us for a full day of exploration! As we venture to Capers Island North Beach, we will cruise through winding tidal creeks looking for wildlife in this salt marsh environment. Common sightings include bottlenose dolphins, osprey, pelicans, bald eagles, herons, and egrets. When we arrive on Capers Island, we will have plenty of time to explore its pristine “Boneyard Beach” and interior freshwater ponds. After working up an appetite, we will enjoy fresh local shrimp, smoked sausage, sweet corn, red potatoes, and onions all boiled together in a special seasoning and served on a beautiful beach. What could be better than enjoying a fresh seafood dinner as we watch the sunset over the salt marsh? **Activity Level: 5**

- Low Country Boil at Capers Island.
- Shell from Bulls Island.
- Lowcountry Boil.
Wednesday, May 20  
**Bulls Island Tour**  
XEXC 100 C02  
$75
Coastal Expeditions will drop us off directly at one of the most secluded and pristine beaches in the world of shelling and birding. This will give us the chance to connect with nature as we explore the island for three hours with a guide. Seven miles of Bulls Island's beach are part of the longest stretch of undeveloped coastline on the East Coast and allow for unparalleled shelling, beach combing, and exploring. Our journey will begin with a 30-minute naturalist led boat tour of the saltmarsh estuary and will last a total of five hours. **Activity Level: 5**

Thursday, May 21  
**Kayak the Waccamaw River, Conway**  
XEXC 100 C03  
$55
Enjoy the beautiful outdoors together when you joins us for a two-hour guided tour through the Kingston Lake area along the Blue Kayak trail. All participants must be able to sit down on the floor and get back up independently. Transportation to the river is not provided. **Activity Level: 5**

Tuesday, May 26  
**Charleston Strolls History Tour, Charleston, S.C.**  
XEXC 100 C04  
$65
Put your walking shoes on and come explore lovely Charleston as our guide walks us through 200 years of Charleston's history. We’ll hear stories about many traditions of Charleston's colorful past. In the tour, we'll see Rainbow Row, Antebellum Mansions, Historical Waterfront Battery, hidden courtyards and gardens, historical graveyards and churches, and Revolutionary and Civil War landmarks. Following our morning tour, you’ll be given several hours to explore lovely Charleston independently and enjoy some of the many delicious southern cuisines offered. Lunch cost is not included in the fee. **Activity Level: 5**

May 28-31  
**Spy Tour of Washington, D.C.**  
XEXC 100 C05  
$975 per person double occupancy (Deadline for registration is January 31, 2020.)  
Joseph Fitsanakis, associate professor of politics at CCU, and his wife, Vanessa, an expert on poisons, will take us once again on a spy tour of Washington, D.C. They will provide lectures and guide us through the Spy Museum, the National Cryptologic Museum and other famous landmarks in the capital. Travelers will have free time to visit the Smithsonian and other sites on the National Mall. Transportation by motorcoach, hotel, admission fees, gratuities and two dinners included in the fee. A more detailed itinerary may be found on the OLLI website. **Activity Level: 4**

Tuesday, June 2  
**Charleston’s Savor the Flavor Culinary Tour**  
XEXC 100 C06  
$100
On this tasty tour, we’ll talk, walk, and taste our way through lovely Charleston. We will be immersed in the rich history and culture of the Lowcountry during this two-and-a-half-hour Charleston Food Tour. We will find out more about the unique cuisine and how it has evolved over the last 300 plus years. We'll get the chance to sample some
delicious specialties from some of Charleston’s finest eateries, markets, bakeries, restaurants, and culinary landmarks. Some of the typical samples include: Southern pralines; sweet tea; collard greens; stone ground grits; Southern mac-n-cheese; Lowcountry barbeque; and fried green tomatoes. Activity Level: 5

Friday, June 5  CrABBing at Capers Island, Isle of Palms, S.C.  XEXC 100 C07
$80
Who’s ready to learn how to catch blue crabs the old fashioned way and then enjoy fresh steamed crabs on a pristine barrier island beach? We will hop aboard a shaded vessel with our naturalist guide and learn how to set and pull a few crab traps. The guide will share with us the history of the blue crab and stone crab. We’ll also get an eco-tour, learn about the dolphins and other forms of wildlife we encounter as we head to Capers Island. We will end our outdoor adventures with a crab boil where fresh steamed crabs bought from our local crabber that morning are shared with butter and old bay! What could be better than to end our day with delicious, fresh steamed crabs and ice-cold watermelon? Activity Level: 5

