



Policy Title:	Psychiatric Consultation
Policy Number:	STUD-316
Revision Date:	February 2017
Policies Superseded:	1843; STUD-143
Policy Management Area(s):	Student Affairs

SUMMARY

Psychiatric consultation is offered to students on a limited basis.

POLICY

I. ELIGIBILITY

Psychiatric consultation is offered to students on a limited basis. Only ongoing clients of Counseling Services are eligible for psychiatric consultation, and they must be referred by their respective counselor. Normally, clients must have participated in three sessions with a counselor before being considered an ongoing client, but exceptions to this rule can be made at the discretion of the counselor. If a client terminates counseling prior to the completion of service with the psychiatrist, he/she will normally be allowed no more than one additional visit with the psychiatrist to allow termination of that service as well.

II. EXTENT OF SERVICE

Counseling Services psychiatric care operates on a consultation model. The purpose of the consultation model is to provide sufficient psychiatric contact to assess for the potential usefulness of medication and to ensure stabilization if medication is prescribed. In most cases, students will only be seen by the psychiatrist for an initial assessment and for two to three follow-up visits. Since psychiatric coverage is limited, ongoing psychiatric services cannot be offered as this would eventually result in the restriction of access to psychiatric appointments to only a small segment of Counseling Services' clientele. If, during an initial evaluation with the psychiatrist, it is determined that medication will be prescribed, it is important that students begin the process of finding ongoing outside psychiatric care immediately as it can take up to two months to get an appointment with a local psychiatrist. The student's counselor can assist with the task of finding ongoing psychiatric care.

III. NO-SHOWS AND CANCELLATIONS

Psychiatric appointments are extremely expensive and in high demand. Therefore, no-shows and last minute cancellations will not be tolerated. Cancellations must be made no less than 24 hours in advance of the appointment to allow staff to schedule other students in the appointment slot. If students no-show or cancel with less than 24 hours notice, they will not be permitted to schedule any further appointments with the psychiatrist.