

## **Department of Kinesiology EXSS 397 - Field Experience**

Academic Credit: 3-9

Prerequisites: EXSS 290

C or better in one 300+ level EXSS course

Location:

Time/Day(s):

Professor:

Office Hours:

Office:

Office Phone:

E-mail:

### **Course Description:**

This variable credit experiential course is designed to provide students with the opportunity to apply and further develop their knowledge, skills, and abilities through a supervised real world experience. This course is designed to bridge theory and practice by allowing students to apply theoretical and practical concepts learned during their EXSS coursework in a professional setting. The guided experience requires 105-315 hours of on-site work depending on the number of credits enrolled (3, 6, or 9 credits).

### **Student Learning Outcomes:**

After successful completion of this course, students will be able to:

1. Compare and contrast their expected learning to their actual learning derived from experiential learning activities.
2. Reflect on the impact their participation in experiential learning activities have had on their relationship to the world in which they live.
3. Reflect on their experience and explore their personal strengths, weaknesses, inquiries, philosophy, and expectations for professional growth.
4. Evaluate the relevance of theory to practice in their academic area of concentration and profession.
5. Recognize and demonstrate industry-specific appropriate behaviors and form networking relationships with peers, co-workers, and supervisors.
6. Analyze discipline and industry-specific concepts via oral and written communication.
7. Have a deeper understanding of the structure and mission of the organization
8. Critically reflect on individual and team member contributions to the organization's success

### **Assessment of Learning:**

The student's final grade will be based on the cumulative total number of points from performance on tests, assignments, and research proposal presentation.

	<u>Points</u>
Forum Reflections	100 points (20 points each)
Bi-weekly Timecards	160 points (20 points each)
Mid-term Evaluation	50 points
Reflective Essay	100 points
Final Evaluations	300 points

## **Grading Scale:**

A = 90-100%	B+ = 87-89%
B = 80-86%	C+ = 77-79%
C = 70-76%	D+ = 67-69%
D = 60-66%	F = 0-59%

## **Descriptions of Course Requirements:**

### **Forum reflections (20 points each, 100 points total)**

*\*When you submit your reflections will vary on when you start your internship experience. So keep up with your requirements here.*

**#1:** Introduction of yourself and your plans.

**#2:** Describe the process you used in developing your internship goals. List your goals. Explain how each goal will be met. Why is each goal important to accomplish? How do you expect this experience to contribute to achieving your career goals? Identify any other benefits you hope to receive from this internship.

**#3:** Conduct an Informational Interview with your internship site supervisor. Report on their professional background i.e. education, previous experience, hiring process, current responsibilities, personal recommendations, career path etc.

**#4:** Research and report on opportunities with this employer and in this field. Who are the customers? Who is the competition? What is the salary range?

**#5:** Describe the contribution you made to the organization's success. Suggest areas for improvement. Also, describe your favorite moment at your internship. This could be with a client/member, your site supervisor, a patient, etc.

### **Bi-weekly timecards with brief explanation of work completed (20 points each)**

*\*When you submit your timecards will vary on when you start your internship experience. So keep up with your requirements here.*

Use the excel spreadsheet posted on Moodle to track your weekly hours. Every two weeks, you will need to get it signed by your supervisor (or any full-time employee that has witnessed your work). You can either download a signature app to have them finger sign the form or you can print it and scan or take a picture of it to upload to Moodle. In addition, you need to write a brief summary of the work you have been doing.

### **Mid-term evaluation (50 points)**

*\*When you submit your evaluation will vary on when you start your internship experience. So keep up with your requirements here.*

You must have your supervisor complete the midterm evaluation and submit it to your professor by the deadline on Moodle. These may be submitted via Moodle, email or fax. If faxed, make sure they are put to your professor's attention.

### **Reflective Essay (100 points)**

Submit the end of the experience. This paper should be as long as it needs to be to answer the following questions. Paper should include:

1. What was your impression of the experience prior to completing ANY of the required hours? Were you nervous, anxious, excited? Why do you think you were feeling the emotions you were?
2. What did you learn through the experience? Did you find yourself gravitating to this new skill set or was it still a skill you found difficult after completion of the experience?
3. How will you use these new skills set in your future career? How will you use this experience to differentiate yourself from other candidates for future jobs?
4. Explain what the importance of this experience was to you.
5. Which of your goals and objectives, established early in the internship process, were you able to achieve? What allowed you to achieve these goals and objective? What hurdles or constraints were you faced with in the process of achieving these goals and objective? Which goals and objectives were you not able to achieve, why? Were you realistic in your approach to both establishing your goals and objectives and then attempting to achieve them?
6. What did you learn about yourself through this experience including; strengths, major selection and career goals, change in attitude, and areas needing improvement.
7. How did your previous coursework assist you in your internship? Was there a course that you should have taken or need to take?
8. Compare and contrast your expected learning to their actual learning derived from your internship activities.
9. Reflect on the impact your participation in this internship has had on your relationship to the world in which you live. Would you recommend this site/placement to another student?

