

**Nilo C. Ramos**

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## **EDUCATION**

- Ph.D.            May 2013                            Kinesiology  
The University of Georgia, Athens, GA  
Concentration: Sport Pedagogy  
Cognate: Education, Administration, and Policy
- M.S.            Dec. 2006                            Health and Physical Education  
Albany State University, Albany, GA
- B.S.            May 2002                            Health and Physical Education  
Albany State University, Albany, GA

## **PROFESSIONAL EXPERIENCE**

- 2017-present *Assistant Professor*, Coastal Carolina University, Spadoni College of Education, Department of Graduate and Specialty Studies. Course Instruction: EDPE 412: *High School Physical Education Pedagogy*; EDPE 325: *Assessment and Technology in Physical Education*; EDPE 303: *Teaching Lifetime Fitness*; EDPE 479: *Internship (Physical Education)*; EDPE 304: *Teaching Team Sports*; EDPE 290: *Adapted Physical Education*. EDPE 496: *Physical Education Internship Seminar*; EDPE 479: *Internship in Physical Education*; EDPE 226: *Developmental Motor Development in Children*; EDEC 270: *Health, Safety, and Motor Development for Young Children (online)*.
- 2016-2017 *Assistant Professor*, Emporia State University, Department of Health, Physical Education, and Recreation. Course Instruction: PE 570: *Teaching Methods in Middle/Secondary Physical Education*; PE 268: *Instructional Principles in Physical Education*; PE 351: *Fundamentals & Coaching of Basketball*; PE 320: *Principles of Strength and Conditioning*; PE 725: *The Art and Science of Coaching (online)*.
- 2014-2016 *Visiting Assistant Professor*, Oklahoma State University, School of Applied Health and Educational Psychology. Course Instruction: HHP 1753: *Introduction to Physical Education*; HHP 1812: *Pedagogy of Non-traditional Activities*; HHP 1832: *Pedagogy of Team Activities in PE*; HHP 4733: *Organization, Administration and Curriculum in PE and Athletics*; HHP 4480: *Internship in Health and Human Performance*.

- 2013-2014 Assistant Professor, Dakota State University, College of Education.  
Course Instruction: PE 181: *Fundamentals of Elementary Physical Education*; PE 363: *Skills Concepts*; SEED 302/303: *Secondary and Middle Level Content Methods: PE Major/Minor*; PE 440: *Organization and Administration of HPER/A*; PE/EXS 376: *Technology Integration in Physical Education/Exercise Science*; EXS 335: *Administration of Exercise Science*; PE 180: *Foundations of HPER*; PE 145: *Introduction to PE & Exercise Science*.
- 2012-2013 Instructor, Southern Illinois University – Carbondale, Department of Kinesiology.  
Course Instruction: KIN 314: *Elementary Physical Education Methods*; KIN 370: *Measurement, Evaluation & Assessment in PE*; KIN 301: *Foundations, Organization, and administration of Physical Education*; KIN 202: *Physical Activity for Child and Youth*;
- 2009-2013 Research Associate, Sport Instruction Research Laboratory, The University of Georgia.
- 2009-2012 Graduate Teaching Assistant, University of Georgia, Department of Kinesiology.  
Course Instruction: KINS 2420: *Physical Education for Early Education*;  
*Practicum Supervision*: KINS 5460: *Student Teaching in Physical Education*;  
Pre-service Teaching Supervision: KINS 4305: *Physical Education for the Elementary School*.  
Basic Physical Education Program: PEDB 1020: *Beginning Badminton*; PEDB 1040: *Beginning Basketball*; PEDB 1080: *Bowling*; PEDB 1230: *Beginning Racquetball*; PEDB 1270: *Soccer*; PEDB 1380: *Beginning Volleyball*; PEDB 1390: *Intermediate Volleyball*; PEDB 1400: *Introduction to Weight Training*; PEDB 1920: *Fitness for Life Body Conditioning*; PEDB 1940: *Fitness for Life Swimming*.
- 2007-2009 Adjunct Instructor, Albany State University, Department of Health, Physical Education Recreation and Dance. Course Instruction: PEDB 1001: *Team Sports I*; PEDH 1002: *Introduction to Fitness*; PEDH 2221: *Intermediate Tennis*; HEDP 1001: *Introduction to Wellness*.
- 2007-2009 Physical Education Teacher, PK-8 teaching, Saint Teresa’s School, Albany, GA.
- 2005-2006 Graduate Assistant, Albany State University, Department of Health, Physical Education, Recreation and Dance. Health and Physical Education Program: PEDB 1002: *Fitness*.

