From the Director

I hope that all of you are planning to attend our Health Fairs, either this week (March 15) in Litchfield or next Friday (March 22) in Conway. Directors Lisa Rickenbrode and Kelli Barker have worked diligently to secure representatives from the medical community to provide outreach to our OLLI members and their guests!

Our next big event will be the Yard Sale, which has been moved to Saturday, April 6 from 9 a.m. to 1 p.m. at the Conway Education Center. We hope that many of you will volunteer to set up for this sale and then even more of you will come to shop. Please invite your neighbors, your family, even strangers on the street to come. Judging from the truck loads that Kelli and I have hauled so far, there will be lots to buy at bargain prices!

Do you remember Geriatric Monologues, the play by Jim Rogers that OLLI students performed at the Myrtle Beach Education Center in the spring of 2017? Well, Sally Hare sent us the marvelous news that Jim’s play has been selected for the Piccolo Spoleto Festival this year. Congratulations to Jim on this exciting achievement!

Two more free lectures are scheduled this semester in the Religious Perspectives series, Saturday mornings at the Conway Education Center. Then, after the Health Fairs, we will resume the “Make the Best of the Rest of Your Life” series on Friday mornings.

We are currently planning our summer excursion schedule. That will be published in late April or early May.

Don’t forget to celebrate your birthday by giving $1 for every year you have lived to OLLI@CCU. See a staff or board member for more information about our fundraising drive for this year.

Hope you are enjoying the grand weather we are having. I’m waiting for those on the Charleston Culinary Tour to finish so we can head home. If you haven’t gone with us on these adventures, there are still spots available in future tours. I especially recommend the trip to Magnolia Plantation since the azaleas should be in full bloom. You will be amazed by the gardens there!

Take care,
Carol
What’s Coming Up in the Next Week (that you should not miss!)

- **Friday, March 15, 9 a.m. to noon** – OLLI Health Fair, Litchfield Education Center
- **Friday, March 22, 9 a.m. to noon** – OLLI Health Fair, Conway Education Center
  - On March 15 from 9 a.m. to noon we will be hosting the first OLLI Health Fair at the Litchfield Education Center (14427 Ocean Hwy). We will have a variety of medical experts and consultants in attendance to help with your questions and concerns for leading a healthy life. If you can't make it on the 15th, we will be hosting another Health Fair at our Conway Education Center (290 Allied Dr) on March 22 from 9 a.m. to noon. These events are free and open to the public. For more information please call 843-349-6584 or 843-349-5002.

- **Saturday, March 16, 10 a.m.** - Origins and Evolution of the Christian Sacraments of Baptism and Eucharist, Tom McCollough, Conway Education Center
  - Trace the origins of these central rituals of Christianity from Judaic practices to similar rituals in Greco-Roman paganism. Follow the growing importance of these rituals in Christian theology focusing on the contributions of Paul, the Church Fathers and Thomas Aquinas.

- **Wednesday, March 20, 2 p.m.** - CCU Department of History's War & Society Film Series: “The Great Journey”
  - Reda, a young Westernized teenager, and his middle-aged father drive from southern France to Mecca for the father to complete his pilgrimage. They gradually get to know each other and their relationship thaws.

- **Saturday, March 23, 10 a.m.** - Judaism and the Ethics of Food, Alan Todd, Cowany Education Center
  - Please join Todd as he discusses not only the history of many aspects of Jewish dietary laws and their role in shaping Jewish identities, but also the deep and profound ethical standards that have long been understood to be at the foundation of Jewish foodways.
There is still time to enroll in these OLLI classes beginning soon. Enroll today to guarantee your spot before class begins. Please visit our “Current Courses” page on the OLLI website for more information.

Conway:
- Today’s Reverse Mortgages (XFINC 712 C01) Tues., 3/19
- Girls Gone Wild West (XHIST 607 C02) Thurs., 3/21
- Christian Sacraments (XREL 700 C03) Sat., 3/16
- Judaism & Food Ethics (XREL 700 C04) Sat., 3/23
- Watercolor Painting (XART 126 C02) Mon., 3/25
- Knitting: Beginners to Advanced (XART 182 C03) Mon., 3/25
- Zumba Gold Toning (XFITN 717 C03) Mon & Wed., 3/25
- Prehist. Tech.: Flintknapping (XNAT 929 C01) Mon., 3/25
- Intro to Fabric Dyeing (XART 258 C01) Tues., 3/26
- Tai Chi (XFITN 704 C04) Tues. & Fri., 3/26
- Intermediate Hand Drumming (XMUSC 724 C01) 3/26
- Popular Fiction Genres (XLITR 600 C02) Wed., 3/27
- News That’s Fit to Print (XLITR 526 C01) Thurs., 3/28
- Dancin’ & Prancin’ (XMUSC 715 C04) Thurs., 3/28
- The Power of Art 3 (XART 224 C03) Fri., 3/29
- Medicare and Alternatives (XPERS 201 C07) Fri., 3/29
- Facebook 101 (XART 305 C01) Sat., 3/30

