From the Director

First, a big thank you to all the volunteers who helped us deliver catalogs, present at outreach venues, and conduct our Taste of OLLI open houses. Our OLLI forces are growing! Thanks to the instructors, club leaders and staff who have worked hard preparing classes, marketing them at the Taste of OLLI and then attending a workshop this week. And, finally, thanks to all of you OLLI members, old and new, who have shown up, excited about a new semester. We are thrilled to see that we now have well over 900 members this early in the semester, with a steady stream of people registering every day.

The numbers of people interested in our excursions has also grown, much to our surprise, with many of the trips now having waiting lists that exceed the number of participants who were able to enroll. As a result, Kelli Barker and I have been busy negotiating with various venues and securing additional vans and drivers so that we will be able to accommodate all who wish to travel with us. You will be hearing from us as soon as we firm up the details. Those of you who wish to go on the California Rail, Canadian Rockies, Classic New England, and London and Paris trips are advised to register soon so that these reserved spots are not released to the general public.

We have made a few exceptions and added some classes after the catalog was printed, so I want to make you aware of those new opportunities:

Knitting (CEC), Spanish Dance Workshop (CEC), Italian for Beginners (LEC), Lunch and Learn Lecture Series (LEC), Basic Ink Techniques (LEC), Intermediate Alcohol Ink Scarf Painting (LEC), Alcohol Ink with Encaustics to Create Abstract Art (LEC), Latin for the Curious (LEC)

Also, currently, the following classes slated to begin next week are in jeopardy of cancellation unless a few more of you enroll. Please don’t disappoint our wonderful instructors who have worked hard to prepare these courses for you! Cancellation decisions for the first week will be made this Thursday!

How to Survive Sexism (CEC), Advanced Conversational Spanish (CEC), Buddhist Novels (CEC), Inside Information to Obtain Disability Benefits (CEC), Basic Bookbinding by Hand (CEC), Drawing and Basic Design (CEC), Turn Your Life into a Novel (CEC), Renewable Energy Sources (LEC), Renewable Energy Sources (LEC), British Social History (LEC), Building to Excess (LEC), Windows Basics I (LEC)

I look forward to seeing you at the Town Halls next week or at other times when you are attending classes or going on excursions. We are excited about all that is happening at OLLI@CCU!

Carol
There is still time to enroll in these OLLI classes beginning soon. Enroll today to guarantee your spot before class begins. Please visit our “Current Courses” page on the OLLI website for more information.