## PUBLICATIONS

### A. Referred Publications

- Ramos, N. C.**, Elliott, J., & Carvalho, A. S. (2019). Seeing is believing: 7 tips for increasing teacher credibility. *Journal of Physical Education, Recreation and Dance*, 90(9), 24-31. doi: 10.1080/07303084.2019.1657528
- Abdalla, P. P., Borges, G. A., Carvalho, A. D. S., Borges, F. G., Siqueira, V. A. A. A., **Ramos, N. C.**, & Machado, D. R. L. (2019). Use of allometry and skinfold thicknesses to estimate the fat mass of circumpubertal boys. *Annals of Human Biology*, 1-8. doi: 10.1080/03014460.2019.1686166
- Ramos, N. C.**, Carvalho, A. S., & Abdalla, P. P. (2019). Methodological implications in exploring children's perspectives in physical education. *Revista Centro de Pesquisas Avançadas em Qualidade de Vida (CPAQV)*, 11(2), 1-13.
- Ramos, N. C.**, Carvalho, A. S., Abdalla, P. P., Nelson, S. L., Machado, D. R. L. (2019). Homeschool children's fundamental motor skills and fitness levels [Abstract]. *Research Quarterly for Exercise and Sport*, 90(S1), A-67-68.
- Abdalla, P. P., Carvalho, A. S., Venturini, A. C. R., Santos, A. P., Mota, J. A., **Ramos, N. C.**, Siqueira, V. A. A. A. V., & Machado, D. R. L. (2019). Validation of the dynamic strength of knee extension for sarcopenics [Abstract]. *Research Quarterly for Exercise and Sport*, 90(S1), A-27-28.
- Machado, D. R. L., Carvalho, A. S., Guilkey, J., **Ramos, N. C.** (2019). Fundamental motor skills and physical activity level of elementary school children [Abstract]. *Research Quarterly for Exercise and Sport*, 90(S1), A-65.
- Menezes, R. P., **Ramos, N. C.**, Marques, R. F. R., Nunomura, M. (2018). Teaching handball to U-16 and U-18 women's teams: Coaches' perspectives on the long-term. *Motriz. Revista de Educação Física*, 24(4), e101838. doi: <http://dx.doi.org/10.1590/S1980-6574201800040001>.
- Garcia Junior, J. R., Carvalho, A. S., Abdalla, P. P., Cunha, L. A., **Ramos, N. C.** (2018). Doping and sports: Updates and lessons for coaches. *Athlete Development Research Digest*, 3(8), 22-25.
- Cunha, L. A., **Ramos, N. C.**, Garcia Junior, J. R., Abdalla, P. P., Carvalho, A. S. (2018). Functional Training in the preparation of athletes. *Athlete Development Research Digest*, 3(3), 12.
- Ramos, N. C.**, Baghurst, T., & Adkins-Bollwit, M. (2018). "It's a steppingstone": PETE students' perceptions of teaching homeschool children [Abstract]. *Research Quarterly for Exercise and Sport*, 89(S1), A-168-169.

- Ramos, N. C.**, Venturini, A. C. R., Santos, A. P., & Machado, D. R. L. (2018). Missing sports talent: bias (RAE) in youth sports' athlete selection [Abstract]. *Research Quarterly for Exercise and Sport*, 89(S1), A-142.
- Santos, A. P., **Ramos, N. C.**, Carvalho, A. S., & Machado, D. R. L. (2018). Anthropometric multicompartamental model for predicting body composition in girls [Abstract]. *Research Quarterly for Exercise and Sport*, 89(S1), A-38-39.
- Carvalho, A. S., Abdalla, P. P., **Ramos, N. C.**, & Machado, D. R. L. (2018). We are failing: Children's low levels of fundamental motor skills [Abstract]. *Research Quarterly for Exercise and Sport*, 89(S1), A-61-62.
- Abdalla, P. P., Carvalho, A. S., Oliveira, A. S., **Ramos, N. C.**, & Machado, D. R. L. (2018). Cut-off points for sarcopenia based on allometrically-adjusted isometric back strength [Abstract]. *Research Quarterly for Exercise and Sport*, 89(S1), A-37.
- Santos, A. P., Alves, T. C., Abdalla, P. P., Venturini, A. C. R., Machado, D. R. L., **Ramos, N. C.**, & Schwingel, A. (2018). Blood flow restriction training in people living with HIV/AIDS [Abstract]. *Research Quarterly for Exercise and Sport*, 89(S1), A-118-119.
- Machado, D. R. L., Silva, A. M., Gobbo, L. A., Elias, P. C. L., de Paula, F. J. A., & **Ramos, N.** (2017). Anthropometric multicompartmental model to predict body composition in Brazilian girls. *BMC Sports Science, Medicine and Rehabilitation*, 9(1). doi: <https://doi.org/10.1186/s13102-017-0088-7>.
- Abdalla, P. P., Carvalho, A. S., **Ramos, N. C.**, Venturini, A. C. R., Alves, T. C., dos Santos, A. P., Borges, F. G., & Machado, D. R. L. (2017). Como escolher um teste de flexibilidade? [How to choose a flexibility test?] *Revista CPAQV – Centro de Pesquisas Avançadas em Qualidade de Vida* [CPAQV Journal – Center of Advanced Research in Quality of Life], 9(2), 1-11.
- Ramos, N. C.**, Baghurst, T., & Kao, W. (2017). A physical education program impact on homeschool children's physical activity [Abstract]. *Research Quarterly for Exercise and Sport*, 88(S1), A-61.
- Carvalho, A. S., Abdalla, P. P., **Ramos, N. C.**, & Machado, D. R. L. (2017). Frequency of fundamental motor skill levels of Brazilian elementary students [Abstract]. *Research Quarterly for Exercise and Sport*, 88(S1), A-84.
- Hughes, P. P., **Ramos, N.**, & Mwarumba, N. (2017). Risk and safety in physical education for children with disabilities: Adapted physical education textbook review and primer for teachers. *The Physical Educator*, 74(1), 104-126. doi: <http://dx.doi.org/10.18666/TPE-2017-V74-I1-6441>.

