Spring and Summer 2020 Course Descriptions

OLLI @ CCU
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### WAR & SOCIETY COLLOQUIUM SERIES

Conway Education Center, 290 Allied Drive, Conway  
Friday afternoons, 2-3:20 p.m.  
What led to the Vietnam War? How did, and how does, it affect the world?
- Jan. 24: French Indochina, Philip Whalen
- Feb. 7: Vietnam: Military Affairs and Public Opinion, John Navin
- Feb. 21: Vietnam in a Regional Context, Brandon Palmer
- March 6: Memory and the Vietnam War, Thomas Castillo

### COFFEE WITH THE CCU DEANS

Find out the latest developments in each of the colleges at Coastal Carolina University. Fridays, 11-11:50 a.m.
- Feb. 21: Michael Roberts, Gupta College of Science
- Feb. 28: Claudia Bornholdt, Thomas W. and Robin W. Edwards College of Humanities and Fine Arts
- March 6: Barbara Ritter, E. Craig Wall Sr. College of Business Administration
- March 13: Edward Jadallah, Spadoni College of Education
- March 20: Sara Hottinger, HTC Honors College and Center for Interdisciplinary Studies

### GREAT DECISIONS SERIES MAIN-CAMPUS

We ask that OLLI students register for these lectures and understand that registration does not guarantee a seat. These lectures take place on main campus.
- Feb. 1: Red Sea Security, Ambassador David Shinn
- Feb. 8: India and Pakistan, Elizabeth Threlkeld
- Feb. 15: Artificial Intelligence and Data, Paul Cezak
- Feb. 22: Modern Slavery and Human Trafficking, Elhem Daadaa

### LECTURE SERIES LITCHFIELD

Conversations on Immigration and Migrant Experiences, co-sponsored by AHGEP  
Wednesday, April 1, noon to 2 p.m. Local Conversations on Immigration and Migrant Experiences  
Thursday, April 9, 11 a.m. to 1 p.m. Global Conversations on Immigration and Migrant Experiences

### LECTURE SERIES CONWAY

Saturday mornings, 10 a.m. to noon; refreshments served at 9:30 a.m.
This series focuses on climate change and how it affects all things on Earth.
- Feb. 29: Jaime McCauley
- March 7: Paul Gayes
- March 14: Thomas Mullikin
- March 21: Zhixiong Shen
- March 28: Julinna Oxley *(on main campus)*

### SPECIAL EVENTS

Both events take place from 9 a.m. to 1 p.m.

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April 4: Yard Sale, CEC
Our third annual yard sale! Bring us what you no longer want or need as long as it is in good condition. 
Donations accepted at both centers in March.

April 25: Crafts Fair, LEC
Outside vendors: $25 a table (XOLLI 875 L01) 
OLLI members: $20 a table (XOLLI 875 L02) 
Come see what your fellow OLLI students make and do; come see outside crafters’ wares also.

ARTS, CRAFTS, AND PHOTOGRAPHY

Abstract Painting Basics
Martha Van Loan
Abstract painting may look easy, but it can actually be more challenging than traditional or classical painting because abstract art defies rules and conventions. It’s up to you as the artist to break rules, be expressive, and decide what art is. Work with color, line, brush strokes, shapes, and textures to create a work of art that speaks to your senses of what you see and feel. Students purchase their own basic materials: standard or gallery stretched canvas 16-by-20 inches or larger. Choice of basic paints, brushes, palette, and easel. CEC

Acrylic Painting
Barnie Slice
This acrylic class is designed to take beginning artists and teach them about techniques, colors, textures, and subjects so they can become self-confident, practicing artists. More experienced artists will enjoy the class, too, as we advance into some more difficult subject matter. Paints: If you are a new student and just learning to paint, I suggest you purchase the large plastic tubes of acrylics such as the Liquitex BASICS line in the following colors: white, ultramarine blue, Hooker’s green, cadmium yellow, cadmium red, alizarin crimson, Payne’s grey, burnt sienna, yellow ochre, and burnt umber. Colors you may want to add later are thalo blue, sap green, raw sienna, and a purple of some kind. If exact colors are not available, use the closest color you can find. Brushes: I suggest purchasing a nice set of acrylic brushes and add the following: a script, liner, or rigger brush; a fan brush; a half-inch flat comb brush; a quarter-inch and a half-inch angle brush. Preferably, purchase white sable, Golden Taklon, or natural bristle brushes. Palette: I find the paper palette pads to be the best for all applications. Use one and tear it off and throw away. It’s that simple. Canvases: You may use the hard canvas panels or the stretched canvas panels; whichever is your choice.

Also needed are a roll of paper towels, pencils, erasers, palette knives, a table easel, and other accessories as desired. LEC

Acrylic Painting Basics
Martha Van Loan
For all levels. The course will emphasize materials and techniques as well as the development of each student’s individual style, interests, and talents. The subjects of paintings will be individual preference. Students should purchase their own materials: stretched canvas (11-by-14 inches); heavy body acrylic paint (tube paints) in cadmium red, yellow, ultramarine blue, white, and black, as well as any optional colors desired; acrylic or oil brushes; paper towels; two glass jars for water; paper palette or plastic coated paper plates; and one soft lead pencil. CEC

Acrylic Painting Intermediate/Advanced
Martha Van Loan
Acrylic Painting Intermediate/Advanced, M. Van Loan
Expand your painting interests. Try new styles such as expressionism, abstract, graphic, surrealism, or photorealism using subjects that interest you. Continue learning and growing your talents with guidance from your instructor. Bring your own materials. CEC

Alcohol Ink Scarf Painting
Suz Mole
Create two beautiful scarves with your favorite colors of alcohol ink. Students will learn how to apply alcohol ink to silk scarves and set the colors so they can be worn forever. This skill is a great activity for your grandkids or other family members when they visit. Materials fee: $30 payable to the instructor at the beginning of class. LEC

Basic Realism in Oil and Acrylic
Jef Sturm
Whether you are a beginner or professional, you will learn in this class. Emphasis is placed on realism and the understanding of how you can make your paintings live. Your growth will be very apparent as you participate in the class. The supplies needed are: the basic colors of oil or acrylics in tubes which include cadmium lemon yellow, cadmium yellow medium, alizarin crimson, cadmium red light, ultramarine blue, Prussian blue, and white; three brushes (small, medium, and large); brush cleaner; a painting medium; palette knife; paper towels; canvases 9-by-12 inches and 11-by-14 inches in size; and something to carry it all in. LEC
Beginning Encaustic Painting
Suz Mole
Learn how to paint with colorful heated wax. This is a unique method I have learned while working with alcohol inks. Both media can be used together. By heating colored beeswax and applying to the various substrates, a beautiful painting emerges. We will be using specialized craft irons and heavy substrate to achieve this effect. Materials fee: $30 payable to the instructor at the beginning of class. LEC

Classic Grapevine Wreath Workshop
Martha Van Loan
Create beautiful and colorful grapevine wreaths to match your décor using silk flowers. Learn how to paint your wreath and make bows. Students supply their own materials: one plain grapevine wreath sized 16 inches to 30 inches, silk flowers and picks, two-inch wired decorative ribbon seven yards or more, and one can of matte acrylic spray paint in coordinating color or natural brown. CEC and LEC

Connecting Possibilities
Becky Steele
Create an abstract painting that tells your story. Each painting begins with written words and intentions drawn right on the canvas. Add color, shapes, and symbols to further develop your painted story. No experience is needed. Materials list: one or two artist canvases, panel or stretched, 12-by-12 inches or similar size; assorted acrylic paints with at least five of your favorite colors including white; one or more brushes; and a graphite pencil. Optional: watercolor markers or pens. CEC and LEC

Discover Needle Felting
Sue Ann Whittick
In this class, you will experience the craft of needle felting where you use a special needle to make felted material from dyed sheep fleece. You will create a small object or a magnet. Materials fee: $7 payable to the instructor at the beginning of class. CEC and LEC

Easy Greeting Cards
Ellen Jampole
Create unique yet easy-to-make greeting cards in a relaxed atmosphere. We’ll use pre-made cards or cardstock as a base to make cards for anyone, for holidays or any occasion. Learn to make simple pop-up cards. Learn tangling patterns to design cards. Use various embellishments enhance your card. You’ll end the class with materials and directions to keep making cards after the class is over or for “homework” during the weeks the class meets. Instructor will supply all consumable materials needed. Materials fee: $20 payable to the instructor at the beginning of class. If you have tools you wish to use, bring them. CEC

Felted Soap Workshop
Lisa Williams
Using natural fiber from local alpacas, you will learn how to “felt soap,” creating bars that act as natural loofahs and washcloths. With no dyes or additives, felted soap is a treat for your skin, and they make unique gifts. Alpaca wool is not just for scarves and socks! Why make felted soap?
- Wool is naturally anti-microbial.
- Felted soap lasts longer than a naked bar of soap.
Materials fee: $15 payable to the instructor at the beginning of class.

From Log to Bowl
Paul Moyer
In this one-hour course, students will learn the process of making wooden bowls from logs, giving new life to fallen trees. A slideshow will accompany an explanation of the process. In addition, each student will have the opportunity to visit the shop to see the process “live.” LEC

Fused Glass Valentine’s Wind Chime
Suz Mole
Students will make unique and colorful “heartfelt” wind chimes for the Valentine’s holiday! This is a favorite class where students will create their own wind chime masterpiece with hearts and other fun glass shaped into a truly one-of-a-kind treasure. Glass will be fused at Mole’s home studio kiln. Materials fee: $45 payable to the instructor at the beginning of class. LEC

Intermediate Alcohol Ink and Ink with Resin
Suz Mole
We will explore more techniques of painting with alcohol ink including new substrates and ways to display your work. Materials fee: $30. LEC
Jewelry Making Beyond Basics
Cathy Hatch
This six-week course will teach and utilize more advanced skills and projects in jewelry-making. Each class will include a finished piece that the student will take home. Students will register for all six sessions as the classes build skills that are needed for the progression of classes. All materials provided. Materials fee: $120 payable to the instructor at the beginning of class. CEC and LEC

Week 1: Using Slider Beads in Jewelry Making: In this class, students will make double and/or triple strand necklaces or bracelets using various sliders to hold the strands together. The finished piece of jewelry will be a necklace.

Week 2: Statement/Multi-Strand Bracelet: Class will include a discussion of how to use strand holders to create multi-strand bracelets and how to add charms or tassels to the finished project. Use of strand holders and rings employed. The finished piece of jewelry will be a multi-strand bracelet with charms.

Week 3: Introduction to Wire Wrapping: This class will focus on using hard wire to make spirals and to wrap a focal bead with a hole to make a pendant. The finished piece of jewelry will be a variety of wire-wrapped pendants that will go on a chain or leather rope-style necklace.

Week 4: Wire Wrapping a Cabochon Bead: This is an involved and higher level form of wire wrapping when a focal bead is wrapped to create a bezel setting and a bail. The finished piece of jewelry will be a set stone/pendant.

Week 5: Wire-Wrapped Rings: This class will focus on using hard wire, beads, and a ring sizer tool to make wrapped rings for the finger. We will also make spiral rings with and without beads that will also be wrapped and can be worn. The finished piece of jewelry will be a variety of wire-wrapped finger rings, with and without beads.

