

# Zxxxxx D. Bxxxx

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**OBJECTIVE:** To obtain an internship with Velocity Sports Performance in order to enhance my knowledge in the field of Exercise Science and Sports Medicine.

## EDUCATION

Candidate for Bachelor of Science Degree May 2023

Major: **Exercise Science**                      Minor: **Athletic Coaching**

Overall GPA: **3.5/4.0**                      Major GPA: **4.0/4.0**

College of Science, Coastal Carolina University, Conway, SC

*(Maintained full academic schedule while working 35 hours per week)*

## RELATED EXPERIENCE

**Coach**, Conway High School Athletic Camp Summers 2020-2022  
Conway, SC

- Instructed 60-70 1<sup>st</sup>-9<sup>th</sup> grade athletes on proper athletic skills development
- Created interactive and participatory sessions to engage youth and help them understand correct and safe techniques and strategies
- Worked with head coach and other coaches in a team-related environment
- Monitored and evaluated drills and activities to ensure proper safety measures in place (technique, dehydration, foul play, etc.)

**Volunteer**, Midlands Orthopedics Summer 2022  
Columbia, SC

- Assisted patients with daily exercises and activities
- Recorded and filed daily logs of patients' activities
- Prepared patients for electrical stimulation treatments
- Applied ice, heat packs, and proper wrappings for patients

## WORK EXPERIENCE

**Assistant Technician**, Coastal IT Department February 2022-Present  
Conway, SC

- Utilized blueprints for proper wiring of classrooms and offices
- Assisted in making Coastal Carolina University a wireless campus

**Assistant Manager**, DRD Pool Company Summers 2017-2021  
Myrtle Beach, SC

- Developed weekly schedules for lifeguards
- Acted as spokesperson and handled complaints/suggestions from patrons

## ACTIVITIES/SKILLS

**Trainee**, Competitive Edge Sports Speed Camp Summer 2019  
Atlanta, GA

- ☐ Able to conduct skin fold measurements and blood pressure readings