- Ramos, N. C.**, Baghurst, T. A., & McCullick, B. A. (2016). Elementary students' perceptions of PE teacher credibility in Brazil [Abstract]. *Research Quarterly for Exercise and Sport*, 87(S2), A-106-107. doi: 10.1080/02701367.2016.1217725.
- Carvalho, A. S., Abdalla, P.P., Moscheta, R. P. A., Venturini, A. C. R., Leites, P. D. L., Oliveira, A. S., Santos, A. P., Christofaro, D. G. D., **Ramos, N. C.**, & Machado, D. R. L (2016). Déficit no estágio proficiente das habilidades motoras fundamentais em crianças [Deficit in fundamental motor skills proficient levels in children] [Abstract]. In: VI Congresso Brasileiro de Metabolismo, Nutrição e Exercício, 2016, Londrina, Brazil. *Anais*, 1, 260.
- Ramos, N. C.**, & McCullick, B. (2015). Elementary students' construct of physical education teacher credibility. *Journal of Teaching in Physical Education*, 34(4), 560-575.
- Baghurst, T., Richard, K., Mwavita, M., & **Ramos, N. C.** (2015). Procedures and reasoning for skill testing in physical education teacher education programs. *Congent Education*, 2, 1111716. doi:10.1080/2331186X.2015.1111716.
- Ramos, N. C.**, Baghurst, T. M., & McCullick, B. (2015). Middle school students' perspectives of physical education teacher credibility [Abstract]. *Research Quarterly for Exercise and Sport*, 86(S2), A-141. doi: 10.1080/02701367.2015.1075340.
- Baghurst, T., Richard, K., Mwavita, M., & **Ramos, N. C.** (2015). Skills testing in physical education teacher education (PETE) programs [Abstract]. *Research Quarterly for Exercise and Sport*, 86(S2), A-117. doi: 10.1080/02701367.2015.1075340
- Ramos, N. C.**, & McCullick, B. (2014). Elementary students' confined construction of physical education teacher credibility [Abstract]. *Research Quarterly for Exercise and Sport*, 85(S1), A-154.
- Ramos, N. C.**, & McCullick, B. (2013). What makes physical education teachers credible to children? [Abstract]. *Research Quarterly for Exercise and Sport*, 84(S1), A-54.
- Ramos, N. C.**, Issac, T., Schempp, P, & McCullick, B. (2012). Development of a coaching mentoring measure [Abstract]. *Research Quarterly for Exercise and Sport*, 83(S1), A-31.
- Ramos, N. C.**, Ramos, J. H., Petroski, E. L., Silva, O. J., & Biasiotto, J. (2007). Retrospective study of the effects of a cardiac rehabilitation program on health-related physical fitness components [Abstract]. *Medicine & Science in Sports & Exercise*, 39(S5), S-33-34. doi: 10.1249/01.mss.0000273014.59591.77.
- Ramos, J., Petroski, E., Silva, O., & **Ramos, N.** (2006). Efeitos de um programa de reabilitação cardiovascular na avaliação cardiorrespiratória dos pacientes [Effects of a cardiovascular rehabilitation program on patients' cardiorespiratory assessment] [Abstract]. In: XXIX Simpósio Internacional de Ciências do Esporte, 2006, São Paulo, Brazil. *Revista Brasileira de Ciência e Movimento - Suplemento Especial*, 14, 203.