Week 6: Advanced Earrings: The class will delve into more complicated earring-making than simple pin earrings. We will discuss balance, weight, color choice, and design as they relate to facial shape. We will employ special tools and findings to use while making earrings. The finished piece of jewelry will be two or more pairs of earrings.

Knitting for Beginners to Advanced Knitters
Priscille Boisvert
For beginners, learn basic knit and purl stitch, cast-on, cast-off, and basics of reading patterns. For advanced students, learn how to knit sweaters without seams, how to use several different sewing methods to finish your sweaters, and most importantly, how to read difficult advanced patterns so that the knitted items come out fitting properly using the correct yarns. Teacher will call new students to let them know what they need. CEC

Mesh Wreath Workshops (Spring/Summer)
Martha Van Loan
For all levels. Create deco mesh wreaths using materials and colors appropriate to the theme of the class you are attending. Select picks, colors, and floral décor that allow you to use your wreath as you wish. Materials needed are: one 16-inch wire wreath frame (without ties); one 10-yard roll (or two five-yard rolls) of 21-inch mesh material; one roll of 2-inch mesh ribbon; one package of chenille wire; one eight-yard (or more) roll of decorative ribbon for your bow (optional); a selection of flowers, picks, and decorations to enhance your wreath; glue gun and glue sticks (optional); sharp scissors; and a pen and piece of paper. CEC and LEC

Mosaics: Stained Glass
Simone Esquibel
Each participant will create a stained glass mosaic on a clear panel. This will be suitable for hanging in a window or exterior setting, and will include hanging hardware. Participants will learn basic mosaic and cutting of stained glass skills. The instructor will have project ideas available; however, individuals are encouraged to bring their own ideas. Simple, basic designs are best, as the details will come through in the stained glass and mosaic process. Clip art can be a great source. The panel will be 11-by-14 inches. This class is designed for beginner and immediate skill levels. Supplies can be purchased from the instructor for $50. CEC and LEC

Not Your Normal Origami
Ellen Jampole
Origami is usually the folding of square sheets of fine paper into nearly anything. In this course, you will fold money, napkins, and bath towels. We may also fold a sheet or two of origami paper. Students will need to bring their own dollar bills and towels; other materials provided by instructor. Tips and directions are yours to take home to keep practicing there. Impress guests, friends, and family with fancy folded towels and napkins. Materials fee: $5 payable to the instructor at the beginning of class. CEC

Outdoor Fused Glass Spring Flowers
Suz Mole
Plant your yard with flowers that never need watering. These fun colorful fused glass flowers will be great fun
to create and can be placed easily in the ground outside. Students will create at least three large outdoor flowers in various colors and embellished with lots of interesting items. No experience necessary. Materials fee: $50 payable to the instructor at the beginning of class. **LEC**

**Painting on Silk**  
**Alice Estes**
Silk painting is like painting a watercolor except the colors keep moving until you draw a line to stop them. Learn about color mixing, flowing techniques, and how to draw on silk. Several enjoyable projects can be completed. Materials fee: $40 payable to the instructor at the beginning of class. **CEC**

**Pine Needle Creations by Zada Mae**  
**Donna Davis**
Students will be taught how to begin, weave, and complete fabulous pine needle baskets and have the opportunity to use colorful weaving threads and create one-of-a-kind pieces. Each finished piece will be tagged by the individual artists in this class. Returning or advanced students will complete a larger piece/tree-of-life and learn more intricate weaving stitches and techniques. Materials fee: $60 payable to the instructor at the beginning of class. **CEC**

**Pottery**  
**Myrtle Beach Art Museum Instructor**
The Myrtle Beach Art Museum’s Lineta Prichard Pottery Studio includes six pottery wheels and an area for hand building and glazing. With intimate class sizes, instructors provide students of all levels with on-on-one attention, working with them to enhance their experience whether it be on the wheel, building with slabs and coils, or a little bit of both. All of the student work is fired on site in this six-week class. Come and play in the clay! **Franklin G. Burroughs-Simeon B. Chapin Myrtle Beach Art Museum**

**Scrapbook Mini Accordion Album**  
**Lori Lohse**
Create a photo album that makes a great keepsake or gift for a loved one. In this one class, you will be provided the supplies to make a small six-by-six-inch album that will open up to be a large album capable of holding at least 10 photos. Anyone with paper crafting experience will love to learn this easy yet interesting album. Since this is so easy, anyone with absolutely no experience can create this lovely book. All supplies will be provided, but you will still need to add your photos. You can bring a selection of photos to the class and add them during the session. Materials fee: $20 payable to the instructor at the beginning of class. **CEC**

**Scrapbooking Basics**  
**Lori Lohse**
Learn the basics of scrapbooking by making four different themed pages. Each week we’ll make a 12-by-12-inch scrapbook page centered on a season. You will work with coordinating patterned paper, colored cardstock, headers, accent matting, and die-cut embellishments and lettering. This class is geared for those who have never done scrapbooking. However, even those with experience will enjoy creating a new page to add to an album. The supplies you need will be provided, but if you have supplies of your own, please bring them to customize your pages. While the pages will be complete, you will still need to add your photos and any journaling you wish to do. You can bring photos with you and add them during the class or wait until you’re home. Materials fee: $25 paid to the instructor at the beginning of class. **CEC**

**Stained Glass Beginner/Intermediate Levels**  
**Kathy Welde and Sharon Knost**
Learn the art of stained glass using the copper foil/solder method. The first project you choose will consist of no more than 10 pieces. Project completions will be determined by the student’s pace. Basic tools and grinders are always available and some smaller pieces of glass, but basic supplies must be purchased for a second project. A list will be provided. Students will be working with soldering irons, grinders, and sharp-edged glass, requiring dexterity, steadiness, and the ability to stand for long periods. Cost is determined by project chosen, but there will be a $3 fee to help cover costs of tools. **LEC**

**Stained Glass Art for Intermediate/Advanced Levels**  
**Kathy Welde and Sharon Knost**
This stained glass art class will focus instruction at the intermediate/advanced levels. Students will work on projects of their choice with individual guidance from the instructor. At these levels, students are expected to provide their own tools and supplies, i.e., soldering iron, cutting tools, solder, copper foil, and glass. Glass grinders are available for use in class. This class is a relaxed atmosphere, and each student receives individual attention. Class size is no larger than 10 students. Students will be working with soldering irons, grinders, and sharp-edged glass, which will require dexterity, steadiness, and the ability to stand for long periods. Cost depends on project chosen; $3 fee to help cover costs of tools. **LEC**
Sweetgrass 101: The Basics of Sweetgrass Basket Weaving
Barbara McCormick
Have you had an interest in the Lowcountry art of sweetgrass basket weaving? This is the class for you. This four-week course will provide you with knowledge of sweetgrass basket weaving as well as hands-on experience by creating the two traditional sweetgrass baskets shapes (round and oval) in the class. Sweetgrass baskets are coiled with sweetgrass and Southern long-leaf pine needles and lashed with strips of palmetto. Techniques taught will enable the students to design a variety of shapes and sizes of sweetgrass baskets. This is an art form stemming from West Africa more than 300 years ago. Students need to bring scissors. Additional tools will be provided during class. Materials fee: $50 payable to the instructor at the beginning of class.

Sweetgrass Basket Weaving for Beginners
Gail Wright
The instructor will bring in numerous types of baskets in different styles so you can choose which one you would like to make. We will discuss the history of the sweetgrass basket, where the supplies come from, and how we gather the materials. You will make two small baskets in this four-week class. You get to keep your supply of materials. Materials fee: $50 payable to the instructor at the beginning of class.

Visual Journals: Your Everything Book
Becky Steele
Visual journaling offers a chronological journey using words, pictures, ideas, expressions, photos, and other fun fodder and art to record your life and stories. Some use their visual journals to record their observations and illustrate their environment; others use them to document their life, travels, and ambitions. Each journal is unique to its creator in appearance as well as use. You do not need to be an artist or a writer to participate or to create a visual journal. You just need to be open to the process and enjoy having fun. Materials list: journal (recommended: 9-by-12-inch Canson mixed media art book, but any mixed media book and size will work); assorted pens, colored pencils, and markers; glue stick; scissors; and any old magazines you might want to bring. You can also bring: watercolor paints with brush, craft knife and cutting mat, stencils, lettering, rubber stamps, photos, flyers, postcards, brochures, tickets, stickers, newspaper articles, maps, photocopies, calendars, cartoons, menus, fabric, cards, wrappers, letters, receipts, notes, playing cards, puzzle books, old books, lists, sticky notes, and sticker books.

Watercolor Painting
Barnie Slice
This watercolor course teaches students, new or seasoned, how to use different techniques in using watercolors as a painting tool. The instructor does a demonstration at the beginning of each class and the students paint the same or a subject of their choice. This course will expand the knowledge of watercolors by exploring different techniques and exploring color combinations. Materials for Barnie Slice’s watercolor classes are:

Paints: Don’t buy the cheapest paints you can find but buy the best you can afford. I recommend Cheap Joe’s American Journey (www.cheapjoes.com) watercolors because they are great and reasonably priced. A 15-ml tube is all you need for now. Buy one tube in the following colors: ultramarine blue, thalo blue, Hooker’s green, cadmium red medium, cadmium yellow medium, Payne’s grey, burnt sienna, yellow ochre, alizarin crimson, and dioxazine purple. You may add other colors as desired.

Palette: You MUST have a palette in which to put your paints. It is suggested to get a large square plastic one with at least 20 pockets around the edge for paints and space in the center for mixing. Fill each “pocket” with paint and let stand in the air for several days to harden. Line colors up by warm, cool, and earth tone colors.

Brushes: You may purchase a set of watercolor brushes, but make sure the bristles are man-made white bristles. A great brush is the Robert Simmon’s “Simply Simmons” series (available at most local art supply stores). Golden Taklon brushes are great, too. Purchase one each of the following brushes:

- Round brush - You will need a No. 30 or No. 36 size one, a large brush with pointed tip.
- Flat brush - a quarter-inch and a half-inch and a larger brush will work fine.
- Fan brush - This is a fan-shaped brush used for grasses and such. Be sure to get one that is slightly stiff and springy. A small and medium size is suggested.
- Rigger, also known as liner and script brush - These are small brushes with long bristles used for painting lines and details. A medium size is suggested.
- Rake or comb brush - These brushes are invaluable when painting grasses, etc.

Note: If you already own brushes, just bring them to class.

Papers: It is suggested to use 140-pound cold-pressed watercolor paper either as individual sheets or on a block pad. (Do not purchase any Strathmore brand watercolor papers! Strathmore makes great papers for other applications but lousy watercolor paper.) Cheap Joe’s Kilimanjaro paper on a block pad is the recommended choice. Arches papers and block pads are excellent, too. Canson will do in a pinch.