Conway:
- Drumming from the Heart (XMUSC 620 C01) Tues., 1/22
- Women in Jazz (XMUSC 655 C01) Tues., 1/22
- Evolution of Orchestras (XMUSC 670 C01) Tues., 1/22
- Spanish Dance Workshop (XMUSC 750 C01) Tues., 1/22
- How to Survive Sexism Overview (XPERS 500 C01) Tues., 1/22
- Basic Conversational Spanish (XSPAN 301 C01) Tues., 1/22
- Int. Conversational Spanish (XSPAN 302 C01) Tues., 1/22
- Fun and Games Club (XCLB 640 C01) Mon., 1/22
- Chair Yoga (XFITN 709 C01) Wed., 1/23
- Zumba Gold (XFITN 717 C01) Wed., 1/23
- Critical Topics in International Affairs (XGOVT 485 C01) Wed., 1/23
- Italian for Beginners Overview (XITAL 316 C01) Wed., 1/23
- Buddhist Novels (XLITR 533 C01) Wed., 1/23
• Insider Info on Disability Benefits Overview (XPERS 501 C01) Wed., 1/23
• Turn Your Life into a Novel (XWRIT 529 C01) Wed., 1/23
• Drawing & Basic Design (XART 103 C01) Thurs., 1/24
• Colored Pencil Painting (XART 180 C01) Thurs., 1/24
• Basic Bookbinding by Hand (XART 261 C01) Thurs., 1/24
• Free Yourself from Clutter (XPERS 795 C01) Thurs., 1/24
• Adv. Conversational Spanish (XSPAN 303 C01) Thurs., 1/24
• Mahjongg Club (XCLB 717 C01) Fri., 1/25
• Chocolate Desserts (XPERS 804 C01) Fri., 1/25
• Sweetgrass 101 (XART 123 C01) Mon., 1/28
• Watercolor Painting (XART 126 C01) Mon., 1/28
• Knitting: Beginners to Advanced (XART 182 C01) Mon., 1/28
• Writers’ Club (XCLB 539 C01) Mon., 1/28
• Economics of Exhaustible Energy Resources (XFINC 713 C01) Mon., 1/28
• Zumba Gold Toning (XFITN 717 C02) Mon., 1/28
• Stretch & Strengthen (XFITN 734 C01) Mon., 1/28
• Senior Strength Training (XHEAL 730 C01) Mon., 1/28
• History of Spaceflight (XHIST 603 C01) Mon., 1/28
• Italian for Beginners (XITAL 316 C02) Mon., 1/28
• Writer’s Journey (XWRIT 528 C01) Mon., 1/28
• Pine Needle Creations (XART 236 C01) Tues., 1/29
• Zumba Gold (XFITN 717 C04) Tues., 1/29
• Getting More From Your Financial Plan (XFINC 716 C01) Tues., 1/29
• Senior Safety & Self-Defense (XFITN 705 C01) Tues., 1/29
• Saudi Arabia Under Bin Salman (XGOVT 479 C01) Tues., 1/29
• The Vikings (XHIST 438 C01) Tues., 1/29
• Popular Fiction Genres (XLITR 600 C01) Wed., 1/30
• History of National Parks (XNAT 956 C01) Wed., 1/30
• Insider Info on Disability Benefits (XPERS 501 C01) Wed., 1/30
• Easy & Simple Greeting Cards (XART 253 C01) Thurs., 1/31
• Spanish Club (XCLB 300 C01) Thurs., 1/31
• Amazing Films of Creativity (XFILM 614 C01) Thurs., 1/31
• Philosophy Basics (XPHIL 800 C01) Thurs., 1/31
• Beginning Photography (XPHO 156 C01) Thurs., 1/31
• Major World Religions (XREL 865 C01) Thurs., 1/31

Georgetown:
• Georgetown Lunch Club (XCLB 103 G01) Fri., 1/25

Litchfield:
• Tai Chi Practice Club (XCLB 699 L01) Tues., 1/22
• Investor Education Club (XCLB 701 L01) Tues., 1/22

• Window Basics Level 1 (XCTEC 201 L01) Tues., 1/22
• Economics of Renewable Energy Sources (XFINC 713 L01) Tues., 1/22
• Overview of Historic Newspapers (XSKIL 757 L01) Tues., 1/22
• Stained Glass Overview (XART 122 L02) Wed., 1/23
• Presidential Rankings (XGOVT 478 L01) Wed. 1/23
• British Social History 1850-1914 (XHIST 568 L01) Wed., 1/23
• Building to Excess (XHIST 613 L01) Wed., 1/23
• Divine Justice Overview (XREL 894 L01) Wed., 1/23
• Life of Richard Feynman (XSCI 933 L01) Wed., 1/23
• Watercolor Painting (XART 126 L01) Thurs., 1/24
• Italian Club (XCLB 105 L01) Thurs., 1/24
• Writers’ Club (XCLB 539 L01) Thurs., 1/24
• OLLI Shark Tank (XFINC 699 L01) Thurs., 1/24
• Struggle for the American West (XHIST 516 L01) Thurs., 1/24
• America Becomes a World Power (XHIST 615 L01) Thurs., 1/24
• Drawing & Basic Design (XART 103 L01) Fri., 1/25
• Basic Drawing (XART 134 L01) Fri., 1/25
• Beauty and Fitness Tips (XPERS 710 L01) Fri., 1/25
• Basic Realism in Oil (XART 148 L01) Mon., 1/28
• Mesh Wreath: Sea Coast (XART 222 L01) Mon., 1/28
• Book Club (XLITR 512 L01) Mon., 1/28
• Getting More From Your Financial Plan (XFINC 716 L01) Mon., 1/28