Petroski, E., Ramos, J., Silva, O., & **Ramos, N.** (2006). Estudo retrospectivo dos efeitos de um programa de reabilitação cardiovascular sobre o índice de massa corporal [Retrospective study of the effects of a cardiovascular rehabilitation program on body mass index] [Abstract]. In: XXIX Simpósio Internacional de Ciências do Esporte, São Paulo, Brazil. *Revista Brasileira de Ciência e Movimento - Suplemento Especial, 14*, 157.

## **B. Manuscripts in Preparation**

Carvalho, A. S., Abdalla, P. P., Santos, A. P., **Ramos, N. C.**, & Machado, D. R. Déficit de habilidades motoras fundamentais em adultos [Deficit of fundamental motor skills in adults]. To be submitted to revista Movimento [Movement journal].

**Ramos, N. C.** Middle school students' perceptions of physical education teacher credibility. To be submitted to *Journal of Teaching in Physical Education*.

**Ramos, N. C.**, Baghurst, T., McCullick, B. Brazilian elementary school students' perceptions of physical education teacher credibility. To be submitted to *Journal of Teaching in Physical Education*.

## **C. Book Chapters / Text Books**

McCullick, B. A., Gaudreault, K. L., **Ramos, N. C.** (2016). Teacher accountability, effective teaching, and physical education. In C. D. Ennis (Ed.), *Routledge Handbook of Physical Education Pedagogies*. London: Routledge.

**Ramos, N.**, Biasiotto, J., Ramos, J. H., & LEE, C. (2007). *WELLNESS - A Practical Guide for Mental, Physical and Social Health*. Albany, GA: Cybergenics - Higher Education.

**Ramos, N.**, Biasiotto, J., Ramos, J. H., & LEE, C. (2007). *WELLNESS Activity Book - A Practical Guide for Mental, Physical and Social Health*. Albany, GA: Cybergenics - Higher Education.

**Ramos, N.**, Biasiotto, J., Ramos, J. H., & LEE, C. (2007). *DRUGS... In Perspective - A Practical Guide for Drug Education*. Albany, GA: Cybergenics - Higher Education.

Biasiotto, J., **Ramos, N.**, Blake, D., Land, D., & Stevenson, P. (2007). *A Practical Guide for SPORTS PSYCHOLOGY*. Albany, GA: Cybergenics - Higher Education.

## **D. Other Publications**

**Ramos, N.** (2008, Fall). How much is too much exercise? *Albany State University Wellness Newsletter Wellness for Life*.

**Ramos, N.** (2008, Fall). Exercise abusers. *Albany State University Wellness Newsletter Wellness for Life*.

**Ramos, N.** (2008, Fall). Not all calories were created equal. *Albany State University Wellness Newsletter Wellness for Life*.

**Ramos, N.** (2008, Fall). Energy bars: Do they really energize you? *Albany State University Wellness Newsletter Wellness for Life*.

### **E. Online Publications**

Biasiotto, J., Blake, D., Campbell, W., Land, D., & **Ramos, N.** (2007). *GNOMELive - A Practical Guide for SPORTS PSYCHOLOGY [Online Learning Program]*. Atlanta, GA; Solaris.

Biasiotto, J., Blake, D., Campbell, W., Land, D., & **Ramos, N.** (2007). *GNOMELive - DRUGS... In Perspective - A Practical Guide for Drug Education [Online Learning Program]*. Atlanta, GA; Solaris.

Biasiotto, J., Blake, D., Campbell, W., Land, D., & **Ramos, N.** (2007). *GNOMELive - WELLNESS - A Practical Guide for Mental, Physical and Social Health [Online Learning Program]*. Atlanta, GA; Solaris.

### **CURRENT RESEARCH PROJECTS**

A Physical Education Program Impact on Homeschool Children's Physical Activity (data analyses).

PETE Students Experiences Working with Homeschool Children (data analyses).

Fitness and Physical Activity Levels of PE Teachers (study design).

### **ACADEMIC ADVISING**

#### **Ph.D. Dissertation (completed 2019)**

Anderson dos Santos Carvalho. Title: *Fundamental motor skills and energy expenditure in children: a study of elementary school students*. Started: 2015. (Ph.D. in Science) - Interunits Doctoral Program in Nursing: Nursing School of Ribeirão Preto - University of São Paulo (EERP/USP), Ribeirão Preto, SP, Brazil. (committee).