Other: Bring a roll of paper towels and blue painter’s tape. LEC

Watercolors
Susan Duke
Work at your own pace to release your inner Picasso. This watercolor class is structured for all levels of students, from beginner to advanced, encouraging each to develop their own style. Everyone receives individualized attention. Topics include paper and brush selection, mixing paints, value, composition, and various techniques, such as saran wrap, tissue, and gesso, etc. The class also covers use of gouache, colored pencils, and inks. For further learning, paintings are critiqued. Students need tubes of paint; student grade is permitted: alizarin crimson, cadmium red, burnt sienna, bright yellow, sap green, French ultramarine (or ultramarine or cobalt blue), and indigo; pencil; soft eraser; No. 14 or No. 12 round watercolor brush; 140-pound cold-pressed acid-free watercolor paper (e.g., Strathmore Pad 300 Series); two white paper plates to use as a temporary palette; container/jar for water; No. 14 round watercolor brush; pencil; eraser; and paper towels. LEC

Weaving a Seaside Basket
Sue Ann Whittick
Participants will use natural and dyed reeds and other natural materials (not sweetgrass) to weave a square or cylinder basket and then embellish with seashells and other gifts from the ocean. Materials fee: $7 payable to the instructor at the beginning of class. CEC and LEC

COOKING AND FOOD

*HGTC policy states: For all hands-on cooking classes, closed-toe, flat shoes are required. High heels and sandals are not permitted. Wear long pants and a long-sleeved shirt, hair in a ponytail if possible, hands washed and nails clean. Refrain from wearing perfume or cologne. Bring a chef knife to class.

**All cooking classes are held at HGTC Culinary Institute, 920 Crabtree Lane.

Winter Soups, Jan. 17, 10 a.m. to 1 p.m.
Learn to make delicious soups for those cold winter days.

Tapas, Feb. 7, 6-9 p.m.
If you are booked on the Collette tour of Spain and Portugal, this class is a must! If not, make up for missing the trip by learning to prepare Spanish appetizers.

Cuisines of Asia, March 21, 9 a.m. to noon
OLLI@CCU is offering trips to Thailand, China, and India in 2020-21. Learn about some of the dishes before you go; you will be quite surprised.

Greek Cuisine, April 18, 9 a.m. to noon
Learn about Greek cuisine and why the Mediterranean diet is so good and tasty. It’s easier than you might think to prepare Greek foods.

DANCE, FILM, MUSIC, AND THEATER

Adventures in Hand Drumming
John Tracy
Feel the excitement of trying something NEW and FUN. No skill needed, just a smile. Drums from West Africa provided. Drumming supports memory and the immune system. We explore rhythms from Africa, the Caribbean, jazz, and funk. Easily build skills you can use in drum circles and various music groups. We share connections to community drumming opportunities and events. CEC

Amazing Films Anyone Will Love
John Tracy
Amazing films that you never saw, but will enjoy. Why? Because. How do I know? My focus groups liked them. Example: one night was a “short” of the noodle-slurping scene from “Tampopo,” followed by my main event, “The Natural History of the Chicken,” which left ALL viewers laughing so they coughed up their bites of popcorn, or spilled their drinks. CEC

Unless specified in the description, please check the materials/supply list available online and in the OLLI centers for materials needed for classes.
Beginning Belly Dance
Ellen Jampole
Learn some history of belly dancing and basic moves in Egyptian and Turkish styles. Belly dance is an excellent core workout. It is also a great deal of fun. We’ll begin with a warm up, flow into moves, learn and drill on arm moves, shimmies, hip lifts, and hip twists. Learn to express your inner, exuberant self. As Vicki Baum said, “There are shortcuts to happiness, and dancing is one of them. “If you have a veil or jingle skirt, feel free to bring either, but they are not necessary. The sessions are independent; you do not need to have taken the first session to enroll in the other sessions. CEC

Behind the Scenes of Broadway
Jason Milliren
This course will take a look behind the scenes to see how live theater works, creates the magic, and makes money. You will learn what it is actually like to step on the big stage, what it is like to peek behind the curtains, and what it takes to be a producer. There will be discussions on the history of live theater as well as the transformations and acceptances of theater in society in the past and the present. You will learn how technology has changed live productions. We will talk about the differences between plays and musical theater. Finally, to round this course out, a variety of theater genres will be discussed such as high school productions, regional theater, national tours and, of course, Broadway. So, get your tickets now and sign up for Behind the Scenes of Broadway. CEC

The Blues: From the Beginning to 1960
Lloyd Kaplan
The blues rose from very humble beginnings to a point where it impacted several genres of music in America and beyond. This course will trace the evolution of this unique form through the various types of music such as jazz and country, featuring the contributing performers. A few of the essential artists featured will be Mamie Smith, Bessie Smith, Louis Armstrong, Muddy Waters, Jimmy Rodgers, Robert Johnson, and George Gershwin. Music will be heard via CDs. CEC

Do You Want to Know a Secret? The History of the Lyrics of the Beatles
Jo Ann Tufo
This course explores the stories behind many of the lyrics of the Beatles songs that the world grew to love. This class will also discuss the first experiences of Beatles fans, especially relating to their performance on the “Ed Sullivan Show” in February of 1964. CEC

Duke Ellington and His Musicians
Lloyd Kaplan
For 50 years, Duke Ellington led one of the finest jazz bands in the world. Although the personnel changed from time to time, the music remained great, thanks to the talents of his musicians. This course will shine the spotlight on such key players as Bubber Miley, Barney Bigard, Johnny Hodges, and Paul Gonsalves. Music will be heard via CDs. CEC

Learn a Dance for a CCU Men’s Basketball Halftime
Marla Sage
A one-hour class twice a week to learn a dance routine to perform with the Chanticleer female dance team at a CCU men’s basketball game on Feb. 20 during halftime. The week of the performance, participants will have practice with the Chanticleer girls at 5:30 p.m. on Tuesday to prepare for the Thursday performance. Activity level 3 – moderate with some intense intervals. CEC

Line Dancing for the Non-Dancer
Lisa Aprea
This class teaches useful line dances for retirees and snowbirds on the Grand Strand. It is useful because these are the line dances currently being enjoyed and practiced by locals at their favorite dance halls, festivals, and live music venues. Class reviews how to identify which song works well with which dances. You will learn how to execute a line dance with varying song speeds. Students will be invited to practice with instructor during the week at various music venues. CEC and LEC

Social Ballroom 101
Rosemary and Bill Tierney
If you are looking for a fun, fresh activity, this social ballroom class is for you. Learn the basic rhythm, posture, and step-by-step patterns for the foxtrot, rumba, and swing. CEC

Writers and Writing on the Big Screen
Carol Osborne
We will view and discuss films that depict writers, real and fictional, and in the process explore the act of writing. Beginning with the 1950 classic “Sunset Boulevard” and ending with the 2011 highly acclaimed movie, “The Help,” these films, spanning different time periods and genres, address key aspects of the writing process. CEC
AARP Driver Safety Program
Judy Chamberlain, Ralph Edwards, and Gregory Homer
This four-hour course teaches valuable defensive driving skills and provides a refresher in the rules of the road. The course was designed for mature drivers; however, all drivers older than 26 can participate. S.C. law mandates that persons who attend this four-hour driver safety course will receive a discount off their auto insurance in S.C. for three years (if students live in other states they need to check with their auto insurance agency). The instructional materials fee is $15 for AARP members and $20 for non-AARP members and will be collected by the instructor the day of the class (only cash or check made payable to AARP). Participants should bring their driver’s license, AARP membership card (if applicable), payment, a light snack/drink, and a sweater or light jacket. **CEC and LEC**

Understanding Medicare
Stanley and Terri Stephens
This course will encompass all aspects of Medicare. We discuss original Medicare, enrollment periods, penalties, and secondary Medicare coverages such as Medicare Supplements and Medicare Advantage plans and how they are billed in combination with Medicare. In addition, there is instructional time dedicated to Part D RX plans and research. **CEC and LEC**

Your Best Financial Life
Taber Brown
Saving for retirement is rather straightforward. Save. Save. And save some more. Do your best to stay out of debt, while you’re at it. When one enters retirement, planning can get complicated. Join us as we make sense of these complicated issues and work toward maximizing the efficiency of your retirement plan. **CEC and LEC**

The Art of Deep Listening
Barbara Cardinal
How many of us wish our loved ones would really listen? Or, would you like to learn how to deeply listen to another? This class will teach you how to listen in a way that can transform your relationships with partners, children, friends, and colleagues. Once we connect with the essence of another, we are forever changed.

- Enhance trust and rapport in your relationships.
- Build close and more authentic connections with others.
- Gain a deeper understanding of others.
- Enjoy more fulfilling relationships.

Deep listening is an extraordinary communication skill that anyone can learn. Not only do you experience the benefits above, but the person you are listening to will feel important and valued by you. **CEC and LEC**

The Art of Deep Listening: Part II
Barbara Cardinal
This is a second-level course for those who have attended the basic course, The Art of Deep Listening. Participants will strengthen and expand upon the listening skills introduced and practiced in the first course. **CEC and LEC**

Back Pain Solutions
Alan Levy
Millions of people suffer from back pain, acute or chronic, and it can be caused by an infinite number of conditions. In order to address the cause and create a proper treatment plan, it’s essential to identify the type of pain you’re experiencing, which is something we’ll be exploring together. During this class, we will discuss the different types and causes of back pain as well as holistic measures to address discomfort. Participants are encouraged to ask questions as we discuss different topics related to back pain. We aim to guide you through various methods for alleviating discomfort and preventing future illness. **CEC**

Break the Cycle of Dieting and Emotional Eating: An Introduction to Intuitive Eating
Kay Dobis
Intuitive eating (IE) is a framework developed by two dietitians that frees you from a life of chronic dieting and teaches you how to nourish your mind and body and make peace with yourself and food. Rather than depending on external food rules, IE helps you tune into your intuition to determine what your mind, body, and spirit need at any given time. This will be an interactive workshop with hands-on activities and group discussions. **CEC**

Chair Yoga
Linda Shultz
Chair yoga is a great starting point for anyone just starting a yoga practice, recovering from an injury or who has any physical limitations. With a variety of modifications, this class really is for anyone. All asanas (poses) are done either sitting in the chair or holding...
onto the chair when standing. By the end of the first session, you will notice some changes to your flexibility, balance, strength, and muscle tone. Best of all, no experience is needed. You are sure to enjoy this class. Wear comfortable clothes and bring a smile. Students need a thin yoga mat, block, and strap. Bring a bottle of water. CEC

**Depression: A Model for Healing and Returning to Life**  
*Barbara Cardinal*  
Are you or a loved one experiencing depression? Depression is a complicated and layered cluster of symptoms that robs us of experiencing full energy and joy. Learn to recognize its symptoms. Hear about the latest research and a model of treatment that is helping many people heal and return to living their full lives. CEC

**Easy Movin’ and Groovin’**  
*Ellen Jampole*  
Keep limber and active. Come have fun moving and grooving, bending, twisting to Chubby Checker, and walking to the oldies and newer songs. We tend to laugh a lot in the class, too. We will do core exercises, balancing moves, arm strengthening, and ankle/foot work. We also practice sitting and breathing — sometimes at the same time. In addition, we’ll do some hoop work that does not involve hula hooping. If you are interested in trying to do traditional hooping, you can. Some dance moves will be taught. Activity level 3 – moderate with some intense intervals. Students should adapt moves to meet their bodies’ abilities and rest as needed. CEC

**Easy Yoga Meditation**  
*Paula Kenion*  
Learn easy breathing, meditation, and other yoga practices for personal and spiritual growth. We will meditate in chairs for comfort. No yoga postures required. Handouts will be provided by the instructor. All are welcome for a relaxing and uplifting afternoon. CEC

