2014 WORKSITE HEALTH SCREENINGS

Employees who subscribe to the Standard Health Plan, High Deductible Plan, and Blue Choice HMO will have the opportunity to receive a thorough preventive health screening. This screening, a $350 value, will be available for just a $15 co-payment. Your insurance pays the rest!

- February 19th  (No appointment times available)
- February 27th
- March 4th
- March 12th

The preventive health screening will include the following components: Health Risk Appraisal, Blood Pressure, Blood Lipid Profile, Blood Chemistry Profile and Hemogram. Within three weeks of the screening, participants will receive their personal health profiles, highlighting any values outside the normal range.

BENEFITS QUESTIONS?

Tim Ropposch, Benefits Specialist  ext. 4129  tropposc@coastal.edu
Lori Cox, Benefits Manager  ext. 6496  lcox1@coastal.edu

Have a specific HR question? Not sure who to contact?

Click here to view our Staff Quick Reference listing.

OPEN ENROLLMENT FOR STATE OPTIONAL RETIREMENT PROGRAM PARTICIPANTS

The open enrollment period for all State Optional Retirement Program (State ORP) participants is between January 1 and March 1 of each year. Please read the following for more information:


MetLife Offers Free Will Prep Service

Employees who have Optional Life policies are eligible to receive several benefits through MetLife at no additional cost. These benefits include a Will Preparation Service for employees and their spouses and Estate Resolution Services for the beneficiaries and estate representative of covered employees.

Interested subscribers should contact Hyatt Legal Plans at 800- 821-6400 for more information. Subscribers need to indicate they are covered under the State of South Carolina or Group No. 143046.
Wellness & Preventive Benefits

Good health involves more than just seeing the doctor when you are feeling sick. It also means taking steps to maintain your health when you are feeling well. Subscribers of a PEBA Insurance Benefits health plan have access to many preventive benefits to help you get fit and stay healthy. Choose your plan from the links below to find out what benefits are available to you.

- State Health Plan Standard Plan
- State Health Plan Savings Plan
- BlueChoice HealthPlan HMO
- Tobacco Cessation

NEW PRESCRIPTION CARDS

If you are a subscriber to the State Health Plan (Standard Plan or Savings Plan) and have not received your new pharmacy benefit cards, please go to: MyBenefits to make sure PEBA Insurance Benefits has your correct address. Addresses can be changed on MyBenefits or by completing the Universal Name/Address Change Form.

If your address is correct, you can request a card through the Catamaran website. You must first register at the site. The program asks for an identification number, which is your Benefits ID Number (BIN) (your health ID number without the three-letter prefix). Cards can be obtained by clicking on “More info” and then “ID Cards.” Cards may also be obtained by calling Catamaran at 855-901-PEBA (7322).

TUITION WAIVER REQUEST PROGRAM

Faculty and staff in slotted, temporary grant, time-limited, research grant and unclassified positions may apply for a Coastal Carolina University Tuition Waiver.

To be eligible for the tuition waiver program, a faculty member must complete one full academic semester of employment and a staff member must complete six (6) months of employment. Employees must be admitted to Coastal Carolina University and registered for the course(s) prior to submitting a waiver request. Eligible employees may receive a tuition waiver for up to six undergraduate or graduate credit hours per semester or during the summer as a whole. For additional details, refer to policy HREO-152.

For assistance, contact Lisa Bellamy (lbellamy@coastal.edu).

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The Digital McLeod Mobile Mammography Unit is coming to Coastal Carolina University.

Monday, March 10, 2014 9:00 am – 4:00 pm

Employee Spotlight—Paula Gorrera

Paula Gorrera joined the Office of Human Resources in November 2013 as Data Entry Assistant. She relocated from York, PA and brings 15 years of HR experience with her. Paula has been married for 31 years, has two grown children and two Golden Doodles. She enjoys decorating her house with primitives and antiques.