## **GRANTS SUBMITTED & RECEIVED**

*Faculty Peer Mentoring Program for Study Abroad*

\$4320 (**Funded for May 2019**)

Coastal Carolina University, Conway, SC

Role: Principal Investigator

*SHAPE America Speak Out Day 2018, Washington, DC, Travel Scholarship*

\$130 (**Funded for March 2019**)

SHAPE America, Reston, VA

Role: Principal Investigator

*Coastal Carolina University Technology Request*

\$8818.75 (**Funded for November 2019**)

Coastal Carolina University, Conway, SC

Role: Principal Investigator

*CampusLabs Student Achievement Funds Request*

\$8274 (11/17; not funded)

Coastal Carolina University, Conway, SC

Role: Principal Investigator

*SHAPE America Speak Out Day 2017, Washington, DC, Travel Scholarship*

\$350 (**Funded for April 2017**)

SHAPE America, Reston, VA

Role: Principal Investigator

*Dean's Discretionary Funds for Travel*

\$226.41 (**Funded for March 2016**)

Role: Principal Investigator

*The Kathrine K. White Faculty Incentive*

\$2,500 (11/16; not funded)

Emporia State University

Role: Principal Investigator

*SHAPE America Speak Out Day 2016, Washington, DC, Travel Scholarship*

\$350 (**Funded for March 2016**)

SHAPE America, Reston, VA

Role: Principal Investigator

*SHAPE America Speak Out Day 2015 Travel*

\$350 (**Funded for February 2015**)

SHAPE America, Reston, VA

Role: Principal Investigator



*100,000 Strong in the Americas Initiative*

Competition # 5: Promoting Study Abroad Focusing on Health and Nutrition (obesity and physical activity)

\$25,000 (10/2014; not funded)

The Coca-Cola Foundation

Role: Co-Principal Investigator

*DSU Extended Programs Distance Summer Development*

\$2,500 (**Funded for summer 2014**)

Dakota State University, Madison, SD

Role: Principal Investigator

*AAHPERD Research Grant Program Phase 2*

\$5,000 (10/2013; not funded)

American Alliance for Health, Physical Education, Recreation, and Dance

Role: Principal Investigator

*Faculty Research Initiative*

\$2,000 (**Funded for 2013-14**)

Dakota State University

Role: Principal Investigator

*Graduate Student Travel*

\$750 (12/2011; **Funded for 2012**)

The University of Georgia, College of Education

Role: Principal Investigator

## **SCHOLARLY PRESENTATIONS**

Oliveira, A. S., Carvalho, A., S., Abdalla, P. P., Santos, A. P., Borges, G. A., Venturini, A. C. R., **Ramos, N. C.**, & Machado, D. R. L. (2019, October). *Nível de atividade física de escolares de 6 a 10 anos do ensino privado [Physical activity levels of 6 to 10-year-old private school students]*. Poster session presented at the XII Congresso Brasileiro de Atividade Física e Saúde [XII Brazilian Congress of Physical Activity and Health], Bonito, MS, Brazil.

**Ramos, N. C.**, Carvalho, A., S., Abdalla, P. P., Nelson, S. L., Machado, D. R. L. (2019, April). *Homeschool children's fundamental motor skills and fitness levels*. Poster session presented at the SHAPE America National Convention and Expo, Tampa, FL.

Abdalla, P. P., Carvalho, A. S., Venturini, A. C. R., Santos, A. P., Mota, J. A., **Ramos, N. C.**, Siqueira, V. A. A. V., & Machado, D. R. L. (2019, April). *Validation of the dynamic strength of knee extension for sarcopenics*. Poster session presented at the SHAPE America National Convention and Expo, Tampa, FL.