**Emotional Support with Essential Oils**  
*Debi Boyle*  
When you’re feeling “off” emotionally, your decision-making abilities and the health of your relationships may suffer. Provide yourself with the emotional support you deserve by maintaining a healthy lifestyle and using balancing essential oils. Learn how essential oils can offer emotional support, naturally, with no side effects. For anger, anxiety, depression, fear, grief, stress/fatigue, irritability or mood swings. Make one or more rollerballs. Materials fee: $5 per rollerball payable to the instructor at the beginning of class. LEC

**I Want to Eat Healthier. Where Do I Start?**  
*Kay Dobis*  
Break through all of the Keto, Paleo, Whole 30, and other diet noise, and learn the basics of good nutrition. We’ll discuss the myths of the last generation that have contributed to an epidemic of chronic disease. You’ll go home with actionable tips and recipes to help you get started right away. CEC

**Make and Take Essential Oil Class**  
*Debi Boyle*  
Using essential oils can be a safe, natural option to protect and maintain your family’s health. Learn the basics of how to use essential oils safely and effectively. Make your own rollerball of essential oil blends for general wellness. Choices of rollerballs to make: immune support, digestive health, sleep and calming, allergies, headaches, sore muscles and joints, energy and focus. $5 each. Make one or all, for yourself or as a gift! LEC

**Managing Arthritis**  
*Alan Levy*  
Arthritis is a challenge that you never signed up for, and, although it might feel as though someone has pulled the rug out from underneath you, the trajectory of your life doesn’t have to dramatically change. It’s important to acknowledge that your physical and emotional health may be put to the test post-diagnosis, but you can take steps to maintain a high quality of life so that you’re able to continue the things that are important to you! Our goal is for you to feel empowered so that you can play and active role in taking control of your health and wellness. The way to work through arthritis is to work WITH your body to manage and care for it in any way it needs. As a person dealing with arthritis, your life has certain challenges that you may not have experienced before. During this course, we will help you take steps toward finding the right lifestyle changes and habits that work for you, so that you can stay healthy and happy, despite your diagnosis. Additionally, we will talk about self-care, and why taking care of yourself is crucial to avoiding excess stress and managing your pain. All we ask is that during this journey, you keep an open mind and do your best to continue empowering yourself to be your own health advocate. CEC
Mindfulness for Health: Practical Tools for Living with Greater Ease, Joy, and Balance
Debbie Lynd
Mindfulness is purposefully paying attention, cultivating awareness of ourselves and things as they are. Learn how mindfulness practices produce increased well-being, clarity of mind, and a more positive outlook as we explore the science behind mindfulness and use practical tools for living with greater ease, joy, and balance. Mindfulness practices have been an integral part of most Eastern and Western religions. However, only recently has modern science caught up with ancient traditions, proving that engaging in various meditation practices can literally transform the way we perceive, feel, and act. This can bring about less stress, improved cognition, increased creativity, and overall sense of well-being. We’ll explore practices to find those that work for each of us and gain new insights into how our minds work. CEC

Natural Solutions for Arthritis
Kay Dobis
The term “arthritis” is used for a number of different conditions that cause joint pain and stiffness. Osteoarthritis, rheumatoid arthritis, psoriatic arthritis, gout, and lupus are different diseases, but share common symptoms. This workshop offered by nutritionist Kay Dobis will discuss the different types of arthritis and offer natural solutions to help relieve symptoms and reduce inflammation throughout the body. Diet, supplements, herbal remedies, and other natural solutions will be discussed. CEC

Nia Dance – Moving to Heal
Debbie Mundie
Nia is a 55-minute non-impact, aerobic routine that is practiced barefoot and suitable for people of all ages and fitness levels. It combines dance movements, martial and healing arts with soul-stirring music that nurtures body, mind, spirit, and emotion. The primary principle of Nia is joy of movement. Routine choreography includes combinations of Nia’s 52 basic moves and students are encouraged to move their own bodies in ways to experience pleasure and self-expression. Each session will feature a unique Nia routine. Bring a yoga mat, blanket, or both. CEC

Senior Strength
Linda Shultz
This class is for those wishing to increase their strength and tone their body. Some of the class will be done sitting in chairs, while some of the class will be done standing. The chair will still be available to help with balance. All exercises we do will help make daily tasks even easier to perform. CEC

Shoulder Pain Solutions
Alan Levy
When is the last time you considered the health of your shoulders? Most of us don’t pay them any attention until we begin to experience pain. Our shoulders are at risk for all sorts of injuries due to the complexity of joints, muscles, ligaments, and tendons needed to allow such a wide range of movement. From the positions we sleep in, to the way we sit at a desk, the shoulders have so much more potential for injury than other parts of the body. Our shoulders allow us to do more than we realize which is why keeping them in good health is vital to everything we do! From carrying groceries to typing on the computer, driving a car, and even reaching for something up above, our shoulders play a crucial role in even the most mundane daily activity. If you’re interested in learning more about shoulder health and drug-free pain solutions, sign up for this class. CEC

Stressed? How to Ease Mind and Body
Alan Levy
The number of people suffering from stress-related conditions is absolutely astronomical. People are experiencing a compromised life and the outcome is scary ... headaches, fatigue, negative eating behaviors, anger, anxiety, depression, stomach problems, and the list goes on. The challenge is that we live in a world that is filled with chaos, overstimulation, and pressure. Whether it is struggling with your children, financial woes, a deflating career, politics, your health, a difficult relationship, challenging family, etc., it is safe to say that there is an abundance of stressful situations that we are exposed to. In this class, I want to review the three major sources of stress and how each can impact one’s health. Mental, chemical, and physical stressors are everywhere and affect everyone, sometimes in different ways. We will be reviewing different techniques to help the attendees manage their physical, emotional, and/or chemical stress. CEC

Tai Chi
John Gore
In this class, we learn some practical elements of Yang Style 24 considered by many to be the most popular form, working to embody the tai chi principles at a deeper level. We also include elements of qigong “energy exercise.” Together, these disciplines are transforming the way people take care of themselves. There is no need for high-intensity workouts that focus on a limited set of muscles and leave you feeling
drained. Instead there is a better, centuries-old way to exercise that has many advantages including the use of core muscles, being meditation in motion, and an enhanced immune system. Tai chi and qigong require no equipment. We focus on examining how each posture or transition works and challenges our balance, our relaxation, and our overall awareness. CEC

Yoga Level 1
Linda Shultz
This yoga class will progress from stretching to different asanas (poses) but will remain level one. As you become more flexible and stronger, we will add on to what we did the week before. The class is not demanding and modifications are available. Looking forward to a fun energetic class. Bring water. Students need a yoga mat and sticky socks unless they intend to go barefoot. CEC

Yoga: Physical and Philosophy
Maryann Loucks
This class will help participants find balance and grounding in their physical practice through breath work and alignment. Philosophy complements the physical aspect by examining the ethical practices of yoga and the application to our modern world. LEC

Zumba Gold Fiesta
Luz Greene
Zumba is a Latin-inspired dance fitness workout. This workout is specifically designed for the active older adult. All steps and routines will be gentle on the joints and surprisingly easy to do. Students are welcome to rest and drink water at any time. LEC

GENEALOGY

Beginning Genealogy
Gail Reynolds and Edie Reynolds
Are you a genealogy “newbie” or looking for help in developing and organizing your family history research? This introductory course is designed to get you started in searching for your roots and help you develop an organizational process for tracing your family history. This course will discuss the role of various types of records in researching your family history. Students need a two-inch, three-ring binder and a package of dividers. CEC

Historic Newspapers and Genealogical Research
Gail Reynolds and Edie Reynolds
This genealogy course will focus on utilizing historic newspapers to take your genealogical research beyond the basic information about your ancestors. While finding census records, vital records, military records, and land records will give you the “bare bones” of your genealogical research, newspapers will bring your ancestors to life. This course will assist you in finding news accounts of your ancestors exploits. This is a computer-based course and students are advised to bring their five- or six-generation charts as well as a flash drive to save any information that they discover. CEC

Using Google for Genealogical Research
Gail Reynolds and Edie Reynolds
Have you been researching your family using genealogy websites and experiencing frustration because you can’t find the information on your family history? It’s time to look “outside the genealogy box.” This computer-based course is designed for genealogists who wish to use Google resources for genealogical applications. Participants will explore search engine basics and advanced search techniques, image search, Google books, news, patents, Google translate, YouTube, and more. Bring your own genealogical information to class for use in your online research. While examples used will relate to genealogy, this course will also assist people who want to use Google for any type of research. Supplies needed: Flash drive and the following recommended text: Cooke, Lisa L. (2015). The Genealogist’s Google Toolbox, 2nd ed. Chapters 1-6 and 9-14. ISBN 978-0-9845229-0-3. LEC

HISTORY, GOVERNMENT, AND POLITICS

9/11: Can We Believe the Official Story?
Larry Gates
Sept. 11, 2001, was a defining moment of the 21st century. Because of the spectacular events of that fateful day, we live in a surveillance state where many civil liberties have been discontinued, and we are spending trillions on foreign wars. What really happened? Why? And who was behind it? We will examine theories that question the official story and see if they have any merit. LEC

5,000 Angels: Nurses in the Vietnam War
Jo Ann Tufo
This course explores the lives and harrowing experiences of the more than 5,000 women who served as American military nurses during the Vietnam War. CEC
All about the 2020 Presidential Race
Helene Miale
This course will review the primaries, platforms, and policies heading into the 2020 presidential election race. With six democratic debates completed in 2019 and six more to go in 2020 to challenge the Republican incumbency, the focus will be to size up the strengths and weaknesses of the leading candidates. CEC

America between the Wars
Bob Poirier
America’s discomfort with its post-World War I role as a world power. The social, political, and world outlook of the U.S. in the Roaring Twenties and the Great Depression and the rising threat of a new international conflict. LEC

Amish Life: The History and Culture of the Amish in Pennsylvania
Jo Ann Tufo
This course explores the history and culture of the Amish people in Lancaster County in Pennsylvania. Discussed will be the religious roots, everyday family and life, business practices, and foods that make this unique community fascinating. CEC

The Antietam Campaign
Geoffrey Wilson
After a string of spectacular success in Virginia in 1862, Robert E. Lee decided to take the war to the north with an invasion of Maryland. Marching to intercept him was the Army of the Potomac under its newly reinstated commander, George B. McClellan. After days of maneuver and fighting, the two armies met near the town of Sharpsburg in western Maryland near the Antietam Creek. There, they fought a battle of such magnitude, that the single-day death toll for Americans has never been surpassed. CEC

A Baseball Celebration: 1940s and 1950s
Clark Wilburn
Many baseball legends were built during these two exciting decades: Ted Williams, Jackie Robinson, Mickey Mantle, Willie Mays. Some of the greatest excitement occurred in New York City, where the Yankees, Dodgers, and Giants competed for glory. But baseball was expanding west, leaving heartfelt in its wake. Still, many would say these were the pinnacle years of the national pastime. CEC and LEC

Becoming Horry: Transplants, Snowbirds, and Locals
Holley Tankersley
In the last 25 to 30 years, Horry County has seen significant growth, much of it from a vibrant community of retirees. Whether transplants, snowbirds, or locals who are now engaging differently with their community, these individuals have undoubtedly shaped the region and will continue to do so. This class is a four-week series of structured dialogues meant to explore those changes, and their impact not only on the community, but also on the individuals who call this region home. Structured dialogue is a form of guided conversation that encourages individuals to share their own experiences as well as build understanding of the experiences of others. We will use personal narratives shared during the dialogue to produce postcards and digital content that can be used to educate and inform future transplants, snowbirds, and locals as they transition to this energetic and important community. CEC