Litchfield:
- Watercolor Painting (XART 126 L02) Thurs., 3/21
- Economics for the 99% (XHIST 617 L01) 3/22
- Windows Basics-Level 1 (XCTEC 201 L02) Mon. & Wed., 3/25
- Acrylic Painting (XART 129 L02) Tues., 3/26
- Discovery Art Group (XART 169 L02) Tues., 3/26
- Today’s Reverse Mortgages (XFINC 712 L01) Tues., 3/26
- Stained Glass (a.m. class) (XART 122 L06) Wed., 3/27
- Stained Glass (p.m. class) (XART 122 L07) Wed., 3/27
- Beach Create Art: Driftwood/Seashell Mobile (XART 263 L05) Thurs., 3/28
- Understanding Russia (XHIST 599 L01) Fri., 3/29
- Historic Newspapers and Genes (XSKIL 758 L01) Fri., 3/29

The date for the OLLI Yard Sale has been changed from Friday 4/5 to Saturday 4/6. The sale will still be held at the Conway Education Center from 9 a.m. to 1 p.m. We are still accepting donations at both the Litchfield and Conway Education Centers if you would like to get your junk (and someone else’s treasure) out of the house.
We still have vacancies on the following excursions:

- Middleton Place (XEXC 100 C13) Thurs., 3/21
- Biking with OLLI@CCU (rental) (XEXC 100 C15R) Tues., 4/2
- River Heritage Tour (XEXC 100 C16) Thurs., 4/4

We heard you like to travel, so we’re adding some extra trips just for you!

**Wednesday, April 3 Coastal Carolina University Campus Tour**

*XEXC 100 C30; OLLI (free)*

Join us for a customized walking tour of the Coastal Carolina University campus along with a talk by Nick DeStefano on the history of this institution. We will end our journey at the Hicks Dining Room where you can help yourself to a wide variety of cuisines and eat all that you want for the discounted cost of $6.50. Activity Level 4.

**Tuesday, March 26 Taste of Wilmington**

*XEXC 100 C31; $105*

Enjoy an afternoon in Wilmington, N.C., sampling food and drink from an eclectic assortment of restaurants, meeting the city’s best chefs and learning about the historic downtown area. Food and drink samples are included in the excursion fee. Activity Level 3.

**Friday, April 19 S.C. Aquarium**

*XEXC 100 C32; $75*

The South Carolina Aquarium/Sea Turtle Hospital has expanded and is now able to shed light on the awe-inspiring process of rescue, rehabilitation and release of the sea turtles. Both a hospital and a guest experience, the Zucker Family Sea Turtle Recovery allows every guest who visits the aquarium to experience the journey home. Be entertained by an intimate look at many of South Carolina’s native animals and plants as your self-guided journey through the aquarium takes you from the mountains to the sea. After spending the morning at the aquarium, we will have a couple of hours downtown Charleston to eat lunch or adventure on your own. Activity Level 5.
Attention all Veterans:

The Coastal Insider, the area’s largest independently owned and operated community publication, wants to tell your story for their monthly readership of 100,000 people. Any veteran from any branch of service who is currently residing in Myrtle Beach is eligible. Contact Latoya Grayson at community@tcioffice.com or call 843-232-0000 with questions. She will set up an interview and you can share your experiences and be acknowledged by the community for your service to our country.

An announcement from the Coastal National Security Club:

The Coastal National Security Club is sponsoring the third annual Intelligence and National Security Symposium on Saturday, 6 April 2019. The event will be held from 9a to 12p in the Brittain Hall academic building at Coastal Carolina University main campus.

The symposium is a collection of 4 panels with scholars and practitioners who are discussing contemporary security challenges at the national and local levels. Each panel will have the opportunity for discussion and questions from the audience.

Cost of admission is $5 (collected at the event). Light refreshments will be served.

If you have any questions, please contact the club advisor, Dr. Jonathan Smith at 843-349-6573 or jonsmith@coastal.edu.