- Machado, D. R. L., Carvalho, A. S., Guilkey, J., **Ramos, N. C.** (2019, April). *Fundamental motor skills and physical activity level of elementary school children*. Poster session presented at the SHAPE America National Convention and Expo, Tampa, FL.
- Ramos, N. C.**, Baghurst, T., & Adkins-Bollwit, M. (2018, March). *"It's a steppingstone": PETE students' perceptions of teaching homeschool children*. Oral session presented at the SHAPE America National Convention and Expo, Nashville, TN.
- Ramos, N. C.**, Venturini, A. C. R., Santos, A. P., & Machado, D. R. L. (2018, March). *Missing sports talent: bias (RAE) in youth sports' athlete selection*. Poster session presented at the SHAPE America National Convention and Expo, Nashville, TN.
- Santos, A. P., **Ramos, N. C.**, Carvalho, A. S., & Machado, D. R. L. (2018, March). *Anthropometric multicompartamental model for predicting body composition in girls*. Poster session presented at the SHAPE America National Convention and Expo, Nashville, TN.
- Carvalho, A. S., Abdalla, P. P., **Ramos, N. C.**, & Machado, D. R. L. (2018, March). *We are failing: Children's low levels of fundamental motor skills*. Poster session presented at the SHAPE America National Convention and Expo, Nashville, TN.
- Abdalla, P. P., Carvalho, A. S., Oliveira, A. S., **Ramos, N. C.**, & Machado, D. R. L. (2018, March). *Cut-off points for sarcopenia based on allometrically-adjusted isometric back strength*. Poster session presented at the SHAPE America National Convention and Expo, Nashville, TN.
- Santos, A. P., Alves, T. C., Abdalla, P. P., Venturini, A. C. R., Machado, D. R. L., **Ramos, N. C.**, & Schwingel, A. (2018, March). *Blood flow restriction training in people living with HIV/AIDS*. Poster session presented at the SHAPE America National Convention and Expo, Nashville, TN.
- Carvalho, A. S., Abdalla, P. P., Cunha, L. A., Garcia Júnior, J. R., & **Ramos, N. C.** (2017, Nov.). *Perfil da aptidão física de crianças da homeschool – USA* [Physical aptitude of homeschool children – USA]. Poster session presented at the XII Simpósio de Educação Física do Oeste Paulista, Presidente Prudente, Brazil.
- Ramos, N. C.**, Baghurst, T., & Kao, W. (2017, March). *A physical education program impact on homeschool children's physical activity*. Poster session presented at the SHAPE America National Convention and Expo, Boston, MA.
- Carvalho, A. S., Abdalla, P. P., **Ramos, N. C.**, & Machado, D. R. L. (2017, March). *Frequency of fundamental motor skill levels of Brazilian elementary students*. Poster session presented at the SHAPE America National Convention and Expo, Boston, MA.
- Carvalho, A. S., Abdalla, P.P., Moscheta, R. P. A., Venturini, A. C. R., Leites, P. D. L., Oliveira, A. S., Santos, A. P., Christofaro, D. G. D., **Ramos, N. C.**, & Machado, D. R. L. (2016, November). *Déficit no estágio proficiente das habilidades motoras fundamentais em crianças* [Deficit

in fundamental motor skills proficient levels in children]. Poster presented at the VI Congresso Brasileiro de Metabolismo, Nutrição e Exercício [VI Brazillian Congress of Metabolism, Nutrition and Exercise], Londrina, Brazil.

Carvalho, A. S., Abdalla, P. P., **Ramos, N. C.**, & Machado, D. R. L. (2016, April). *Prevalência da inaptidão das habilidades motoras fundamentais em adultos* [Inaptitude prevalence of adult fundamental motor skills]. Oral session presented at the 1<sup>er</sup> Simposio a Internacional del Ciencias del Ejercicio y la Actividad Física [1<sup>st</sup> International Symposium of Exercise Sciences and Physical Activity], Santiago, Chile.

Carvalho, A. S., Abdalla, P. P., **Ramos, N. C.**, & Machado, D. R. L. (2016, April). *Prevalência da inaptidão das habilidades motoras fundamentais em adultos* [Inaptitude prevalence of adult fundamental motor skills]. Poster session presented at 1<sup>er</sup> Simposio a Internacional del Ciencias del Ejercicio y la Actividad Física [1<sup>st</sup> International Symposium of Exercise Sciences and Physical Activity], Santiago, Chile.

**Ramos, N. C.**, Baghurst, T., & McCullick, B. (2016, April). *Elementary students' perceptions of PE teacher credibility in Brazil*. Poster session presented at the SHAPE America National Convention and Expo, Minneapolis, MN.

**Ramos, N. C.**, Baghurst, T., & McCullick, B. (2016, February). *Elementary students' perceptions of PE teacher credibility in Brazil*. Poster session presented at the OSU Research Week, Oklahoma State University, Stillwater, OK.

**Ramos, N. C.**, Baghurst, T., & McCullick, B. (2015, March). *Middle school students' perceptions of physical education teacher credibility*. Oral session presented at the SHAPE America National Convention and Expo, Seattle, WA.

Baghurst, T. M., Mwavita M., & **Ramos, N. C.** (2015, March). *Skills testing in physical education, teacher education (PETE) programs*. Poster session presented at the SHAPE America National Convention and Expo, Seattle, WA.

**Ramos, N. C.** (2014, April). *Middle school students' perceptions of physical education teacher credibility – preliminary results*. Oral session presented at Research Day, Dakota State University, Madison, SD.

**Ramos, N. C.** (2014, April). *Middle school students' perceptions of physical education teacher credibility – preliminary results*. Poster session presented at Research Day, Dakota State University, Madison, SD.

