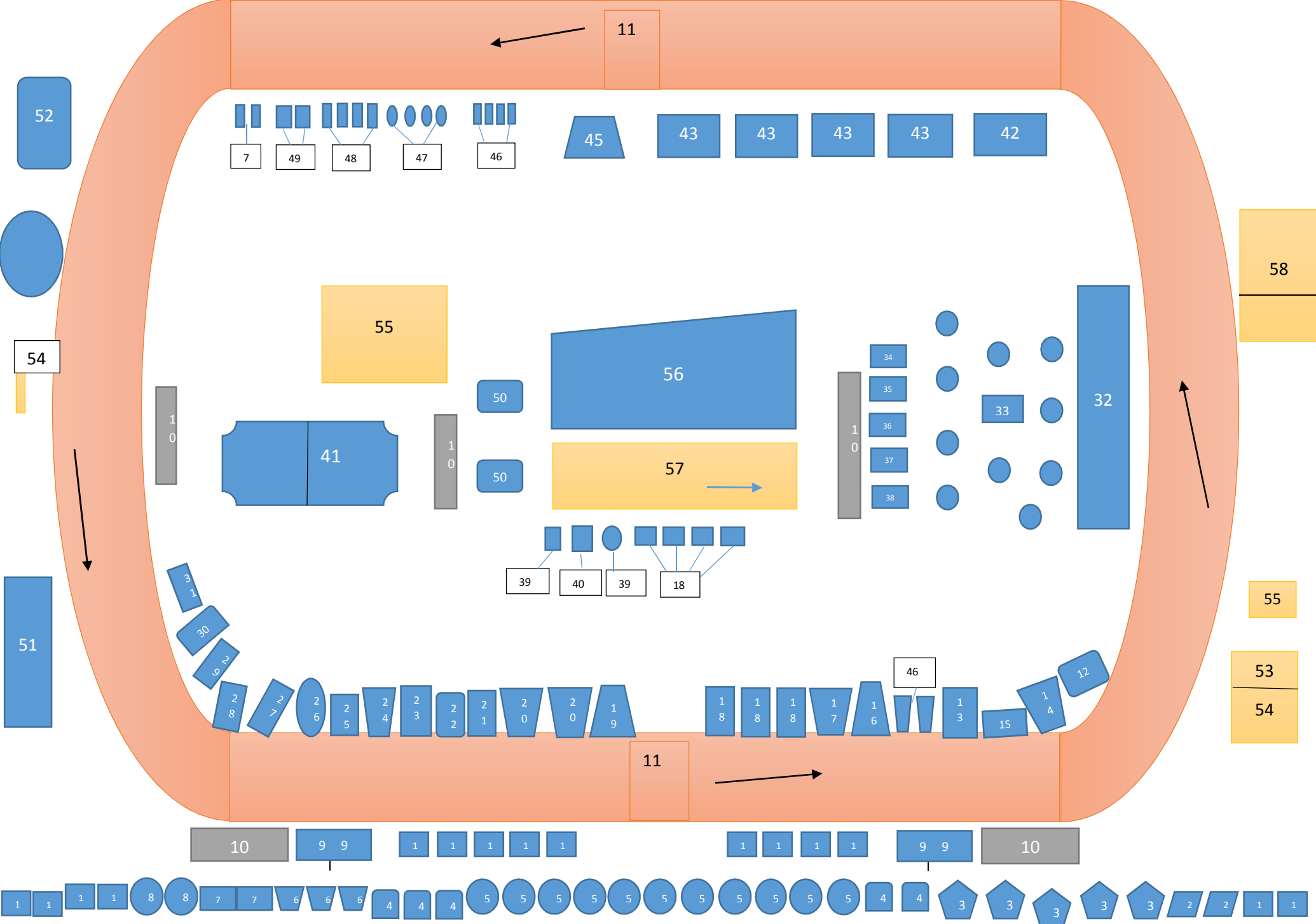


# HTC Student Recreation Center Fitness Floor (2<sup>nd</sup> Level) Map



## HTC Student Recreation Center Fitness Floor Map Key

1. Spinning Cycle
2. Cyber X
3. Precor EFX
4. Precor AMT
5. Precor Treadmill
6. Precor EFX
7. Precor Seated Cycle
8. Precor Cycle w/ Monitor
9. Concept 2 Row Machine
10. Seating/Storage Area
11. Indoor Track
12. Body Masters Shoulder Press
13. Body Masters Lat Pull Down
14. Hammer Strength Iso –lateral Wide Chest
15. Hammer Strength Iso-lateral Incline Press
16. Life Fitness Incline Press
17. Life Fitness Incline Press
18. Life Fitness Bench Press
19. Life Fitness Dip/Pull-Up
20. Life Fitness Pedorial Fly
21. Life Fitness Seated Leg Press
22. Life Fitness Seated Leg Curl
23. Life Fitness Seated Leg Extension
24. Life Fitness Hip Adduction
25. Life Fitness Hip Adduction
26. Life Fitness Pull Down
27. Life Fitness Row Rear Deltoid
28. Life Fitness Shoulder Press
29. Life Fitness Lateral Raise
30. Life Fitness Torso Rotation
31. Life Fitness Abdominal
32. Iron Grip Free Weights (5lbs-120lbs)
33. Seating Benches
34. Hammer Strength Seated Dips
35. Hammer Strength Weighted Calf Raises
36. Hammer Strength Seated Biceps
37. Life Fitness Curl
38. Hammer Strength Iso-lateral Row
39. Life Fitness Dual Adjustable Pulley
40. Life Fitness Assisted Dip/Chin
41. Life Fitness Multiple workout
42. Life Fitness Squat/Multiple use
43. Hammer Strength Squat/Multiple use
44. Hammer Strength Linear Leg Press
45. Hammer Strength Linear Hack Press
46. Woodway Treadmill
47. Cyber Arc-trainer
48. Stair Master
49. Espresso Interactive Cycle
50. Life Fitness Squat
51. Queen X
52. Stretching, Mats, Free Weights
53. Restroom
54. Emergency Exit
55. Water Fountain
56. Rock Climbing Wall
57. Stairs
58. Office

Blue: Exercise equipment

Yellow: Office, Stairs

Gray: Benches

Light Red: Track