### **Final Evaluations (300 total points)**

To be turned in at the end of experience or semester during finals week for the semester enrolled. Final forms include:

- Employer Evaluation (100 points)
- Student Evaluation of Internship, (100 points) and
- Work Hours Log (100 points)

### **Attendance:**

The following are considered to be valid circumstances for student absence;

- a. Incapacitating illness or condition – limited to the number of absences that a faculty member determines to be a balance between accommodating the illness/condition and ensuring sufficient participation in-class activities.
- b. Accommodation for a disability, working in conjunction with Accessibility and Disability Services.
- c. Official representation of the University (excuses for official representation of the University should be obtained from the official supervising the activity).
- d. Death of a close relative.
- e. Religious holidays (A list of primary sacred times for world religions can be found online at [www.interfaithcalendar.org](http://www.interfaithcalendar.org).)
- f. Active military duty or assignment.
- g. Official University closings.
- h. Compliance with a subpoena.
- i. Absences excused under Title IX of the Education Amendments of 1972.

In conjunction with University policy, a grade of F will be assigned for excused or unexcused absences in excess of 25% of the regularly scheduled class meetings. (p. 40, CCU 2010-2011 Catalog). Missing 12 or more 50-minute classes WILL RESULT in course failure! It is a professional courtesy to notify the instructor of a pending absence prior to class.

### **Accessibility and Disability Services:**

Coastal Carolina University is committed to equitable access and the inclusion of individuals with disabilities in accordance with the Americans with Disabilities Act and Section 504 of the Rehabilitation Act. Individuals seeking reasonable accommodations should contact Accessibility & Disability Services (843-349-2503 or <https://www.coastal.edu/disabilityservices/>).

### **Academic Integrity Code:**

#### *Statement of Community Standards:*

Coastal Carolina University is an academic community that expects the highest standards of honesty, integrity and personal responsibility. Members of this community are accountable for their actions and are committed to creating an atmosphere of mutual respect and trust.

As a student it is you are expected to:

- Understand and abide by the Code of Student Conduct
- Take responsibility for personal behavior
- Actively oppose every instance of academic dishonesty

#### *Academic Integrity Policy:*

1. Plagiarism, cheating, attempted cheating and all other forms of academic dishonesty.  
Examples of plagiarism include, but are not limited to, the following:
  - a. borrowing words, sentences, ideas, conclusions, examples and/or organization of an assignment without proper acknowledgment from a source (for example, a book, article, electronic document or another student's paper)
  - b. submitting another person's work in place of his/her own
  - c. allowing someone else to revise, correct or edit an assignment without explicit permission of the instructor
  - d. submitting work without proper acknowledgment from commercial firms, websites, fraternity or sorority files, or any other outside sources, whether purchased or not
  - e. allowing another person to substitute any part of a course for them, including quizzes, tests and final examinations
  - f. submitting any written assignments done with the assistance of another without the explicit permission of the instructor
  - g. submitting work that was originally prepared for another class without the explicit permission of the instructor
  - h. knowingly aiding another student who is engaged in plagiarism.
2. Examples of cheating and attempted cheating include, but are not limited to, the following:
  - a. using or intending to use unauthorized information, materials or assistance of any kind for an assignment, quiz, test or final examination
  - b. knowingly aiding or attempting to aid another student who is engaged in cheating.
3. Furnishing false information to any University official, faculty member or University office to obtain academic advantage.

4. Forging, altering or misusing any University document or record to obtain academic advantage.

*Academic Sanctions:*

The faculty member may impose one (1) or more of the following sanctions when a student is found in violation:

- a. Written warning
- b. Grade of F on the assignment
- c. Grade of FX in the course (If a penalty grade of FX is imposed in the course, the student will not be able to drop the course, petition a grade change or use the grade forgiveness policy.)
- d. Required to attend an academic integrity workshop
- e. Other educational sanctions (in consultation with the Academic Integrity Officer)

Following the first violation of academic integrity, the student will receive an F on the assignment in question. If a second violation occurs the student will receive an FX for the course. All cases of academic misconduct will be reported to the Office of Academic Integrity.