**Ramos, N. C.** & McCullick, B. (2014, April). *Elementary students' confined construction of PE teacher credibility*. Poster session presented at the American Alliance for Health, Physical Education, Recreation, & Dance (AAHPERD) National Convention & Expo, St. Louis, MO.

**Ramos, N. C. & McCullick, B.** (2013, April). *What makes PE teachers credible to children?* Poster session presented at the American Alliance for Health, Physical Education, Recreation, & Dance (AAHPERD) National Convention & Expo, Charlotte, NC.

**Ramos, N. C., Isaac, T., Schempp, P., & McCullick, B.** (2012, March). *Development of a coaching mentoring measure.* Oral session presented at the American Alliance for Health, Physical Education, Recreation, & Dance (AAHPERD) National Convention & Expo, Boston, MA.

**Ramos, N. C.** (2010, April). *A cross-cultural comparison of physical education teaching programs' curricula between Brazilian and American universities.* Poster session presented at the 2010 Global Education Forum on Culture, Research, & Teaching, University of Georgia, Athens, GA.

**Ramos, N. C., Ramos, J., Petroski, E., Silva, O., & Biasiotto, J.** (2007, May). *Retrospective Study of the Effects of a Cardiac Rehabilitation Program on Health-Related Physical Fitness Components.* Oral session presented at the American College of Sports Medicine's (ACSM) Annual Meeting, New Orleans, LA.

#### **PROFESSIONAL DEVELOPMENT PRESENTATIONS**

**Ramos, N. C., Nelson, S. L.** (2019, November). *Developing a travel abroad program for PETE majors.* Oral presentation presented at the South Carolina Association for Health, Physical Education, Recreation, & Dance (SCAHPERD) Annual Conference, Myrtle Beach, SC.

**Ramos, N. C., Nelson, S. L.** (2018, November). *Benefits and research opportunities for PETE programs working with homeschool children.* Oral presentation presented at the South Carolina Association for Health, Physical Education, Recreation, & Dance (SCAHPERD) Annual Conference, Myrtle Beach, SC.

**Ramos, N. C. & Carvalho, A. S.** (2017, November). *Can you combine martial arts, music and dance? Capoeira can!* Presentation at the South Carolina Association for Health, Physical Education, Recreation, & Dance (SCAHPERD) Annual Conference, Myrtle Beach, SC.

**Murfay, K. & Ramos, N. C.** (2016, November). *Operation countdown.* Presentation at the Kansas Association for Health, Physical Education, Recreation, & Dance (KAHPERD) Annual Convention, Fort Hays, KS.

**Ramos, N. C.** (2014, October). *Martial Arts, Music, and Dance – Capoeira in Schools.* Presentation at the Oklahoma Association for Health, Physical Education, Recreation, & Dance (OAHPERD) Annual Convention, Edmond, OK.

**Ramos, N. C.** (2013, November). *Martial Arts, Music, and Dance – Capoeira in Schools.* Presentation at the South Dakota Association for Health, Physical Education, Recreation, & Dance (SDAHPERD) Annual Convention, Brookings, SD.

**Ramos, N. C.** (2013, March). *Capoeira in Schools*. Presentation at the 9<sup>th</sup> Annual Southern Illinois Physical Education and Health Conference, Southern Illinois University, Carbondale, IL.

**Ramos, N. C.** (2011, June). *Capoeira*. Presentation at the Georgia Physical Education Teacher's Workshop, The University of Georgia, Athens, GA.

**Ramos, N. C.** (2010, July). *Capoeira*. Presentation at the Georgia Association for Health, Physical Education, Recreation & Dance Southwest District Workshop in Health & Physical Education, Albany State University, Albany, GA.

### **INVITED LECTURES/PRESENTATIONS**

2015, August Physical Education and American University Structure: Teaching, Research, and Service. Physical Education and Sports Department, São Paulo University – Ribeirão Preto (Universidade de São Paulo – Ribeirão Preto), Ribeirão Preto, SP, Brazil.

2014, Nov. **Ramos, N. C.**, & Baghurst, T. Facts and Falsehoods of Nutrition, Exercise, and Weight Training. Oral presentation at Stillwater Young Professionals.

2013, August PE Teacher Credibility. Health Sciences Center, University of the Catarinense Plateau (Universidade do Planalto Catarinense - UNIPLAC), Lages, SC, Brazil.

### **PROFESSIONAL SERVICE**

2019-present *Chair Elect*, for SCAPES (South Carolina Association for Physical Education and Sports) Youth Sports.

2019, Nov. *Member*, SCDE Physical Education Standards Review Panel.

2018-2021 *Member*, SHAPE America Physical Education Council.