British Social History 1919-1939
Clark Wilburn
This course will cover a time period when Great Britain confronted significant threats to its power and national identity. Despite the many challenges faced by Britain as it emerged from the maelstrom of the First World War, amazing new developments emerged in diverse fields like communications, transportation, exploration, medicine, entertainment, literature, and philosophy. Totalitarianism was on the rise, but there were other types of forces too: jazz, radio, flappers, and Ivor Novello. CEC and LEC

Building the Panama Canal
Ronald Byrd
Perhaps no single achievement captured the spirit of America in the early 20th century more than the building of the Panama Canal. This class will examine all the many colossal political, financial, public health, and engineering challenges faced by France and, ultimately, the United States, including the unique personalities and special creativity eventually used to surmount these problems. The result was one of the greatest accomplishments in world history. CEC

Chanticleer Intelligence Brief (CIB)
CIB students
The CIB is the pre-eminent student organization of the intelligence and national security studies program at CCU. It prepares the next generation of America’s national security leaders by enabling students to specialize in a topic or region of their interest. Each
semester, CIB student analysts work in groups to answer some of the most pressing questions of international affairs. During this presentation, CIB analysts will present their analytical reports on their topics of specialization to the community and answer questions about some of the world’s most troubled and volatile hotspots. The event is free and open to the public, but OLLI students must register for it. Registration does not guarantee a seat. CEC

The Cold War Part I: The Battle of Ideologies
Joseph Fitsanakis
For nearly 50 years, the US and the USSR fought the most permeating political clash of modern times. We will explore the ideological basis of the Cold War, namely the clash between communism, capitalism, and democracy, which shaped – and continues to shape – the lives of billions around the world. CEC

The Cold War Part II: The Secret World of American Communism
Joseph Fitsanakis
In the 1930s the economic desperation of the Great Depression drove millions of Americans to communism. The government responded by unleashing the FBI against American communism, a move that culminated in the era of McCarthyism. We will explore this extremely tense and volatile period of American history. CEC

The Cold War Part III: The Dawn of Nuclear Warfare
Joseph Fitsanakis
The bombing of Hiroshima in 1945 marked the terrifying dawn of the atomic age. By 1949, the USSR had also acquired nuclear weapons, thus altering the global balance of power. The Cuban Missile Crisis was just a decade ahead. We will examine the volatile nuclear dimension of the Cold War. CEC

The Cold War Part IV: The Battle for Hearts and Minds
Joseph Fitsanakis
The USSR lost the Cold War, but it arguably won the battle for hearts and minds in the Third World. Why was Marxism so popular in Asia, Africa, and Latin America? And what could America have done to counter it? The answers are relevant in America’s current “War on Terrorism.” CEC

The Cold War Part V: The Collapse of the Soviet Empire
Joseph Fitsanakis
Between 1989 and 1991, the USSR disintegrated, leaving behind millions of people in a chaotic social and economic state. Why did the Soviet empire collapse so quickly? And to what extent does the conclusion of the Cold War constitute an American victory? The answers may surprise you. CEC

Coming to America: The Irish Experience
Jo Ann Tufo
This course explores the immigration process for the Irish from America’s earliest roots, through the grueling years of the potato famine and into the 20th century. Irish-American culture and social contributions will be celebrated in this class...which begins on March 17! CEC

Conspiracy Theories
Samih Baalbaki
From the assassination of John F. Kennedy to NASA’s moon landings, from Sept. 11, 2001, to the death of Elvis Presley, every event of the last century has prompted a conspiracy theory. In this fun class, we examine some political and nonpolitical “conspiracies” with the biggest followings, the most longevity, and the modern influence of social media. CEC and LEC

The Crisis at the Border
Larry Gates
We will survey border issues from the time of the U.S./Mexican War until the current push by Donald Trump to build a massive wall. Why are so many desperate people trying to enter our country? Is this a humanitarian crisis or an invasion? Why is there so much animosity towards them? Can we protect our southern border without being cruel and coldhearted? LEC

French Indochina
Philip Whalen
As part of the Department of History’s War and Society Lecture Series, Whalen will identify the origins of French interests in South East Asia and discuss the colonial relations that ensued between the 1870s and the 1950s. CEC

From Jim Crow to the Civil Rights Act
Bob Poirier
The course examinations the results of emancipation, attempts to roll back newly gained freedoms, the era of “separate but equal,” and the Civil Rights movement. LEC

General Bernard Montgomery: Architect of Allied Victory or Egotistical Jerk?
John Henry
Field Marshall Bernard Law Montgomery, First Viscount Montgomery of Alamein, was either the true architect...
and savior of Allied war efforts for the western Allies in WWII (according to his memoirs) or an egotistical jerk who prolonged the war with his intransigence and ego (according to Patton). The first class will review Monty’s life reviewing his experience as a Battalion Commander in WWI through his actions during the evacuation from Dunkirk which shaped his thinking and overall strategy in all his subsequent high commands. The subsequent classes will review Monty as Commander of the 8th Army in North Africa and Sicily, as overall commander of ground forces during the Normandy invasion and subsequent breakout, and as 21st Army group commander throughout the remainder of WWII, including the Battle of the Bulge and Market Garden. The class will not concentrate on the actual battle movements but on the controversies that have arisen about Montgomery and his command of the events.

CEC

Geography: Africa
Russ D’Arienzo
This course is designed to learn about the geography of Africa by focusing on a combination of instruction and map work. Specific attention will be given to the Age of Imperialism. We will see how this affected Africa, as well as how Africa is currently reacting to those effects. This course can be taken as a stand-alone or in conjunction with the other geography courses. CEC

Geography: Asia, R. D’Arienzo
This course is designed for the novice who would like to learn more about the geography of Asia. Instruction and map work will focus on Asia’s main areas and features as well as some big countries such as Russia, India, and China. LEC

Geography: North America
Russ D’Arienzo
This course is designed for the novice who would like to learn a little more about the geography of our continent. Instruction and map work will focus on areas such as: the U.S., Canada, Mexico, the Caribbean, and Central America. This course can be taken as a stand-alone or in conjunction with the other geography courses. CEC

Geography: Oceania and Antarctica, R. D’Arienzo
This course is designed for the novice who has an interest in geography or a specific interest in the geography of the title continents. Instruction and map work will focus on Australia, Oceania, and Antarctica. LEC

Going, Going, Gone!
Fred Gerardi
Our national pastime just celebrated its 150th birthday. This course will show how radio and music contributed to its growth to what the sport is today. We’ll feature the songs and there were many throughout the decade that lent themselves to the stars and on-field feats. We’ll cover the pioneer and present day broadcasters that had a hand in promoting the game of baseball and a few surprises regarding the game as well. CEC

History and Legends of Murrells Inlet
Christine Vernon
Christine Vernon will be discussing the history and legends specifically regarding Murrells Inlet. As the local storyteller, she will regale students with the history of the Waccamaw tribe, plantation life, and pirates, and continue up to present day. Included will be the tales of local legends and ghost stories of the inlet told over the years by previous storytellers. LEC

The History and Mystery of Ben Franklin
Jo Ann Tufo
This class explores the life and contributions of one of the nation’s most fascinating and entertaining “Founding Fathers.” From his birth in Boston, through his youth, adulthood in Philadelphia and his years as an elder statesman, “Benevolous’” life will be dissected and presented in a factual and entertaining manner. CEC

History of the National Parks
Sarah Diaz and Linda Lane
Our national parks have rich histories that reveal a great deal about topics such as land use; exploration and expansion; interactions between indigenous people and American settlers; sciences such as ecology and wildlife biology; territorial disputes, politics; economics; and American culture including recreation, tourism, work, and the wilderness ideal. The course covers the history of the “national park idea” and provides a platform to discuss conflicts that arise from the dual mandate to preserve natural resources and features as well as provide for public enjoyment. CEC

History of Rock ‘n’ Roll, Parts I and II
Newton Mullins
This course will involve the use of lectures, videos, and listening to music. We will study all of the other musical forms that led to the development of rock in the ‘50s as well as the way rock has grown and developed over time. Part I will cover from rock ‘n’ roll’s beginnings to 1965. Part II will cover from 1966 to the present. CEC
Illustrating the Heart of America: Norman Rockwell
Jo Ann Tufo
This course presents the life and work of the iconic American artist, Norman Rockwell. His profound effect on our culture during the harrowing years of World War II, as well as during times of peace and change will also be explored. CEC

Iran from Persepolis to Islamic Republic
Samih Baalbaki
Iran, Turkey, and Israel hold the future of the Middle East in their hands. This series of classes will explore the history of each country to shed light on how their past influences their present politics and may facilitate (or hinder) alliances between any (or all of them) that will shape the future of the whole region. We will look into the history of Shia Iran before Islam, during Muslim (Sunnī) rule, pre- and post-Shah that resulted in the present theocratic state and its ambition to export the (Shia) revolution into the rest of the region. CEC and LEC

Israel from Ben Gurion to Netanyahu
Samih Baalbaki
Iran, Turkey, and Israel hold the future of the Middle East in their hands. This series of classes will explore the history of each country to shed light on how their past influences their present politics and may facilitate (or hinder) alliances between any (or all of them) that will shape the future of the whole region. CEC and LEC

Memory and the Vietnam War
Thomas Castillo
As a part of the Department of History War and Society Lecture Series, Castillo examines the struggle over the meaning of the Vietnam War, which has seemly mirrored the struggle over defining who we are as a nation. When Bruce Springsteen hauntingly sung “Born in the U.S.A.,” the imagery of loss and perseverance filled the lyric and reflected the chaos of economic disruption and cultural alienation marking the 1970s. This talk will evaluate the deeply emotional journey to find meaning in the Vietnam as it unfolded in the production of music, film, literature, and more formal public memorials. CEC

Rosie the Riveter and Popular Culture of WWII
Jo Ann Tufo
This course explores the many changes that occurred in American society during the period of 1941-1945. The influences of the turbulent war years and their effect on every aspect of American life would change societal norms for decades. This course celebrates the “Greatest Generation.” CEC

Shattering the Glass Ceiling: Women Who Broke Barriers
Jo Ann Tufo
Explore the lives and contributions of women who courageously and successfully broke through massive gender barriers and emerged as noteworthy. Women who politically, culturally, and socially took risks and changed their worlds will be celebrated in this class. CEC

Slavery and the Union 1776 to 1861
Bob Poirier
The conflict between slavery and a free American republic. LEC

Socialism from Karl Marx to Bernie Sanders
Larry Gates
After clarifying the economic and political theories of Karl Marx, we will survey communism in Russia and China, the social democracies of Western Europe and socialist movements here in the United States. We will look at the debate between socialism and capitalism. LEC

Spain under Islam
Don Ullman
For more than 700 years, Islam ruled in Iberia. The culture the Arabs founded at Cordoba far exceeded anything known in most of Europe at the time and will astound the student. CEC
South Asia: Diversity or Division?
Kathleen Fair
This course will explain the complexity and diversity, the conflicts, and the conditions found in an area slightly larger than the United States and the home to more than 1.5 billion people. Beginning with geography, continuing through history, participants will discover the richness of South Asia. LEC