We still have vacancies on the following excursions:
• Johns Island & Charleston (XEXC 100 C01) Tues., 1/29
• Zumba Gold Fiesta (XFITN 717 L01) Mon., 1/28
• Three Irish Treasures (XNAT 905 L01) Mon., 1/28
• Golf Swing Simplified (XSKIL 692 L01) Mon., 1/28
• Basic & Intermediate Spanish (XSPAN 301 L01) Mon., 1/28
• Acrylic Painting (XART 129 L01) Tues., 1/29
• Discovery Art Group (XART 169 L01) Tues., 1/29
• Middle East Current Events (XGOVT 415 L01) Tues., 1/29
• Saudi Arabia Under Bin Salman (XGOVT 479 L01) Tues., 1/29
• America in the Great War (XHIST 601 L01) Tues., 1/29
• The Nuremberg Trials (XHIST 612 L01) Tues., 1/29
• Advanced Golf Swing (XSKIL 694 L01) Tues., 1/29
• Stained Glass (XART 122 L04) Wed., 1/30
• Be a Better Photographer (XPHO 102 L01) Wed., 1/30
• Divine Justice (XREL 894 L02) Wed., 1/30
• General Golf Improvement (XSKIL 693 L01) Wed., 1/30
• Sweetgrass 101 (XART 123 L01) Thurs., 1/31
• Geography: Things I Should Know and Things that I Just Want to Know (XPERS 505 L01) Thurs., 1/31
• Advanced Golf Swing (XSKIL 694 L05) Thurs., 1/3

• Hobcaw Barony (XEXC 100 C02) Thurs., 1/31
- H.L. Hunley Tour  
  (XEXC 100 C04) Tues., 2/5

- Charleston History Museum  
  (XEXC 100 C05) Tues., 2/12

- Christopher Artisan Chocolatier-Patissier, Charleston  
  (XEXC 100 C08) Thurs., 2/28

Edwards College of Humanities and Fine Arts,  
Dyer Institute for Leadership and Public Policy,  
Department of Politics, OLLI, and the Center for Global Engagement  
Great Decisions in Foreign Policy Lecture Series  
Saturday mornings, Feb. 2 -23 10 a.m. to noon with refreshments at 9.30 a.m.  
Johnson Auditorium, Wall College of Business 119 Chanticleer Drive W., Conway

The Great Decisions Program is the oldest and largest grassroots world affairs educational program of its kind in the country whose goal is to discuss, debate, and learn about international affairs, national security, and U.S. foreign policy. The Great Decisions Program is for anyone who desires to gain a deeper understanding of the current challenges the United States faces in the world today. This year’s topics include Cyber Conflict and Geopolitics, The United States and Mexico: Partnership Tested, Decoding U.S.-China Trade, and State of the State Department and Diplomacy.

Feb. 2: Decoding U.S.-China Trade, Michael Murphree, University of South Carolina  
Through arguably the most advanced economy in the world, the U.S. still uses centuries-old numbers to measure trade. These antique numbers mangle understanding of the U.S.-China trade relationship, shrinking America’s true economic size and competitiveness, while swelling China’s. Bad numbers give rise to bad policies that ultimately kill U.S. jobs and cede market share to China. What other tools can the U.S. employ to counter China’s unfair trade practices? There are several available, yet they remain mostly unused. (overview courtesy of Jeremy Haft)

