IMLeagues is utilized as a pre-registration tool for all Group Fitness classes. Participants are eligible to register 24 hours in advance of each class and must arrive 10 minutes prior to start time in order to guarantee your spot. 5 minutes prior to class start time all waiting participants are welcome in to open spots.

Steps to pre-register are below:
1. Go to IMLeagues.com and sign-in. If you do not already have an account you can sign-up for one. Use CCU credentials, select Coastal Carolina as your school.

2. Click the fitness box and scroll down to select the class you would like to attend within the next 24 hours.

3. Once you have selected the class you would like to attend, click "sign-up" and you are good to go!