Tuesday, June 9  Cap’n Rod’s Lowcountry Tour, Georgetown, S.C.  XEXC 100 C08
$70
Join Paige Sawyer aboard Cap’n Rod’s for a private two-hour boat tour where you’ll relax on shaded deck seating. Listen, watch, and learn about the nature and history of America’s oldest settled areas, a place where history lives in harmony with the natural world. Vistas of estuary and salt marshes surround you; perhaps a dolphin or sea turtle will swim alongside the boat, while bald eagles, terns, pelicans, herons, and egrets dance on the wind. Lunch afterward (not included). Activity Level: 2

Thursday, June 11  Old Santee Canal Park, Moncks Corner, S.C.  XEXC 100 C9
$60
Construction of the Santee Canal, the nation’s first, began in 1793 and was completed in 1800. Now much of the canal lies beneath Lake Moultrie, but parts are visible in Old Santee Canal Park, a 195-acre area that was opened in 1989. Among its attractions are the Stony Landing House, built in 1843, and four miles of boardwalls that wind through the quiet backwaters of Biggin Creek and the surrounding swamp. The park’s centerpiece is its Interpretive Center that chronicles the area’s history as far back as 4000 B.C. Activity Level: 5

Old Santee Canal Park.

Friday, June 19  Wilmington Downtown Tasting and History Tour  XEXC 100 C10
$105
Enjoy a unique tasting experience while visiting multiple restaurants in the historic area on a walking tour. This downtown tour includes savory and sweet tastings at five to six restaurants and bars; most are paired with small alcoholic drink tastings! Meet chefs and owners and enjoy food and drink while learning about the historic downtown. Activity Level 5
Tuesday, June 23  Cameron Art Museum & Lunch at CAM Café, Wilmington, N.C.  
$60  XEXC 100 C11
We will start our day with a guided tour of the Cameron Art Museum, formally known as the St. John's Museum of Art, established in downtown Wilmington in 1804. After lunch at the CAM Café, located within the museum, we will tour the Bellamy Mansion, built between 1859 and 1861. One of North Carolina's finest examples of historical antebellum architecture, this property houses the Museum of History and Design Arts. Lunch fee not included in the fee.  
Activity Level: 3

[Images of OLLI students visiting the Cameron Art Museum Spring 2019.]

Tuesday, June 30  Historical Churches, Florence, S.C.  
$60  XEXC 100 C12
In addition to touring St. John’s and Pisgah United Methodist churches, which date back to 1865 and 1806 respectively, we will enjoy lunch at Victors, dessert at Julia Belle's, and visits to the Pee Dee State Farmers Market and Young Plantation.  
Activity Level: 4

Thursday, July 9  Art Galleries and Eclectic Shops in Wilmington, N.C.  
$45  XEXC 100 C13
Award-winning artisan boutiques and galleries are plentiful in Wilmington. On this excursion, we will visit several, enjoying the work of local artists and crafters. Travelers will have time to dine and shop on the river front as well.  
Activity Level: 4

Thursday, July 16  Mystery Tour  
$50  XEXC 100 C14
Wherever OLLI ends up, we guarantee you will have fun!  
Activity Level: 3

Tuesday, July 21  Victorian Tea in Florence, S.C.  
$65  XEXC 100 C15
Put on your Sunday best and join us for an afternoon Victorian tea at Top Hat Specialty Teas in Florence. Enjoy a delicious cup of tea as you dine on your choice of finger sandwiches, scones with Devonshire cream, lemon curd fruit medley with cheese tea bread, minature quiche, and a dessert tray.  
Activity Level: 2

[Images of Victorian Tea in Florence.]
**Collette’s Machu Picchu and Galapagos Wonders**, Oct. 1-14, 2020
$9,529/double
Highlights include: Lima; Sacred Valley of the Incas; cooking class; Pablo Seminario Ceramic Studio; home-hosted meal; Machu Picchu; Cuzco; Colonial Quito; and four-night Galapagos Cruise.

**Collette’s Spectacular South Africa**, Feb. 18-March 3, 2021
$5,329/double; $6,029/single (Registration deadline is Aug. 19, 2020; final payment is due Dec. 20, 2020.)
Highlights include: Johannesburg; Soweto, with lunch at a house tavern and a visit to the Apartheid Museum; Northern Drakensberg Mountain Range; a traditional Boma dinner; two open-air safari game drives in Kruger National Park; Knysna; visit to a local school; a lagoon cruise in Featherbed Nature Reserve; wine tasting and dinner in Stellenbosch; Cape Town; a cable car ride to Table Mountain with its breathtaking views; a ride through the Malay Quarter with its mosques and minarets; a visit to the penguins at Boulders Beach; and a communal African dining experience with lessons on the djembe drums.

