

Counseling Services TIPS

Healthy Relationships

A healthy relationship requires work!!

Little kindness and courtesies are so important. In a relationship, the little things are the big things.

-Stephen R. Covey

Counseling Services



COASTAL CAROLINA UNIVERSITY

Counseling Services
P.O. Box 261954
Conway, SC 29526-6054

Phone: 843-349-2305
Fax: 843-349-2898
www.coastal.edu/counseling



Healthy Relationships

- Communication is the key; share your feelings and share your day.
- Do what you say; you both have to have trust.
- There are reasons you are dating; you should engage in activities that you both enjoy doing.
- Realize you are two different people, even if you disagree on a football team, music, or etc.; you need to respect how your partner feels.
- Remember relationships is based on fun.