Turkey from Ataturk to Erdogan
Samih Baalbaki
Look into the history of Sunni Turkey and how the Ottoman five-century-long rule of the Muslim world, except Iran, influences today’s Turkish autocrat and his nostalgia for ruling the Muslim Middle East. CEC and LEC

The U.S. Space Program
Pete Sivillo
Presentation about the U.S. space program with official NASA slides, including personal observations of simulation support for missions. Apollo 13 involvement in return of crew to Earth, assembly of launch cluster of space shuttle vehicle and transport to launch pad, and presentation of photos of Earth taken from the space station with narration by an astronaut. CEC

Vietnam in a Regional Context
Brandon Palmer
As a part of the Department of History War and Society Lecture Series, Palmer will explain how the origins, conduct, and conclusion of the Vietnam War are best understood in the regional and global context of the Cold War. Palmer will explore the various ways that North and South Vietnam drew support from powerful allies throughout the course of the war. CEC

Vietnam: Military Affairs and Public Opinion
John Navin
As part of the Department of History War and Society Lecture Series, Navin will describe the rationale for the commitment of U.S. troops and aid to Vietnam, major developments, engagements, and turning points in the conflict. He will also discuss response of the American people to the war, which ranged from unwavering support to vocal opposition and even active resistance. CEC

Were They Really the Happy Days?
Bob Poirier
Were they really America’s “happy days?” This is an examination of the years from the end of World War II to the Kennedy assassination. The course will analyze the social, national, political, and international events of the period year-by-year. The top musical, movie, and athletic trends of the time will also be presented. LEC

Basic Computer Skills/Social Media
Jaclyn DiGiorgio
In this class, you will learn basic computer skills: desktop management; fast keys on the keyboard; saving and opening documents; and opening windows and websites. Then, we move to social media: Facebook, Instagram, and Twitter. All topics will be broken down into four weeks, one topic covered per week.

Week 1: Basic Computer Skills
• Operating computer interface: starting up computer, navigation of desktop, fast keys (on the keyboard), using the mouse, etc.
• Backing up files: opening programs like Microsoft Word, saving documents and then restoring them. File organization: using folders, renaming them, moving them from one to another.
• Websites: how to open up Internet Explorer or Firefox, looking up websites, navigating from one site to another and tabs.

Week 2: Social Media – Facebook
• Setting up account: general settings, security, privacy, etc.
• Newsfeed: how it works and how to scroll through it.
• Post a status, photos, and/or video.
• Organizing albums.
• Search/look up someone.
• Request a friend or block someone.
• Comment on a status, photo, and/or video.
• Share on a status, photo, and/or video.
• Facebook Messenger: where to find it, how to respond, and how to block if needed.

Week 3: Social Media – Instagram
• Setting up account: general settings, security, privacy, etc.
• Newsfeed: how it works and how to scroll through it.
• Post a photos, and/or video.
• Share on a status, photo, and/or video.
• Comment on a photo, and/or video.
• Share on a photo, and/or video.
• Inbox messages: where to find it, how to respond, and how to block if needed.

Week 4: Social Media – Twitter
• Setting up account: general settings, security, privacy, etc.
• Newsfeed: how it works and how to scroll through it.
• Post a tweet, photos, and/or video.
• Organizing albums.
• Search/look up someone.
• Request a friend or block someone.
• Comment on a tweet, photo, and/or video.
• Share on a tweet, photo, and/or video.
• Twitter messages: where to find it, how to respond, and how to block if needed.  

Identity Theft and Fraud: What You Need to Know to Help Protect Yourself
Elizabeth Tyler
Identity theft and online fraud are becoming increasingly common. Threats include using your credit card without your permission, gaining access to your bank accounts, and taking over your email. The purpose of this course is to educate you about common types of fraud and steps you can take to reduce your risk.  

Mastering Your Android Cellphone
Jaclyn DiGiogio
In this class, you will be learning how to take charge of your cellphone so well that your kids will be impressed! We will discuss topics from something simple like sending a photo via text to listening to music on your phone. You must have an Android cellphone that can receive and send texts and photos.

Week 1: Intro to your cellphone
• Adding and removing contacts on your phone.
• Sending text messages, with a photo or video attached.
• Customizing your phone by changing the background and ringtones.
• Organizing your applications (apps).

Week 2: Email
• Creating an email address.
  ** If you have an existing email, please have it and your password written; bring them to class.
• Where to find it on your phone. Writing and sending an email. Also, how to reply to an email.
• How to delete an email.

Week 3: Downloading apps and utilizing social media on your phone
• Making a Gmail (Android) account to download apps, if you have not already done so.
  ** If you have an existing account, please have it and your password written; bring them to class.
• How to download applications (apps), such as games, Facebook, Instagram, and Twitter.
  ** If you have existing accounts, please have them and your passwords written; bring them to class.

Week 4: Wrap up
• How to upload a photo/video from your phone to your social media apps.
• The rest of the class time will be used to catch up on anything we didn’t get to, revisit some things that we’ve previously covered, or explore some areas of the cellphone that the class is interested in.

Mastering Your iPhone Cellphone
Jaclyn DiGiogio
In this class, you will be learning how to take charge of your cellphone so well that your kids will be impressed! We will discuss topics from something simple like sending a photo via text to listening to music on your phone. You must have an iPhone cellphone that can receive and send texts and photos.

Week 1: Intro to your cellphone
• Adding and removing contacts on your phone.
• Sending text messages, with a photo or video attached.
• Customizing your phone by changing the background and ringtones.
• Organizing your applications (apps).

Week 2: Email
• Creating an email address.
  ** If you have an existing email, please have it and your password written; bring them to class.
• Where to find it on your phone. Writing and sending an email. Also, how to reply to an email.
• How to delete an email.

Week 3: Downloading apps and utilizing social media on your phone
• Making a Gmail (Android) account to download apps, if you have not already done so.
  ** If you have an existing account, please have it and your password written; bring them to class.
• How to download applications (apps), such as games, Facebook, Instagram, and Twitter.
** If you have existing accounts, please have them and your passwords written; bring them to class.

Week 4: Wrap up
- How to upload a photo/video from your phone to your social media apps.
- The rest of the class time will be used to catch up on anything we didn’t get to, revisit some things that we’ve previously covered, or explore some areas of the cellphone that the class is interested in. CEC

Save, Organize, Share, and Enjoy your Digital Photos
Nancy Launi
Do you have digital photos on your computer, smartphone, tablet, camera, etc? Are your photos a disorganized mess? Do you worry about losing your photos? Would you like to have them organized so that they are easy to find and protected from loss? In this class, you will learn: safe backup strategy; criteria for choosing cloud storage; photo organizing strategies; adding tags and descriptions to your photos; and how to create something with your photos. We will be using OLLI’s computers so students need to be familiar with Windows 10. Required materials: Bring a flash (USB) drive loaded with 25 to 50 photos. LEC

Website Design
Jaclyn DiGiorgio
In this class, you’ll be learning how to create your own website. From personal blogs to businesses, you will be able to distinguish yourself from others.

Week 1: Free websites available
- Researching different free websites in class: Wix, SquareSpace or WordPress and what they have to offer.
- (Homework) Come up with ideas of what kind of website you will want: i.e., personal, business, or blog website.

Week 2: General layout of website
- Setting up an account and picking out a pre-made layout of your website.
- Create a homepage.
- Create a profile page.

Week 3: Designing your website
- Add a photo to your profile page.
- Make an introduction blog post.

Week 4: Final edits
- By the end of class, we should have a homepage that shows off what your website is about, an introduction/profile page and a blog post. CEC

LANGUAGES

American Sign Language (ASL) Beginner: Continued
Cathy Milliren
This course is considered the second half of an introductory course in American Sign Language (ASL). Students will practice fingerspelling, review previously learned vocabulary, and learn new vocabulary through a series of group activities and games. Simple question forms will be practiced and dialogues will be used to expand conversational skills. Deaf culture will be discussed as it relates to the vocabulary being taught. No textbook required. Please bring a folder for holding papers and a writing utensil. CEC

French for Beginners and Travelers
Patti Kussman
An engaging introduction to the French language, this course will focus on vocabulary and pronunciation in a way that will allow the learner to speak in complete sentences quickly. The content covers tourists’ needs: food, clothing, travel, public transportation, and more. In addition, we will do some reading and finish always with some French music.

French Culture and Conversation
Patti Kussman
This gathering of Francophiles will allow members to converse, play games, sing, hear presentations, watch film clips, and, in general, learn more about the language, people, and culture of France. CEC

Italian for Beginners
Jerry Frontiero
This class is designed to teach students to speak, read, write, and converse in Italian. The only prerequisite for taking this class is to have a desire to learn one of the romance languages. This class is ideally suited for those who have never spoken a word of Italian or have a limited vocabulary. Classes begin with learning to pronounce vowels, consonants, and letter combinations. Then, we will build a vocabulary of words and essential phrases for anyone that wants to learn to politely greet people, make reservations, order food and beverages, shop, and be able to converse beyond expressing salutations and greetings. Classes will include reading practical dialogues and reading engaging short stories as a group. We will also have writing and speaking exercises that are strictly for the
benefit of each student to build their Italian language skills. Required texts: “Italian in 10 Minutes a Day” by Kristine K. Kershal and “Learn Italian the Fast and Fun Way” by Marcel Danesi. **CEC and LEC**

**Reading and Thinking Spanish: Part II**
Luz Greene

This class provides students an easy way to learn the Spanish language including its grammatical structure through reading and writing about South and Central America, Spain, and other countries in Europe. Learn the history, art, music, tradition, and language of these countries. Required text: “Read and Think Spanish” premium 3rd edition. **CEC**

**Spanish for Travelers**
Luz Greene

This class provides an easy way to learn the Spanish language, tradition, and culture. Required text: “Easy Spanish Step-by-Step” by Barbara Bregstein. **CEC and LEC**

**LITERATURE AND WRITING**

**Memoir Writing**
Jean Johnston-Smith

Have you ever thought to yourself, “I should write a book?” Do you want to leave a written legacy? Does the thought of writing a memoir overwhelm you? Do you need help getting started? If you answered yes to any of these questions, this may be the course for you. Whether your desire is to produce polished letters as keepsakes for your children and grandchildren or to write and publish a generational saga, this class will help. Writing is transformative, changing both the writer and the reader. It is a solitary act that takes on a social persona when shared. Come join others who have the same desire to tell their stories in a supportive and fun atmosphere with manageable and focused assignments to help you get started. We all have stories to tell. Your memoir already exists inside of you! You can and will write! **CEC**

**Shakespeare and Immigration, T. Pillai**

Immigration is an old story of identity, the complexities of which are explored in three of Shakespeare’s greatest plays: “The Merchant of Venice,” “Othello,” and “The Tempest.” Characters/Situations in these plays resist simplistic approaches, instead presenting us with multiple perspectives on the cultural, emotional, ethical, and political complexities of immigration. **LEC**