**Collette’s Greece Island Hopper**, April 20-30, 2021
$4,658/double; $5,458/single (Registration deadline is Oct. 21, 2020; final payment is due Feb. 19, 2021.)
Explore Athens and enjoy the local cuisine, wine, and entertainment at a taverna in the city’s historic district; visit the Acropolis and other landmarks; and enjoy three days on Mykonos and three days on Santorini.

In 2021, we also hope to offer the following tours with Collette:
- Croatia (on a yacht) (May)
- Discover Switzerland, Austria, Bavaria (June/July)
- Wonders of China and Yangtze River (October)
- India’s Treasures (November)
- Classic Christmas Markets (December)
Membership and Course Registration

[ ] New OLLI student  [ ] Returning OLLI student

How did you hear about us? __________________________________________________________________________________

[ ] YES, I WOULD LIKE TO BE A VOLUNTEER! Please contact me about volunteer opportunities!

[ ] I am a veteran.

Last name_________________________ First name_______________________________  MI___ OLLI Student ID ____________

Permanent mailing address ___________________________________________________________________________________

City ____________________________________________State ____________ ZIP ______________________________________

Subdivision community/neighborhood name: _____________________________________ Birth date _____________________

Phone number (at least one number is required): Local __________________________Cell ________________________________

Email (required if you have one)_________________________________________________________________________________

Emergency contact information

Name ____________________________________________________________________________________________________

Phone (at least one number is required): Local phone ______________________________Cell  ____________________________

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TOTAL: $ __________

PAYMENT OPTIONS

CHECK - Make payable to OLLI@CCU  Check No._____________________.

(To mail registration and payment – Office of Academic and Community Outreach-OLLI, Coastal Carolina University, P.O. Box 261954, Conway, SC 29528-6054.)

A service fee of 2.7 percent will be applied by official payments on all credit card and debit card payments.

CREDIT CARD (circle one): VISA MASTERCARD DISCOVER AMEX

Card No._____________________________________ Exp. date____________ Security code __________

Cardholder’s name (please print) _________________________________________________________________

Signature_____________________________________________________Date _____________________

Osher Lifelong Learning Institute donations will be a separate payment from either the OLLI@CCU membership fee or course fees and payable to Coastal Educational Foundation-OLLI.

By becoming a member of OLLI@CCU, you are agreeing to the terms on the reverse side of this form. If you object to any of these releases or agreements, please see a staff member before you register for classes.
MEMBERSHIP INFORMATION AUTHORIZATION AND RELEASE
OLLI@CCU shares class rosters with the class instructor, indicating each student’s name, phone, and email, as compiled from the OLLI@CCU membership database. Instructors, trip leaders, and drivers will use this roster to communicate with the members of their class. The roster will not be used for solicitation purposes or any purpose unrelated to the class. If you feel an instructor has used your information for solicitation purposes or any purpose not related to the class, please notify an OLLI@CCU staff member immediately. By becoming a member of OLLI@CCU, you automatically grant OLLI@CCU permission to distribute this information to your class instructor and/or excursion leader or driver.

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By registering for any OLLI@CCU class, activity or trip, OLLI@CCU members acknowledge that they have read, understand and agree to the following waiver terms:
1. Neither Coastal Carolina University, OLLI@CCU, their officers, agents nor employees represent or act as agents for trip organizers or for transportation carriers, hotels, and other suppliers of services associated with activities or trips nor do activity or trip organizers act on behalf of Coastal Carolina University.
2. Neither Coastal Carolina University, OLLI@CCU, their officers, agents nor employees are responsible or liable for any injury, damage, loss, accident, delay, claim, or other cause of action that arises out of the trips organized or provided to OLLI@CCU participants by a third party.
3. Neither Coastal Carolina University, OLLI@CCU, their officers, agents nor employees are responsible or liable for any losses, damages, claims or expenses due to sickness, weather, strikes, hostilities, wars, natural disasters, or other such causes; or for any disruption of travel arrangements or any consequential additional expenses that arise from trips organized or provided to OLLI@CCU participants by a third party.

LEVEL OF PHYSICAL ACTIVITY FOR TRIPS OR ACTIVITY COURSES
OLLI staff will indicate the level of physical activity for any excursion so that OLLI@CCU participants may judge the suitability of the trip or activity. The ratings are:
1. Easy – minimal level of physical activity, minimal walking and limited stairs or standing.
2. Moderate – walk up to a mile a day and/or stand for an hour or less
3. Active – walk as much as two miles a day, stand for more than an hour, or climb some stairs
4. Moderately Challenging – spend most of your day walking, sometimes over uneven terrain or climbing stairs, and/or standing for extended periods
5. Challenging – These are demanding programs, for seasoned outdoor enthusiasts and/or extremely active adults.

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