Feb. 9: Cyber Conflicts and Geopolitics, LaMesha Craft, Coastal Carolina University  
Cyber conflict is a new and continually developing threat, which can include foreign interference in elections, industrial sabotage and attacks on infrastructure. Russia has been accused of interfering in the 2016 presidential elections in the U.S., and China is highly committed to using cyberspace as a tool of national policy. Dealing with cyber conflict will require new ways of looking at 21st century warfare. Is the U.S. prepared to respond to such threats? (Overview courtesy of Richard Andres)
Feb 16: The United States and Mexico: Partnership Tested, Abelardo Rodriguez, Universidad Iberoamericana
The U.S. and Mexico have a long, intertwined history, with both countries prominently featured in each other’s politics and agendas. The war on drugs, immigration and trade issues have taxed the relationship over the years. What impact will new leadership in both countries have on this crucial partnership? (Overview courtesy of Michael Shifter and Bruno Binetti)

Feb. 23: State of the State Department and Diplomacy, Will Stevens, U.S. Department of State
During the Trump administration, the usual ways of conducting diplomacy have been upended. Many positions in the State Department have never been filled, and meetings with foreign leaders such as Kim Jong-un and Vladimir Putin have been undertaken with little advance planning. What effect are these changes having now, and how will they affect ongoing relationships between the United States and its allies and adversaries? (Overview courtesy of Nicholas Burns)

Lunch and Learn
Monday afternoons, 11 a.m. to 12:50 p.m.
Litchfield Education Center 14427 Ocean Highway, Pawleys Island

Feb. 4: Sharks of South Carolina, Dan Abel (XOLLI 700 L01), $10
Mar. 4: South Carolina’s First 100 Years, (XOLLI 700 L02), $10
Apr. 1: National Parks, Sarah Diaz (XOLLI 700 L03), $10

Welcome to the Grand Strand: Introductions to the Area
Friday afternoons, Feb. 8-22 1 to 2:50 p.m.
Litchfield Education Center 14427 Ocean Highway, Pawleys Island

Feb. 1: Interesting Tidbits about Georgetown’s 300 Years of History, Paige Sawyer By George! I didn’t know that! This session will be interesting tidbits about Georgetown’s fascinating first 300 years.

Feb. 8: Practical Lessons to Create a Fire Safe Home, Mark Nugent This interactive session will provide the participants with the knowledge, skills and abilities to safeguard their families against the leading causes of fires across our community. Strategies to safeguard your home will be discussed.

Feb. 15: Coastal Carolina University, TBA This session is everything you need to know about sporting events, cultural arts and auditing classes at CCU.

Feb. 22: Weather All Year ‘Round, Sam Hodges Everything you need to know about how handle hurricanes, flooding and ice storms.

Make the Best of the Rest of Your Life
Friday mornings, Feb. 1-May 3, 10:00 a.m. to noon
Conway Education Center, 290 Allied Drive, Conway

Feb. 1: Fitness Throughout our Years, Alayna Defalco, Lecturer of Exercise and Sport Science, Department of Kinesiology, CCU
A healthy diet, regular exercise program, and positive attitude can help delay the onset and slow the progression of many age-related changes.
Feb. 8: What should you be asking your doctor every year? Discussing the importance of vaccinations, annual lab work, and routine medication for adults over 50, Dr. Elijah Engwall and Dr. Payal Parikh, Grand Strand Health

Feb. 15: Falls Prevention and Understanding Sepsis, Laura Lunsford, BSN, RN, Trauma Injury Prevention Educator and Nicole Kassen, DNP HSL, MSN/Ed, RN, Sepsis Coordinator

Feb. 22: Keeping a Sharp Mind, Bert Hayslip, Teaching Associate, Psychology, CCU

Mar. 1: Health Tourism, Sherer Royce, Associate Professor, Health Services, CCU

Mar. 29: Medicare and Alternatives, Terri Stephens, AHI Agency

Apr. 5: Managing Health Care, Reagan Callaghan, Director of Elder Associates of S.C., Inc. and Hannah Ross, founder and owner of Elderlinx Senior Services
Learn about geriatric disorders; how to deal effectively with medical personnel and institutions; and how to seek and receive medical and non-medical assistance.