**Write for Fun and Profit**
Linda McGinn Waterman

Taking your writing from dream to reality, this highly interactive course uses a workshop format to carry you from concrete nouns and vibrant verbs to writing your story and sharing your interests in magazines, trade journals, books and online. It demonstrates how anyone can make money writing with a little imagination and the willingness to learn skills and hone their craft. Topics include: “Write Your Passion!,” “Sharp Writing that Sells,” “Hooking Your Reader,” and “Structuring Your Book.” Visiting published nonfiction and fiction authors will represent genres that include romance, juvenile, suspense and memoir. Materials fee: $30, payable to the author at the beginning of class. **LEC**
We all love a good action movie, right? Whether it's a thriller or a spy flick or some good outer space action, the special effects these days are amazing! But ... how many of the effects shown on the screen are accurate according to the laws of nature (physics)? Sign up for this fun (and often funny) look at good and bad movie physics. Clips will be shown and you will learn when to shake your head in amazement and when in disgust at these multimillion dollar entertainment efforts. **LEC**

**The Last Universe**  
Clancy Knowles  
We are living in a universe more complex and beautiful than we can fully comprehend: the facts are astounding. This course explores the big bang, dark matter, black holes, dark energy, infinity, extra dimensions, and the ultimate fate of our universe. **CEC**

**The Milky Way Galaxy**  
Clancy Knowles  
There are so many fascinating facts and theories about the galaxy in which we live. This is your opportunity to be brought up to speed so that you may better understand the discoveries to come. At the least you will be equipped for great dinner discussions with friends and family. **CEC**

**The Origin and Method of Science**  
Geoffrey Wilson  
Modern science began around 1600 with the work of one extraordinary man, Galileo Galilei. He set the standard for science as we know it and made some of the greatest early discoveries. We will examine what “science” was before then and what it became after. Then we will examine the nature of scientific research and discovery with application to judging the bewildering flood of “scientific research” released every day on morning television. **CEC**

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### PERSONAL GROWTH AND SKILLS

**Animal Care for the Love of Your Pet**  
Lisa Aprea  
This class offers beginners level instruction in all facets of caring for your pet. Topics include training, behavior, body language, wellness first aid, and ongoing care. **CEC**

**The Bathroom is Spotless ... The House Burned Down, Mark Nugent**  
All too often, we place the greatest emphasis on cleaning the guest bathroom when expecting company. When was the last time you placed that much emphasis on the fire safety in your home? Get an in-depth review of Midway Fire Rescue’s “Home Fire Safety Inspection Program,” teaching you the skills required to ensure your home will be as safe as your bathroom is clean. **LEC**

**Boundaries with Adult Children**  
Terry Lynn Humphrey  
How much support should you offer adult children? What if your adult child is behaving immaturely or you are estranged? Perhaps you have adult children who want to borrow money. Or maybe they even live with you. This class will cover the principles and tools of boundary setting with adult children. Discussion, support, and encouraging suggestions as well as handouts and take-aways provided. **CEC**

**Cultivating Creativity: The Practical Art of Expressing Yourself**  
Kristen Lutjen  
Designed to promote vitality and joy through self-discovery and expression, this eight-week workshop explores theories and busts the myths and beliefs that block creativity. Participants are given practical tools, tasks, and mindfulness practices each week to support the cultivation of creativity in their lives. Join us this spring as we enjoy a stimulating and inspiring exploration of the different aspects of creativity and the practices that support your creative endeavors. **CEC**

**Free Yourself from Clutter, B. Tringali**  
Are you surrounded by things you have haven’t used in years? Have you ever wondered what that clutter is costing you? It impacts you in more ways than you’ve probably imagined. This class will explore the various ways that clutter impacts one’s life. Then, you will be provided with guidance on how to clear the clutter. **LEC**

**Makeup and Skincare Tips, Tricks, and Techniques for Mature Women**  
Jan Truszkowski  
Are you a mature woman who wants to look your best but is confused by all the information and marketing on skincare and makeup? If so, this class is for you! Forget YouTube tutorials; join me for a live class that focuses on mature skincare and makeup applications to enhance your best features! **CEC and LEC**

**Party Magic for Young and Old**  
Bryan Blankenship  
Learn the art of performing magic tricks for friends and grandchildren alike. Students will learn how to use
professional magician’s gimmicks and techniques to amaze friends and family. These easy to learn professional magic tricks are not your grandpa’s magic tricks; they use techniques of the true art. You will learn how to perform silk, card, rope and other magic routines that real magicians perform. With a little practice, you can amaze audiences just like the pros. Come learn to be the life of the party. Materials fee: $30. CEC

Talking for Understanding
Judy Ogden
Is there someone important in your life who you can’t understand and who (clearly) doesn’t understand you? Don’t just give up! The future can be better. Come learn how to have a conversation where real communication and understanding occur. This course teaches a time-tested approach for preparing for and managing such a conversation. Come join us. CEC

RELIGION AND PHILOSOPHY

Major World Religions: Eastern
Rhonda Hoffman
The religions we will cover in this course are: native spirituality, Hinduism, Buddhism, Jainism, Sikhism, Taoism, and Shintoism. Instruction will include PowerPoint presentations, videos, and guest lecturers. CEC and LEC

Major World Religions: Western
Rhonda Hoffman
The topics covered in this class are: an overview of the Abrahamic religions of Judaism, Christianity, and Islam. This class will be taught through the use of PowerPoint presentations, guest speakers, and an excursion. CEC and LEC

Moses Couldn’t Have Said That
Craig Miller
Some claim that biblical texts have divinely inspired origins, ostensibly placing them beyond certain types of critique. Empirical research on the Bible has called into question this immunity from critical evaluation. We’ll evaluate the research, perhaps changing our awareness of the ancient world and impacting – at times controversially – biblical translation itself for both the conservative and literal interpreter. LEC

An Overview of New Testament Textual Criticism
Geoffrey Wilson
The New Testament was written in Greek on parchment between 50 and 100 AD. Now 1,900 years later, none of those original manuscripts are believed to exist. How do scholars use the manuscript copies we do have to attempt to reconstruct as closely as possible what the original authors wrote? Is it impossible and just a dishonest set of manufactured sections? Is it reliable and without contradictions and errors? We shall review the modern discipline of textual criticism to try to answer these questions. CEC

To ensure participation from those who register, we are now charging semester fees for each club. Dining clubs are $5; those that meet once a week or less are $10; and those that meet twice a week or more are $20.

American Sign Language Club (Conway)
Jason Milliren
This club is designed for those who have completed beginner ASL or who have some basic understanding of ASL. Club members will expand their vocabulary as well as their communication skills through conversational signing. No materials required.

Book Club (Conway)
Ellen Elliott
Meets year-round on the second Monday of each month from 1-2:30 p.m. to discuss works selected by the group. Book selections for January to May are: Jan. 13, “The Day the World Came to Town” by Jim DeFede, Pat A. as facilitator. Feb. 10, “A Long Walk to Water” by Linda Sue Park, Lydia as facilitator. March 9, “The Dutch House” by Ann Patchett, Ruth as facilitator. April 13, “Midnight in the Garden of Good and Evil” by John Berendt, Ellen W. as facilitator.

Classic Book Club (Litchfield)
Janis Adams
This is a classic books group that meets year-round on the first Thursday of the month from 2-4 p.m. Book selections are listed on the website and in the e-newsletter.

Colored Pencil Art Practice Club (Conway)
Leslie Graves
This club will allow those who enjoyed classes in colored pencil painting to continue to come together and work on their projects. The club will bring together people who enjoy working on their colored pencil projects but who need the time carved out by a club to allow themselves to do so. The club is open to anyone who
has worked with this medium, whether beginner or experienced. Club members will need to supply their own materials.

**Colored Pencil Painting Club (Litchfield)**
**Noreen Gordon**
This is a group effort to meet weekly to learn and support artists about colored pencil painting independently. Four members will share the responsibility to maintain the structure and information of this club. We aim to help new members with support and encouragement each week to maintain a momentum of creativity. Club members will need to provide their own supplies.

**Contemporary Book Club (Litchfield)**
**Marsha Fister**
This is a contemporary books club that meets year-round on the fourth Monday of each month from 10 a.m. to noon. Book selections are listed on the website and in the e-newsletter.

**Current Events: The World (Litchfield)**
**Bob Poirier**
A two-hour discussion of U.S. and world events and their impact; held normally on the second Wednesday of the month.

**Dining Club Central (Conway)**
**Kofie Montgomery and Sheila Rudesill**
Members of the dining club will meet for dinner at local restaurants once a month. The club will generally meet in restaurants in Conway, The Market Common, Myrtle Beach, “Restaurant Row,” and Surfside Beach. Members are expected to RSVP by the date asked and to order from the menu.

**Dining Club North (Conway)**
**Susan Granger**
Members of the dining club will meet for dinner at local restaurants once a month. The club will generally meet in restaurants in Conway, Myrtle Beach, “Restaurant Row,” and North Myrtle Beach. Members are expected to RSVP by the date asked and to order from the menu.

**Fiber Arts Club (Litchfield)**
**Dolores Dunnington**
Members will be introduced or can expand their knowledge in areas of yarn arts: crochet, knit, yarn fibers, techniques, reading patterns, tools, and resource materials. Preserve the history of fiber arts while encouraging new design training opportunities and related topics. Level of knowledge: Beginners and experienced levels welcome.

**Fun and Games Club (Conway)**
**Kris Szepanski**
Join your OLLI friends for various board and card games. This is a no-stress zone filled with a fair amount of laughing and good times. Absolutely NO experience needed, and game rules are explained prior to play.

**Gardening in the South (Conway and Litchfield)**
**Anita Lampley**
There is no prerequisite to participate in this gardening club. Here you will learn more about plants appropriate to this area of South Carolina. Additionally, you may listen to guest speakers, exchange plants, learn about gardening events in the area, or take field trips.

**Georgetown Lunch Bunch (Litchfield and Georgetown)**
**Verna Berry**
Members will meet for lunch at Georgetown (city or county) restaurants once a month. If in the city, enjoy the local restaurants and afterwards, wander up and down the quaint downtown, shopping if you wish. Or walk along the HarborWalk, taking in the sights including local wildlife and the boats anchored in the harbor. If in the county, there may be other places to see and things to do after you dine.

**Gilles Bridge Society (Conway)**
**Keith Burroughs**
This is a progressive rubber bridge group. Each player is asked to contribute 50 cents at each meeting to provide prize money. The format is unique for social bridge in that the same partner is retained throughout the evening and penalties for slow play are mitigated. Individuals without partners are welcome. The society has no affiliation with a national organization.

**Investor Education Club (Litchfield)**
**Robert Unger**
Learn about the different kinds of financial investments, as well as the risks and rewards associated with each. Club participants will be better able to construct an investment portfolio designed to meet specific objectives and/or more intelligently work with a financial adviser in structuring investment strategies.

**Mahjongg Club (Conway)**
**Sandy Hargis**
This club is for American rules mahjongg. Experienced players as well as beginners are welcome. You will need to bring your National Mahjongg League, Inc., 2019
card. If you have a mahjongg set, please bring that, too. For questions, contact Sandy Hargis at slhmahjongg@yahoo.com.

**Mahjongg Club (Litchfield)**
**Carol Meldrom**
The Mahjongg Club members must have a current mahjongg card and are encouraged to bring a mahjongg set. **LEC**

**Spanish Club (Conway)**
**Luz Greene**
Club members will generate discussion topics related to Spanish language and culture for all levels from basic to advanced conversational Spanish.

**Tai Chi Practice (Conway)**
**Loretta DeLuca and Sheila Rudesill**
This club is for the practice of tai chi Moy Style for students who know the first 108 moves and want to practice the entire set of movements with a group. There is no instruction being done in the club.