2017-present *Researcher*, Grupo de Estudo e Pesquisa em Antropometria, Treinamento, e Esporte – GEPEATE [Antropometry, Training, and Sport Study and Research Group]. University of São Paulo (USP), Ribeirão Preto, SP, Brazil.

2017-present *Reviewer*, Revista Colloquium Vitae, Educação Física [Colloquium Vitae, Physical Education Journal].

2017-present *Reviewer*, Cogent Education.

2015-present *Reviewer*, Journal of Physical Education, Recreation and Dance.

2015-present *Reviewer*, Strategies: A Journal for Physical and Sport Educators.

- 2016-present Reviewer, European Physical Education Review.
- 2014-present Program Reviewer, SHAPE America National Convention and Expo Research Consortium.
- 2017, April Attendee, SHAPE America 10<sup>th</sup> annual SPEAK Out Day, Washington D.C.
- 2016, April Presider, Oral and Poster sessions at SHAPE America National Convention and Expo, Minneapolis, MN.
- 2016, March Attendee, SHAPE America 9<sup>th</sup> annual SPEAK Out Day, Washington D.C.
- 2013-2014 Representative, of university on HPER Discipline Council, Dakota State University, Madison, SD.
- 2013-2014 Member, Assessment Coordinating Committee, Dakota State University, Madison, SD.
- 2013-2014 Member, Institutional Graduation Requirements Sub-Committee for Assessment, Dakota State University, Madison, SD.
- 2012 Member, departmental curriculum development process, Kinesiology department, Southern Illinois University – Carbondale, Carbondale, IL.
- 2011 Panelist, *International Sports: A UGA Perspective*, a Sports Forum, International Education Week held at the University of Georgia.
- 2007 Editor, *Albany State University Wellness Newsletter Wellness for Life*.
- 2006 Member, *Department Chair Search Committee* in the Health, Physical Education, Recreation and Dance department at Albany State University, Albany, GA.
- 2001 Director, *Iron Curtain Labs World Strength Symposium* held at Albany State University, Albany, GA.

### **COMMUNITY SERVICE**

- 2017-Present Program coordinator for “Physical Education for Homeschool Children.” Program designed to provide physical education for homeschool children 5 to 14 years old at Coastal Carolina University, Conway, SC.
- 2016 Program coordinator for “Physical Education Skill Development for Homeschool Children.” Program designed to provide physical education for homeschool children 8 to 12 years old at Oklahoma State University, Stillwater, OK.

- 2014 *Program coordinator* for “Physical Activity for Children.” Program designed to provide physical education to children 4 to 6 years old at the community center in Madison, SD.
- 2013 *Program coordinator* for Physical Education for CDL Children. Program designed to provide physical education to children 3 to 5 years old from the campus school at Southern Illinois University, Carbondale, Illinois.

### **PROFESSIONAL ASSOCIATION MEMBERSHIPS**

- 2001-present *Society of Health and Physical Educators (SHAPE America)*
- 2017-present *South Carolina Alliance for Health, Physical Education, Recreation and Dance*
- 2016-2017 *Kansas Association for Health, Physical Education, Recreation and Dance*
- 2014-2016 *Oklahoma Association for Health, Physical Education, Recreation and Dance*
- 2013-2014 *South Dakota Association for Health, Physical Education, Recreation and Dance*
- 2012-2013 *Illinois Association for Health, Physical Education, Recreation and Dance*
- 2007-2008 *American College of Sports Medicine.*
- 2005-2007 *Georgia Association for Health, Physical Education, Recreation and Dance*

### **HONORS AND AWARDS**

- 2011 *Outstanding Graduate Teaching Assistant, University of Georgia.* Presented by the Center for Teaching and Learning at The University of Georgia to deserving graduate teaching assistants in recognition of outstanding contribution to the instructional mission of the University.
- 2011 *Ann E. Jewett Distinguished Graduate Assistantship, University of Georgia.* Presented by the Kinesiology department to assist outstanding students who plan a career in the field in physical education curriculum and instruction.
- 2002 *University System of Georgia Outstanding Scholar, Albany State University.* Presented by the Georgia Senate for having attained the distinction of earning the highest grade point average and representing excellence in academic achievement and personal development.
- 1999-2002 *Highest GPA in the Department of Health, Physical Education and Recreation, Albany State University.*
- 2000 - 2002 *Who is Who Among American Students, Albany State University.*
- 2002 *SIAC Student Athlete Highest GPA, Albany State University.*

- 2001 *National Association for Sports and Physical Education Outstanding Major of the Year, Albany, State University.*
- 2001 *United States Achievement Academy All American Scholar Award, Albany State University.*
- 2001 *National Collegiate Physical Education and Health Award, Albany State University.*
- 2000 *National Collegiate Education Award, Albany State University.*