Apr. 12: Independent, Assisted, Long-term, Hospice Care, Harry Willoughby, Right at Home: In Home Care and Assistance, and Shane Hubbard, Community Outreach Officer with the Horry County Council on Aging
Learn all the aspects of impaired living long-term care: home health care, independent and assisted-living facilities, skilled nursing homes, CCRCs, and hospices. Learn how to determine the most suitable resource in the field of elder care, how to prepare and pay for these services, and how to negotiate effectively with providers.

Apr. 19: Grief and Mourning, Jim and Carol Bowdre, funeral directors and grief counselors
Learn about thanatology: the laws, customs, and practices surrounding the dying and the dead and the mourning that accompanies loss.

Apr. 26: Retirement and Old-Sage Financial Strategies, Taber Brown, CFP® AEP®

May 3: How We Blunder Our Estates and Don’t Even Know It, Gary Newman, retired principal from GMNewman Associates; Taber Brown, CFP® AEP®; and Dundee Carter, attorney concentrating in elder law, estate planning and administration
Discovering and fixing the legal, financial and judgmental errors that hemorrhage our late-life assets and the estates we leave to our heirs.

CCU Department of History’s War & Society Film Series
Wednesday afternoons, 2-4 p.m.
Conway Education Center, 290 Allied Drive, Conway

Feb. 20: “A Thousand Months,” Salma Oubkkou “A Thousand Months” is a stark but lovely evocation of the many melodramas that simultaneously haunt and enliven a Moroccan village in the Atlas Mountains during the month of Ramadan in 1981.
Mar. 20: “The Great Journey,” Philip Whalen Reda, a young Westernized teenager, and his middle-aged father drive from southern France to Mecca for the father to complete his pilgrimage. They gradually get to know each other and their relationship thaws.

Apr. 3: “The Band’s Visit,” Suheir Daoud A band made of members of the Egyptian police force head to Israel to play at the inaugural ceremony of an Arab arts center, only to find themselves lost in the wrong town.

May 1: “The Insult,” Chris Gunn After an emotional exchange between a Lebanese Christian and a Palestinian refugee escalates, the men end up in a court case that gets national attention.

Perspectives from a Variety of Religions
Saturday mornings, March 2-23 10 a.m. to 12:15 p.m. with refreshments at 9:30 a.m.
Conway Education Center, 290 Allied Drive, Conway

Mar. 2: Esoteric Buddhism and the Environment (Internal and External), Ron Green Learn about the ideas and practices that make esoteric Buddhism unique. Discover how the tradition views the body, the mind, the world and the universe as mirror images of one another, each containing all of the elements of the other.

Mar. 9: Moroccan Women and the Legitimacy of Hope after the Arab Spring, Salma Oubkkou This presentation examines and evaluates the position of Moroccan women after the Arab spring, and the different battles they fought to gain their rights after years of colonialism and patriarchy.

Mar. 16: Origins and Evolution of the Christian Sacraments of Baptism and Eucharist, Tom McCollough Trace the origins of these central rituals of Christianity from Judaic practices to similar rituals in Greco-Roman paganism. Follow the growing importance of these rituals in Christian theology focusing on the contributions of Paul, the Church Fathers and Thomas Aquinas.

Mar. 23: Judaism and the Ethics of Food, Alan Todd Please join Todd as he discusses not only the history of many aspects of Jewish dietary laws and their role in shaping Jewish identities, but also the deep and profound ethical standards that have long been understood to be at the foundation of Jewish foodways.

Toastmasters Club (Litchfield), Dr. Daniel Falk
Toastmasters is an outstanding program designed to help people develop communication and leadership skills in a club setting. The club is well organized as a supportive and motivating speaking club where members help each other improve their speaking skills as well as self-confidence and person growth. It currently has 350,000 members in 16,000 clubs worldwide; in 143 countries. Pawleys Island Toastmasters Club is in a collaboration with OLLI and meets in classroom 103 every 2nd and 4th Thursdays of each month. Members can join at any time. Attend your first meeting free. For more information email PawleysIslandToastmasters@gmail.com or visit their facebook page: Pawleys Island Toastmasters.