**Tai Chi Practice (Litchfield)**
**Melanie Scott**
This club is designed as a practice session for those already familiar with the 108 moves of Taoist tai chi. Enjoy the benefits and encouragement of a group setting in a one-hour session twice a week.

**World Affairs Club (Conway)**
**Samih Baalbaki**
This club allows members to learn about current affairs and world events through discussion, presentations, or guest speakers. You may attend any meeting of the club, but must also complete a separate registration for the special events.

**Writers’ Club (Litchfield)**
**Anita McKay**
The Litchfield Writers’ Club provides a weekly opportunity for people to submit work they’ve written to have other members offer feedback on its strengths and weaknesses.

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**SUMMER 2020 COURSE DESCRIPTIONS**

**May 16 to Aug. 15, 2020. Registration begins in March.**

**ARTS, CRAFTS, AND PHOTOGRAPHY**

**Abstract Painting Basics**
**Martha Van Loan**
Develop techniques and concepts of abstract painting. Work with color, line, brush strokes, shapes, and textures to create works of art that speak to your senses. BYO materials. **CEC**

**Acrylic Painting Basics**
**Martha Van Loan**
Beginners learn how to prepare canvas, mix colors, choose brushes, and develop painting techniques. Short introductions in each class, then students will work individually with one-on-one guidance. BYO materials. **CEC**

**Acrylic Painting Intermediate and Advanced**
**Martha Van Loan**
Expand your painting interests. Try new styles such as expressionism, abstract, graphic, surrealism, or photorealism while using your own subjects. BYO materials. **CEC**

**Basic Realism in Oil and Acrylic**
**Jef Sturm**
Students will grow in the understanding of what makes a good, realistic painting, with a growing understanding and insight into how they can make it happen. **GEC**

**Christmas in the Summer: Fused Glass Ornaments**
**Suz Mole**
Students will use bits and pieces of fusible glass to design unique Christmas keepsake ornaments. Materials fee: $45 payable to the instructor at the beginning of class. **LEC**

**Connecting Possibilities**
**Becky Steele**
Create your own abstract painting that tells your story! Begin with written words and intentions drawn right on the canvas and add color, shapes, and symbols to further develop your ideas. No experience is needed. Materials list: one or two artist canvases, panel or stretched, 12-by-12 inches or similar size; assorted acrylic paints with at least five of your favorite colors including white; one or more brushes and a graphite pencil. Optional: watercolor markers or pens. **CEC and LEC**

**Classic Grapevine Wreath**
**Martha Van Loan**
Create beautiful and colorful grapevine wreaths to match your décor using silk flowers. Learn how to paint your wreath and make bows. Students supply their own materials: one plain grapevine wreath 16 inches to 30 inches; silk flowers and picks; two-inch wired decorative bows.
ribbon seven yards or more; and one can of matte acrylic spray paint in coordinating color or natural brown. **CEC and LEC**

**Easy Greeting Cards**  
**Ellen Jampole**  
Create unique yet easy-to-make greeting cards in a relaxed atmosphere. We’ll use pre-made cards or cardstock as a base to make cards for anyone, for holidays, or any occasion. Learn to make simple pop-up cards. Learn tangling patterns to design cards. Use various embellishments enhance your card. You’ll end the class with materials and directions to keep making cards after the class is over or for “homework” during the weeks the class meets. Instructor will supply all consumable materials needed. Materials fee: $20 payable to the instructor at the beginning of class. If you have tools you wish to use, bring them. **CEC**

**Jewelry Making Freestyle**  
**Cathy Hatch**  
Students can design their own jewelry, focusing on a different piece each week, while receiving help and instruction from the teacher. Materials fee: $20 per week payable to the instructor at the beginning of class. **CEC**

**Mesh Wreath Workshops**  
**Martha Van Loan**  
Beginning and experienced students are welcome to join the fun as we decorate with colors appropriate to the theme. Purchase your own materials for each class. Select picks, colors, and floral décor that allow you to use your wreath as you wish. Materials needed are: one 16-inch wire wreath frame (without ties); one 10-yard roll (or two five-yard rolls) of 21-inch mesh material; one roll of 2-inch mesh ribbon; one package of chenille wire; one eight-yard (or more) roll of decorative ribbon for your bow (optional); a selection of flowers, picks and decorations to enhance your wreath; glue gun and glue sticks (optional); sharp scissors; and a pen and piece of paper. **CEC**

**Mini Accordion Scrapbook Album**  
**Lori Lohse**  
Create a scrapbook photo album that makes a great keepsake or gift for a loved one. In this one class, you will be provided the supplies to make a small 6-by-6-inch album that will open up to be a large album capable of holding at least 10 photos. Anyone with paper crafting experience will love to learn this easy yet interesting album. Since this is so easy, anyone with absolutely no experience can create this lovely book. All supplies will be provided, but you will need to add your own photos. You can bring a selection of photos to the class and add them during the session. Materials fee: $20 payable to the instructor at the beginning of class. **CEC**

**Pottery**  
**Myrtle Beach Art Museum Instructor**  
The Myrtle Beach Art Museum’s Lineta Prichard Pottery Studio includes six pottery wheels and an area for hand building and glazing. With intimate class sizes, instructors provide students of all levels with on-on-one attention, working with them to enhance their experience, whether it be on the wheel, building with slabs and coils, or a little bit of both. All of the student work is fired on site in this six-week class. Come and play in the clay! **Franklin G. Burroughs-Simeon B. Chapin Myrtle Beach Art Museum**

**Sweetgrass 101**  
**Barbara McCormick**  
This course will provide knowledge of the Lowcountry art of sweetgrass basket weaving as well as hands-on experience of creating two traditional sweetgrass basket shapes. Students need to bring scissors. Materials fee: $60, payable to the instructor at the beginning of class. **GEC and LEC**

**Sweetgrass Basket Weaving for Beginners**  
**Gail Wright**  
In this course, you will learn how to weave two small sweetgrass baskets and learn the history behind sweetgrass basket weaving as well. Students need to bring scissors. Materials fee: $60 payable to the instructor at the beginning of class. **CEC and LEC**

**Visual Journals – Your Everything Book**  
**Becky Steele**  
Create your own visual journal. Learn special techniques and experiment with a variety of materials to paint, layer, collage, cut, scrape away and play with whatever comes forth. No experience is needed. Materials list: journal (recommended: 9-by-12-inch Canson mixed media art book, but any mixed media book and size will work); assorted pens, colored pencils and markers; glue stick; scissors and any old magazines you might want to bring. You can also bring: watercolor paints with brush, craft knife and cutting mat, stencils, lettering, rubber stamps, photos, flyers, postcards, brochures, tickets, stickers, newspaper articles, maps, photocopies, calendars, cartoons, menus, fabric, cards, wrappers, letters, receipts, notes, playing cards, puzzle books, old books, lists, sticky notes, and sticker books. **CEC and LEC**
DANCE, FILM, MUSIC, AND THEATER

Amazing Films
John Tracy
Amazing films that you never saw, but will enjoy. Why take the class? My focus groups liked them. Example: one night was a “short” of the noodle-slurping scene from “Tampopo,” followed by my main event, “The Natural History of the Chicken” which left ALL viewers laughing so hard they coughed up their bites of popcorn or spilled their drinks. CEC

Beginning Belly Dance
Ellen Jampole
Learn very basic moves of belly dance. Belly dance is an excellent core workout, plus it is a great deal of fun. We will learn and drill on arm moves, shimmies, hip lifts, and hip twists. CEC

Easy Movin’ and Groovin’
Ellen Jampole
Have fun moving and grooving, bending, twisting, and walking to the oldies and newer songs. We do core exercises, balancing moves, arm strengthening, and ankle/foot work. Wear comfortable clothes and shoes; bring water. Activity Level: 3. CEC

Line Dancing for the Non-Dancer
Lisa Aprea
This is line dancing for the non-dancer. Myrtle Beach is a dancer’s town no matter what age you are and it is a year-round interest. CEC and LEC

Your Best Financial Life
Taber Brown
Managing your investments for your best financial life changes drastically in retirement. Join us as we address questions, examine pitfalls, and uncover truths in maximizing your retirement plan. In addition, we will discuss long term care. CEC and LEC

FITNESS, HEALTH, AND WELLNESS

Nia Dance – Moving to Heal
Debbie Mundie
Nia is a unique movement practice that delivers the creative expression of dance, the power and precision of martial arts and the functional movement of the healing arts, creating a synergistic blend of movement forms. Yoga mat or blanket is optional. CEC

Summer Solutions with Essential Oils Make and Take
Debi Boyle
People can make natural products for use in the summer, such as sunburn cooling spray, bug and tick repellent, or gardening sprays. Materials fee depends on what items are made. LEC

Tai Chi
John Gore
We will practice some elements of Yang Style 24 which is considered by many to be the most popular form, working to embody the tai chi principles at a deeper level. CEC

HISTORY, GOVERNMENT, AND POLITICS

Peruvian Culture
Luz Greene
This class will explore the history and contributions of Peruvian cultures including tradition, art, music, architecture, and the best of the country’s food and drinks. CEC

PERSONAL GROWTH

The Bathroom is Spotless...The House Burned Down
Mark Nugent
All too often, we place the greatest emphasis on cleaning the guest bathroom when expecting company. When was the last time you placed that much emphasis on the fire safety in your home? Get an in-depth review of Midway Fire Rescue’s “Home Fire Safety Inspection Program,” teaching you the skills required to ensure your home will be as safe as your bathroom is clean. LEC

OLLI CLUBS

Dining clubs are free for the summer semester. Those meeting once a week or less often for the summer are only $5. Those meeting twice a week are $10.

Book Club (Conway)
Ellen Elliott
Meets year-round on the second Monday of each month from 1-2:30 p.m. to discuss works selected by the group. Book selections are listed on the website and in the e-newsletter.
Colored Pencil Painting Club (Litchfield)
Noreen Gordon
This club will meet weekly to encourage artists and support their evolving works. Members will feel free to ask questions of each other and learn from each other through regular critiques. LEC

Contemporary Book Club (Litchfield)
Marsha Fister
This club meets the fourth Monday of each month from 10 a.m. to noon. Book selections are listed on the website and in the e-newsletter.

Dining Club Central (Conway)
Kofie Montgomery and Sheila Rudesill
Members of the dining club will meet for dinner at local restaurants once a month. The club will generally meet in restaurants from Conway to “Restaurant Row” to Surfside Beach. Members are expected to RSVP by the date asked and order from the menu.

Dining Club North (Conway)
Susan Granger
Members of the dining club will meet for dinner at local restaurants once a month. Members are expected to RSVP by the date asked and order from the menu.

Gilles Bridge Society (Conway)
Keith Burroughs
This is a progressive rubber bridge group. Each player is asked to contribute 50 cents at each meeting to provide prize money. Individuals without partners are welcome. The society has no affiliation with a national organization.

Mahjongg Club (Conway)
Sandy Hargis
This once-a-month club is for experienced players and beginning players of American rules mahjongg. You will need to bring your own card. If you have a mahjongg set, please bring it. The logistics of play will be reviewed at the first meeting. Beginning players will receive instruction.

Tai Chi Practice Club (Conway)
Loretta DeLuca and Sheila Rudesill
This class is designed as a practice session for those already familiar with the 108 moves of Taoist tai chi and want to practice the entire set of movements with a group.