COASTAL CAROLINA UNIVERSITY

PRESIDENT’S 5K ’09
HOMECOMING RACE

November 7, 2009 • 7:30 a.m.

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November 7, 2009
7:30 a.m.
Where: Coastal Carolina University
Time: 7:30 a.m. Race starts at Campus Recreation Center
Registration: Packet pick-up begins at 6:30 a.m. on race day. Pick up your T-shirt and race number at the Student Recreation Center front desk. Pre-registration accepted through Nov. 6 at noon. All other entries will be accepted on race day, Nov. 7.

You may mail your entry to: Campus Recreation, Attn: Tara Saville, P.O. Box 261954, Conway SC 29528-6054, or drop off your completed form at the Department of Campus Recreation in the Williams-Brice Building at the front desk.

- Pre-registration guarantees a race T-shirt.
- Race day registration begins at 6:30 a.m.
- Sorry, no refunds.
- Locker room facilities are available.

For more information, contact the Department of Campus Recreation at Coastal Carolina University, 843-349-2802.

Race Information

Saturday, November 7, 2009

7:30 a.m.

President’s 5K Race 2009 Homecoming Race

COST: President’s 5K Race • $15 pre-registered; $20 Race day

All preregistered runners will receive a T-shirt. Race day registrations are not guaranteed to receive a T-shirt.

T-SHIRT SIZE:
- SMALL
- MEDIUM
- LARGE
- X-LARGE
- XXL

Waiver and release form: By signing this entry, I release Coastal Carolina University, sponsors and representatives of the President’s 5K Race, from any claim of liability, illness, damage or injury suffered by me as a result of participation in or traveling to or from this event. I understand that running or walking a road race is a potentially hazardous activity unless I am medically able or properly trained. I hereby certify that I am in such physical condition and in good health. I also give permission for free use of my name and picture in any account, broadcast or telecast of this event.

Signed ___________________________________________________________ Date __________________________

Awards will go to the first Coastal Carolina University alumnus finisher, male and female overall winners and top two male and female age group winners. Overall winners are not eligible for age group awards.

The course is an out and back loop through the Quail Creek neighborhood across from the University campus.

For more information, contact Tara Saville, Department of Campus Recreation at Coastal Carolina University, 843-349-2815.

AGE GROUP AWARDS:

- 14 and under 35-39 60-64
- 15-19 40-44 65-69
- 20-24 45-49
- 25-29 50-54
- 30-34 55-59
- Over 70